



Kellogg Company US
10109 - Nutri Grain Cereal Bars

Nutri-Grain breakfast bars are your go-to for a handful of baked goodness! Made with 14g of whole grains, these deliciously simple bars help empower the whole family to win the day. They're made with a tasty, chewy crust that holds yummy, sweet blueberry-flavored filling inside. Each breakfast bar contains 8 vitamins and minerals per serving, including a good source of calcium and iron, and has no high fructose corn syrup. Grab one in the morning, as an afternoon snack, or on the go. With delicious flavor and feel-good ingredients, they're a wholesome snack for any time of day. Pack these portable snacks for the bus on the way to school, add a few bars to your work bag for an office snack, and stock your pantry for convenient, crave-worthy snacks for the whole family. Grab a bar for flavorful energy matched up with an irresistible taste that everyone loves. With these perfectly baked snack bars, you'll be prepared for whatever the day brings...

Baked breakfast bars made with 14g whole grains. Kick-start your morning or grab a bar any time of day for a wholesome, feel-good snack.



Nutrition Facts

Servings per Container	1
Serving size	1Bar (44g)
Amount per serving	
Calories	150
% Daily Value*	
Total Fat 3.5g	4%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 120mg	5%
Total Carbohydrate 31g	11%
Dietary Fiber 3g	11%
Total Sugars 13g	
Includes 12g Added Sugar	24%
Protein 2g	
Vitamin D 2.2mcg	11%
Calcium 140mg	11%
Iron 1.9mg	11%
Potassium 110mg	2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

On the go treat for everyone in the family; Conveniently sized to fit into backpacks or lunch boxes; Grab breakfast bars for work snacks, road trips or an anytime treat
Baked breakfast bars made with 14g whole grains; Kick-start your morning or grab a bar any time of day for a wholesome, feel-good snack
Packaged for freshness and great taste, This 9.3lb case contains 96 Nutri-Grain Breakfast Bars ; 15 5/8 IN x 9 1/16 N x 5 13/16 IN
Enjoy the perfect blend of chewy crust and sweet, blueberry-flavored filling in every delicious snack bar

Ingredients

INGREDIENTS: WHOLE WHEAT FLOUR, INVERT SUGAR, CORN SYRUP, WHOLE GRAIN OATS, SOYBEAN OIL, SUGAR, VEGETABLE GLYCERIN, SOLUBLE CORN FIBER, ENRICHED FLOUR (wheat flour, niacin, reduced iron, vitamin B1 [thiamin mononitrate], vitamin B2 [riboflavin], folic acid), DEXTROSE, FRUCTOSE. CONTAINS 2% OR LESS OF calcium carbonate, blueberry puree concentrate, whey, wheat bran, natural flavor, modified food starch, sodium alginate, cellulose, salt, potassium bicarbonate, vitamin blend (salt, niacinamide, vitamin B1 [thiamin hydrochloride], vitamin B6 [pyridoxine hydrochloride], vitamin B2 [riboflavin], vitamin D3, vitamin B12), citric acid, sodium citrate, mono- and diglycerides, vegetable juice for color, methylcellulose, soy lecithin, dicalcium phosphate, lemon juice concentrate, wheat gluten, carrageenan, iron, guar gum, apple juice concentrate.

⚠ Allergens

Contains:

milk soy wheat

Handling Suggestions

Dry

Serving Suggestions

Convenient and ready to enjoy right out of the pouch; Enjoy as an afternoon snack or with lunch

Prep & Cooking Suggestions

Nutri-Grain Breakfast Bars are ready to enjoy right out of the pouch

Product Specifications

Brand				Manufacturer		
Kellogg's				Kellogg Company US		
MFG #		SPC #	GTIN		Pack	Pack Desc.
3800090819		10109	00038000908194			6/16/1.55 oz
Gross Weight		Net Weight	Country of Origin		Kosher	Child Nutrition
10.96lb		9.3lb	USA		Yes	No
Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
15.94in	9.38in	6.44in	0.56ft3	12x6	240DAYS	35°F / 85°F



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Nutrition Analysis - By Serving

Calories	150	Total Fat	3.5g	Sodium	120mg
Protein	2	Trans Fats	0g	Calcium	140mg
Total Carbohydrates...	31g	Saturated Fat	0.5g	Iron	1.9mg
Sugars	13g	Added Sugars	12g	Potassium	110mg
Dietary Fiber	3g	Polyunsaturated Fat	0g	Zinc	0
Lactose		Monounsaturated Fat	0g	Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•	0	Vitamin D	2.2mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate	0mg	Riboflavin	0mg
Magnesium		Vitamin B-6		Vitamin B-12•	
Monosodium		Sulphites		Nitrates	

Additional Images

