



Dot Foods Inc.

# 41830 - Wg Choc Cp Cookie Dough

Give customers the choice of 51% Whole Grain Cookie Dough. Delicious BeneFIT 51% whole grain cookies will satisfy your students' smart snack cravings, with sizes and varieties for all ages and palates.



## Nutrition Facts

Servings per Container 180  
Serving size 1 cookie (38g)

Amount per serving  
**Calories 138.18**

	% Daily Value*
<b>Total Fat</b> 4.13g	<b>6%</b>
Saturated Fat 1.48g	<b>7%</b>
Trans Fat 0.07g	
<b>Cholesterol</b> 11.37mg	<b>4%</b>
<b>Sodium</b> 121.84mg	<b>5%</b>
<b>Total Carbohydrate</b> 24.09g	<b>9%</b>
Dietary Fiber 2.03g	<b>7%</b>
Total Sugars 12.32g	
Includes Added Sugar	<b>%</b>
<b>Protein</b> 2.15g	
Vitamin D	<b>%</b>
Calcium 13.96mg	<b>1%</b>
Iron 0.85mg	<b>5%</b>
Potassium	<b>%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### \* Benefits

- Pre-portioned pre-formed
- Easy to bake freezer to oven
- No mixing, no mess
- Kosher Certified
- No hydrogenated oil or HFCS
- 0g Trans Fat

### Ingredients

WHOLE WHEAT FLOUR, ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE, MONONITRATE [VITAMIN B1], RIBOFLAVIN [VITAMIN B2], FOLIC ACID), SUGAR, EGGS, VEGETABLE SHORTENING (CANOLA OIL, PALM OIL WITH MONO AND DIGLYCERIDES), SEMI-SWEET CHOCOLATE CHIPS (SUGAR, CHOCOLATE LIQUOR, COCOA BUTTER, SOY LECITHIN, SALT, ARTIFICIAL FLAVOR), OATS, CREAM CHEESE (PASTEURIZED MILK AND CREAM, CHEESE CULTURE, SALT, STABILIZER [CAROB BEAN GUM AND/OR GUAR GUM AND/OR XANTHAN GUM]), MODIFIED WHEAT STARCH, CONTAINS 2% OR LESS OF WATER, INULIN, SALT, LEAVENING (SODIUM BICARBONATE, SODIUM ALUMINUM PHOSPHATE), DAIRY BLEND (WHEY, SODIUM CASEINATE, NONFAT MILK, SOY LECITHIN, CALCIUM PHOSPHATE, CALCIUM OXIDE), SOY LECITHIN, NATURAL FLAVOR. CONTAINS MILK, EGG, WHEAT AND SOYBEAN PRODUCTS

### Allergens

#### Contains:

- eggs
- milk
- soy
- wheat

#### Free From:

- shellfish
- fish
- peanuts
- sesame
- tree nuts

### Handling Suggestions

Keep Frozen (0 F or below). Shelf life up to one year when stored properly.

### Serving Suggestions

Bake and Serve.

### Prep & Cooking Suggestions

- Baking / Handling Instructions: \_x000D\_  
 [1] Separate cookies while in frozen state. \_x000D\_  
 [2] Place (4 x 6) on standard lined sheet (bun) pan. \_x000D\_  
 [3] Bake immediately in preheated oven approx. 11-14 min. \_x000D\_  
 Rack oven: 360F (180C) \_x000D\_  
 Reel oven: 380F (195C) \_x000D\_  
 Deck oven: 330F (165C) \_x000D\_  
 Convection oven: 310F (155C) \_x000D\_  
 [4] Cool at room temperature.

### Product Specifications

Brand	Manufacturer
Readi-Bake Benefit	Country Home Bakers

MFG #	SPC #	GTIN	Pack	Pack Desc.
04931	41830	00024497049311	180	180/1.33 oz

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
16lb	14.96lb	USA	Yes	No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
16.31in	12.31in	4.63in		10x9	365DAYS	-10°F / 0°F



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## Nutrition Analysis - By Serving

Calories	138.18	Total Fat	4.13g	Sodium	121.84mg
Protein	2.15	Trans Fats	0.07g	Calcium	13.96mg
Total Carbohydrates...	24.09g	Saturated Fat	1.48g	Iron	0.85mg
Sugars	12.32g	Added Sugars		Potassium	
Dietary Fiber	2.03g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	11.37mg		
Vitamin A(IU)	36.45	Vitamin D		Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0.03mg	Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

## Additional Images

