



Upstate Farms

102772 - Uf Mango Nf Blnd Yog 4oz

The only national yogurt brand on the market produced with a 90-day shelf life, drastically reducing code-date issues. Excellent source of calcium Offers a smooth, delicious flavor without the tart aftertaste common in many other yogurts. Made with real fruit, and sweetened with real sugar, no HFCS, artificial colors or flavors or gelatin. 4oz. serving = one Meat Alternate.



Nutrition Facts

Servings per Container 1
Serving size 1 container (113g)

Amount per serving
Calories 80

	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 75mg	3%
Total Carbohydrate 15g	5%
Dietary Fiber 0g	0%
Total Sugars 12g	
Includes 7g Added Sugar	14%
Protein 3g	
Vitamin D 4mcg	20%
Calcium 320mg	25%
Iron 0mg	0%
Potassium 200mg	4%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Nonfat Yogurt
Calcium & Vitamin D Added
Gluten Free

Ingredients

Cultured Pasteurized Grade A Nonfat Milk, Sugar, Modified Corn Starch, Mango Puree, Whey, Tricalcium Phosphate, Natural Flavors, Gellan Gum, Potassium Sorbate (For Freshness), Citric Acid, Annatto (For Color), Vitamin D3

⚠ Allergens

Contains:

milk

Free From:

crustaceans shellfish mollusks
 eggs fish peanuts sesame
 soy tree nuts wheat

Handling Suggestions

Keep refrigerated. DO NOT FREEZE.

Serving Suggestions

Ready to eat as is or enjoy with your favorite fruits or granola.

Prep & Cooking Suggestions

Keep refrigerated until ready to eat.

📄 Product Specifications

Brand	Manufacturer
Upstate Farms	UPSTATE NIAGARA COOPERATIVE INC.

MFG #	SPC #	GTIN	Pack	Pack Desc.
121046	102772	10078800116778		48/4 oz

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
13.5lb	12lb	USA	Yes	No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
13.19in	9.94in	7.19in		14x8	90DAYS	34°F / 40°F



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Nutrition Analysis - By Serving

Calories	80	Total Fat	0g	Sodium	75mg
Protein	3	Trans Fats	0g	Calcium	320mg
Total Carbohydrates...	15g	Saturated Fat	0g	Iron	0mg
Sugars	12g	Added Sugars	7g	Potassium	200mg
Dietary Fiber	0g	Polyunsaturated Fat	0g	Zinc	0
Lactose		Monounsaturated Fat	0g	Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)	0	Vitamin D	4mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate	0mg	Riboflavin	0mg
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

