

Richmond Senior 2025/2026

We try to follow the menu however, menus are subject to change due to shortages that sometime apply.



Breakfast Menu

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Monday

Super Donut
Or
Sausage Biscuit
Or
Strawberry
Banana Yogurt
w/Crackers
Or
Strawberry Cream
Cheese Bagel
Applesauce Cups
100% Fruit Juice
Assorted Fresh Fruit
Assorted Milk

Tuesday

Apple Frudel
Or
Super Donut
Or
Fruit Parfait
Diced Peaches
100% Fruit Juice
Assorted Fresh Fruit
Assorted Milk

Wednesday

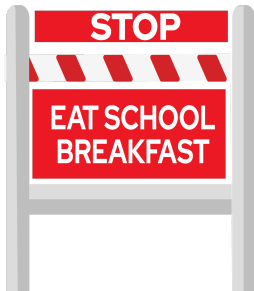
Super Donut
Or
Egg & Cheese
Croissant
Or
Fruit Parfait
Or
Strawberry
Banana Yogurt
w/Crackers
Tropical Fruit
100% Fruit Juice
Assorted Fresh Fruit
Assorted Milk

Thursday

Ham, Egg, &
Cheese Biscuit
Or
Super Donut
Or
Fruit Parfait
Mandarin Oranges
100% Fruit Juice
Assorted Fresh Fruit
Assorted Milk

Friday

Super Donut
Or
Frosted Cinnamon
Poptart
Or
Frosted
Strawberry Pop-
tart
Or
Strawberry
Banana Yogurt
w/Crackers
Pineapple Tidbits
100% Fruit Juice
Assorted Fresh Fruit
Assorted Milk

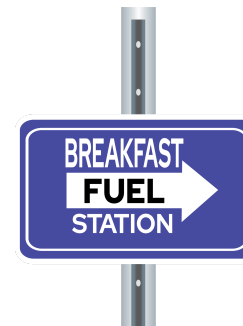


What makes a Great Breakfast
Select at least 3 items!

Milk	Fruit Juice
2 Grains or A Grain and Protein	Fruit

One must be a

Fruit Juice	AND/OR	Fruit
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