



Dot Foods Inc.

41735 - Bene Fit Wg Dbl Choc 1.33oz/180

Give customers the choice of 51% Whole Grain Cookie Dough. Delicious BeneFIT 51% whole grain cookies will satisfy your students' smart snack cravings, with sizes and varieties for all ages and palates.



Nutrition Facts

Servings per Container 180
Serving size 1 cookie (38g)

Amount per serving
Calories 137.53

	% Daily Value*
Total Fat 4.34g	6%
Saturated Fat 1.43g	7%
Trans Fat 0.07g	
Cholesterol 10.22mg	3%
Sodium 136.11mg	6%
Total Carbohydrate 23.87g	9%
Dietary Fiber 1.68g	6%
Total Sugars 12.8g	
Includes Added Sugar	%
Protein 2.19g	
Vitamin D	%
Calcium 11.49mg	1%
Iron 1.15mg	6%
Potassium	%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

- Pre-portioned pre-formed
- Easy to bake freezer to oven
- No mixing, no mess
- Kosher Certified
- 0g Trans Fat
- No hydrogenated oil or HFCS

Ingredients

WHOLE WHEAT FLOUR, ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE, MONONITRATE [VITAMIN B1], RIBOFLAVIN [VITAMIN B2], FOLIC ACID), SUGAR, EGGS, VEGETABLE SHORTENING (CANOLA OIL, PALM OIL WITH MONO AND DIGLYCERIDES), SEMI-SWEET CHOCOLATE CHIPS (SUGAR, CHOCOLATE LIQUOR, COCOA BUTTER, SOY LECITHIN, SALT, ARTIFICIAL FLAVOR), COCOA POWDER, CREAM CHEESE (PASTEURIZED MILK AND CREAM, CHEESE CULTURE, SALT, STABILIZER [CAROB BEAN GUM AND/OR GUAR GUM AND/OR XANTHAN GUM]), INULIN. CONTAINS 2% OR LESS OF WATER, LEAVENING (SODIUM BICARBONATE, SODIUM ALUMINUM PHOSPHATE), DAIRY BLEND (WHEY, SODIUM CASEINATE, NONFAT MILK, SOY LECITHIN, CALCIUM PHOSPHATE, CALCIUM OXIDE), SALT, SOY LECITHIN, NATURAL FLAVOR. CONTAINS: MILK, EGG, WHEAT AND SOYBEAN PRODUCTS

Allergens

Contains:

- eggs
- milk
- wheat

Handling Suggestions

Keep Frozen (0 F or below). Shelf life up to one year when stored properly.

Serving Suggestions

Bake and Serve.

Prep & Cooking Suggestions

- Baking / Handling Instructions: x000D_
- [1] Separate cookies while in frozen state. x000D_
 - [2] Place (4 x 6) when using standard lined sheet (bun) pan. x000D_
 - [3] Bake immediately in preheated oven for approximately 9-12 minutes. x000D_
- Rack oven: 360F (180C) x000D_
- Reel oven: 380F (195C) x000D_
- Deck oven: 330F (165C) x000D_
- Convection oven: 310F (155C) x000D_
- [4] Cool at room temperature.

Product Specifications

Brand	Manufacturer
Readi-Bake Benefit	Country Home Bakers

MFG #	SPC #	GTIN	Pack	Pack Desc.
04934	41735	00024497049342	180	180/1.33 oz

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
16lb	15lb	USA	Yes	No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
16.31in	12.31in	4.63in	0.54ft3	10x9	365DAYS	-10°F / 0°F



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Nutrition Analysis - By Serving

Calories	137.53	Total Fat	4.34g	Sodium	136.11mg
Protein	2.19	Trans Fats	0.07g	Calcium	11.49mg
Total Carbohydrates...	23.87g	Saturated Fat	1.43g	Iron	1.15mg
Sugars	12.8g	Added Sugars		Potassium	
Dietary Fiber	1.68g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	10.22mg		
Vitamin A(IU)	34.09	Vitamin D		Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0.01mg	Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

