

Perseverance MAY 2026



SAY IT:

Perseverance: Refusing to give up when life gets hard

KNOW IT:

ASK A GROWN-UP:

- Tell me about a time in your life when you showed perseverance.
- When has it been hard for you to persevere?

ASK A KID:

- Can you think of some ways you can show perseverance at home or school?
- What is the toughest thing about showing perseverance?

SEE IT:

We can all admit that sometimes life gets hard. It is difficult to keep on working on a goal when we face challenges or setbacks. If you have ever watched the *Ice Age* movies, you have been entertained by the antics of Scrat, the saber-toothed squirrel who is obsessed with getting an acorn that keeps getting away.

Gather the family around and watch Scrat demonstrate amazing perseverance in this clip: <https://www.youtube.com/watch?v=KAmlHa-Rztg>. While it is funny to watch Scrat chasing after his acorn amidst challenge after challenge, we can all agree showing perseverance when things get hard isn't usually that much fun.

BE IT:

Take some time as a family and write down some goals. These could be fitness goals, educational goals, household projects, saving for a big purchase or vacation, or maybe just a goal to spend more quality time together. Create a poster or vision board to display the goal for the family to see every day. As you are working together to reach this goal, talk about the challenges you are facing and how you can work together to refuse to give up no matter how hard the challenges get. Continue to work together as a family to show perseverance as you encourage each other to keep working hard even when life gets hard.

PHASE

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Have you done the math?

How many weeks do you have from now until your child graduates from high school? You have about 36 less than when the school year started!

No matter their age, kids need a few things over time:

LOVE gives them a sense of worth. Knowing they are loved and seeing others love each other gives an example of what your kids will look for in future relationships.

STORIES about their past, their family, and their environment give them a bigger perspective.

WORK that is appropriate for them helps to give them purpose and significance.

FUN helps give them connections to others.

GROUPS (a team, a youth group, a cast, a class, etc.) give them a sense of belonging and fitting in.

WORDS that encourage, support, and correct give them direction.

So don't miss it. This school year may be over, but there is still time to incorporate love, stories, work, fun, tribes, and words in the time you have left.