



Upstate Farms

# 102575 - Uf Straw Ban Nf Blnd Yog 4oz

The only national yogurt brand on the market produced with a 90-day shelf life, drastically reducing code-date issues. Excellent source of calcium Offers a smooth, delicious flavor without the tart aftertaste common in many other yogurts. Made with real fruit, and sweetened with real sugar, no HFCS, artificial colors or flavors or gelatin. 4oz. serving = one Meat Alternate.



## Nutrition Facts

Servings per Container 1  
Serving size 1container (113g)

Amount per serving  
**Calories 80**

	% Daily Value*
<b>Total Fat</b> 0g	<b>0%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 75mg	<b>3%</b>
<b>Total Carbohydrate</b> 15g	<b>5%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 12g	
Includes 7g Added Sugar	<b>14%</b>
<b>Protein</b> 3g	
Vitamin D 4mcg	<b>20%</b>
Calcium 320mg	<b>25%</b>
Iron 0mg	<b>0%</b>
Potassium 200mg	<b>4%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### \* Benefits

Nonfat Yogurt  
Calcium & Vitamin D Added  
Gluten Free

### Ingredients

Cultured Pasteurized Grade A Nonfat Milk, Sugar, Modified Corn Starch, Strawberries, Banana Puree, Whey, Tricalcium Phosphate, Natural Flavors, Citric Acid, Gellan Gum, Purple Carrot Juice Concentrate (For Color), Potassium Sorbate (For Freshness), Locust Bean Gum, Vitamin D3

### Allergens

#### Contains:

eggs milk

#### Free From:

crustaceans shellfish mollusks  
fish peanuts sesame soy  
tree nuts wheat

### Handling Suggestions

Keep refrigerated. DO NOT FREEZE.

### Serving Suggestions

Ready to eat as is or enjoy with your favorite fruits or granola.

### Prep & Cooking Suggestions

Keep refrigerated until ready to eat.

### Product Specifications

Brand	Manufacturer
Upstate Farms	UPSTATE NIAGARA COOPERATIVE INC.

MFG #	SPC #	GTIN	Pack	Pack Desc.
121024	102575	10078800116846		48/4 oz

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
13.5lb	12lb	USA	Yes	No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
13.19in	9.94in	7.19in		14x8	90DAYS	34°F / 40°F



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### Nutrition Analysis - By Serving

Calories	80	Total Fat	0g	Sodium	75mg
Protein	3	Trans Fats	0g	Calcium	320mg
Total Carbohydrates...	15g	Saturated Fat	0g	Iron	0mg
Sugars	12g	Added Sugars	7g	Potassium	200mg
Dietary Fiber	0g	Polyunsaturated Fat	0g	Zinc	0
Lactose		Monounsaturated Fat	0g	Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)	0	Vitamin D	4mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate	0mg	Riboflavin	0mg
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

### Additional Images

