



Central Point School District #6

300 Ash Street, Central Point, Oregon 97502
541.494.6200 www.district6.org

Dear CPSD6 1st Grade Families,

Central Point School District 6 is committed to providing families with clear information about our **state-mandated health education standards**.

In Grades K–5, we use the instructional resource, **The Great Body Shop**, to meet these requirements. We know it's important for families to feel comfortable with what students are learning, and we also recognize that parents may have different perspectives on state health standards. In the spirit of transparency, we encourage you to review the materials provided and actively engage in your child's health education.

Content is delivered through **The Great Body Shop**, which is fully aligned with **Oregon Health Standards**. Lessons are designed to:

- Enhance student knowledge
- Promote healthy decision-making
- Reduce risky behaviors later in life

The Great Body Shop 1st Grade Units & Topics:

- 1st Grade Units & Topics can be found here: <https://www.thegreatbodyshop.net/curriculum/k-six/topics>
- To **review the complete health curriculum materials**, please contact your child's principal.
- Throughout THE GREAT BODY SHOP there are occasional places where a discussion on **potentially sensitive issues could occur**. In Oregon, the Sensitive Material is aligned to the Oregon Health Education Standards and Performance Indicators. Below are the identified 1st Grade potentially sensitive issues:
 - **Unit 6 Lesson 4, page 21**, Optional Note: suggested use of anatomically correct language in identifying private body parts.
 - HE.1.1.4: Name reproductive body parts, using proper anatomical terms, and stages in the basic growth processes of all people.

In accordance with **Oregon Revised Statute (ORS 336.035[2])**, parents/guardians may request that their child be excused from any portion of this instruction.

If you would like to excuse your child from any particular lessons, please fill out the following opt-out form and return to your child's teacher as soon as possible. We are grateful for your partnership as we work together to help our students grow into healthy adults.

Your Partners,

**Central Point School District 6
Education Department**



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1st Grade Family Great Body Shop Opt-Out Request Form

I request that my child, _____ be excused from participating in the following topics of *The Great Body Shop*:

- Unit 1: Look Out! (No Sensitive Identified Material)
- Unit 2: Head to Toe (No Sensitive Identified Material)
- Unit 3: Why Do We Eat? (No Sensitive Identified Material)
- Unit 4: All About Medicines (No Sensitive Identified Material)
- Unit 5: Talk and Listen
- Unit 6: Happy, Sad, and In Between-Opt-out of whole unit (check box on left) **or** only the following sensitive issue (check box below):
 - Unit 6 Lesson 4, page 21**, Optional Note: suggested use of anatomically correct language in identifying private body parts..
- Unit 7: Drugs Are Trouble (No Sensitive Identified Material)
- Unit 8: Get Well Soon-(Sensitive material only found in optional reinforcement activities. ***If your child's teacher chooses to add these lessons to the regular curriculum, an additional opt-out will be sent home.***)
- Unit 9: How I Breathe (No Sensitive Identified Material)
- Unit 10: Run, Jump, and Skip (No Sensitive Identified Material)

Parent/Guardian Signature: _____

Date: _____

➔ **Please return this form to your child's teacher as soon as possible.**