



Dot Foods Inc.

41836 - Bene Fit Wg Gldn Sugar 1.33oz/180

Give customers the choice of 51% Whole Grain Cookie Dough. Delicious BeneFIT 51% whole grain cookies will satisfy your students' smart snack cravings, with sizes and varieties for all ages and palates.



Nutrition Facts

Servings per Container 180
Serving size 1COOKIE (38g)

Amount per serving
Calories 141.57

	% Daily Value*
Total Fat 4.62g	7%
Saturated Fat 1.53g	8%
Trans Fat 0.1g	
Cholesterol 9.5mg	3%
Sodium 148.59mg	6%
Total Carbohydrate 24.1g	9%
Dietary Fiber 2.04g	7%
Total Sugars 12.36g	
Includes Added Sugar	%
Protein 1.87g	
Vitamin D	%
Calcium 9.74mg	1%
Iron 0.69mg	4%
Potassium	%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

- Pre-portioned pre-formed
- Easy to bake freezer to oven
- No mixing, no mess
- Kosher Certified
- 0g Trans Fat
- No hydrogenated oil or HFCS

Ingredients

WHOLE WHEAT FLOUR, ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE [VITAMIN B1], RIBOFLAVIN [VITAMIN B2], FOLIC ACID), SUGAR, EGGS, VEGETABLE SHORTENING (CANOLA OIL, PALM OIL WITH MONO AND DIGLYCERIDES), OATS, CREAM CHEESE (PASTEURIZED MILK AND CREAM, CHEESE CULTURE, SALT, STABILIZER (CAROB BEAN GUM AND/OR GUAR GUM AND/OR XANTHAN GUM)), BUTTER MARGARINE BLEND (BUTTER, PALM OIL, SOYBEAN OIL, WATER, SALT, MONO- AND DIGLYCERIDES, ANNATTO EXTRACT COLOR, NATURAL FLAVOR, VITAMIN A PALMITATE), MODIFIED WHEAT STARCH, INULIN, CONTAINS 2% OR LESS OF WATER, LEAVENING (SODIUM BICARBONATE, SODIUM ALUMINUM PHOSPHATE), DAIRY BLEND (WHEY, SODIUM CASEINATE, NONFAT MILK, SOY LECITHIN, CALCIUM PHOSPHATE, CALCIUM OXIDE), SOY LECITHIN, NATURAL FLAVORS, CONTAINS MILK, EGG, WHEAT AND SOYBEAN PRODUCTS

Allergens

Contains:



Handling Suggestions

Keep Frozen (0 F or below). Shelf life up to one year when stored properly.

Serving Suggestions

Bake and Serve.

Prep & Cooking Suggestions

- Separate cookies while frozen. x000D_
- Place (4 x 6) on standard lined sheet (bun) pan. x000D_
- Bake immediately in preheated oven approx. 11-14 min. x000D_ Rack oven: 360F (180C) x000D_ Reel oven: 380F (195C) x000D_ Deck oven: 330F (165C) x000D_ Convection oven: 310F (155C) x000D_
- Cool at room temperature.

Product Specifications

Brand	Manufacturer
Readi-Bake Benefit	Country Home Bakers

MFG #	SPC #	GTIN	Pack	Pack Desc.
04935	41836	00024497049359	180	180/1.33 oz

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
16lb	14.96lb	USA	Yes	No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
16.31in	12.31in	4.63in		10x9	365DAYS	-10°F / 0°F



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Nutrition Analysis - By Serving

Calories	141.57	Total Fat	4.62g	Sodium	148.59mg
Protein	1.87	Trans Fats	0.1g	Calcium	9.74mg
Total Carbohydrates...	24.1g	Saturated Fat	1.53g	Iron	0.69mg
Sugars	12.36g	Added Sugars		Potassium	
Dietary Fiber	2.04g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	9.5mg		
Vitamin A(U)	69.78	Vitamin D		Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0.02mg	Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2	
Monosodium		Sulphites		Nitrates	

Additional Images

