



Chex

100881 - Blueberry Chex Cereal Bowlpak

Experience the delightful taste of blueberry in gluten-free Blueberry Chex. The sweet blueberry flavored rice cereal offers a delicious option for any mealtime. Ideal for K-12 settings, this cereal comes in single serve bowls, perfect for classroom and on-the-go. Contains no artificial flavors or colors from artificial sources. 96 count per case.



Nutrition Facts

Servings per Container 96
Serving size 1 bowl (28g)

Amount per serving
Calories 120

% Daily Value*

Total Fat 2.5g	3%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 160mg	7%
Total Carbohydrate 23g	8%
Dietary Fiber 1g	4%
Total Sugars 6g	
Includes 6g Added Sugar	12%
Protein 1g	
Vitamin D 2.2mcg	11%
Calcium 80mg	6%
Iron 8.2mg	46%
Potassium 0mg	0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

K-12 Regulation Ready. 1 oz Equivalent Grain. Smart Snacks Compliant. CACFP Eligible. Single-serve bowl, ready-to-eat, ideal for classroom or on-the-go meal convenience. 96 - 1 oz single serve branded bowls per case for easy portion control. Fruit-flavored blueberry cereal; whole grain-rich and gluten-free ingredients. No artificial flavors or colors from artificial sources. Made without gelatin. No high fructose corn syrup.

Ingredients

Whole Grain Rice, Rice, Sugar, Canola and/or Sunflower Oil, Salt, Blueberry Powder, Molasses, Natural Flavor, Rosemary Extract, Vitamin E (mixed tocopherols) Added to Preserve Freshness.

Vitamin and Minerals: Tricalcium Phosphate, Iron and Zinc (mineral nutrients), Vitamin C (sodium ascorbate), A B Vitamin (niacinamide), Vitamin B2 (riboflavin), Vitamin B6 (pyridoxine hydrochloride), Vitamin B1 (thiamin mononitrate), Vitamin A (palmitate), A B Vitamin (folic acid), Vitamin B12, Vitamin D3.

Allergens

Handling Suggestions

Keep in a cool, dry place

Serving Suggestions

One Bowlpak

Prep & Cooking Suggestions

Ready to eat

Product Specifications

Brand	Manufacturer
Chex	GENERAL MILLS SALES INC.

MFG #	SPC #	GTIN	Pack	Pack Desc.
18446000	100881	10016000184463	96	96/1 oz

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
9.2lb	6lb	USA	Yes	No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
16.87in	13in	14in	1.78ft3	9x7	312DAYS	32°F / 95°F



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Nutrition Analysis - By Serving

Calories	120	Total Fat	2.5g	Sodium	160mg
Protein	1	Trans Fats	0g	Calcium	80mg
Total Carbohydrates...	23g	Saturated Fat	0g	Iron	8.2mg
Sugars	6g	Added Sugars	6g	Potassium	0mg
Dietary Fiber	1g	Polyunsaturated Fat	0.5g	Zinc	0
Lactose		Monounsaturated Fat	1.5g	Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)	0	Vitamin D	2.2mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate	0mg	Riboflavin	0mg
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

