

## Respect FEBRUARY 2026



### SAY IT:

*Respect: Showing others they are important by what you say and do*

### KNOW IT:

#### ASK A GROWN-UP:

- How are some ways you show respect to people at work or in the community?
- How does it make you feel when people show you respect?

#### ASK A KID:

- How can you show respect to teachers at school?
- How can you show respect to other students at school?

### SEE IT:

Most of us have seen what happens when we fail to show respect to people in authority or our peers. We have either experienced it ourselves or seen others who were not respectful. In the story *The Boy Who Always Talks Back* we see the consequences of choosing not to show respect. Through this story, the main character Max, learns what it means to have respect, but also grows to understand the benefits of being respectful to those around him.

Take a few minutes and watch this video and see the valuable lessons Max learns as he understands how and why to have respect: <https://www.youtube.com/watch?v=VG3arGjg0Hk>

### BE IT:

Set a family goal to always try to have respect for each other. Give each other permission to talk about times when you feel disrespected or when you find it difficult to show respect. Be creative and write your own short story about a student who is struggling with respect. What lessons can he/she learn about the benefits of showing others they are important by what they say and do?

# PHASE

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# We all want to know that we matter, that we are important.

**One way that we can discover how we are important to others is through work.** Maybe your child isn't ready to put in an 8-hour day at the office (who is!?), but he or she can still do significant work that will help your family and others. From taking out the trash, to doing dishes, folding laundry, or lending a hand to the neighbor, there are age-appropriate tasks that all kids can do.

Doing this work will make them feel important, needed, and connected to others.

**So don't miss it.** This month, look for work that develops independent habits in your child.