



Central Point School District #6

300 Ash Street, Central Point, Oregon 97502
541.494.6200 www.district6.org

Dear CPSD6 3rd Grade Families,

Central Point School District 6 is committed to providing families with clear information about our **state-mandated health education standards**.

In Grades K–5, we use the instructional resource, **The Great Body Shop**, to meet these requirements. We know it's important for families to feel comfortable with what students are learning, and we also recognize that parents may have different perspectives on state health standards. In the spirit of transparency, we encourage you to review the materials provided and actively engage in your child's health education.

Content is delivered through **The Great Body Shop**, which is fully aligned with **Oregon Health Standards**. Lessons are designed to:

- Enhance student knowledge
- Promote healthy decision-making
- Reduce risky behaviors later in life

The Great Body Shop 3rd Grade Units & Topics:

- 3rd Grade Units & Topics can be found here: <https://www.thegreatbodyshop.net/curriculum/k-six/topics>
- To **review the complete health curriculum materials**, please contact your child's principal.
- Throughout THE GREAT BODY SHOP there are occasional places where a discussion on **potentially sensitive issues could occur**. In Oregon, the Sensitive Material is aligned to the Oregon Health Education Standards and Performance Indicators. Below are the identified 3rd Grade potentially sensitive issues:
 - **Unit 6 Lesson 4, page 25**, Optional Note: suggested use of anatomically correct language in identifying private body parts.
 - HE.1.3.6: Identify human reproductive systems including reproductive anatomy and function.
 - **Unit 8 Lesson 2, page 13**, HIV/AIDS prevention education.
 - HE.1.3.7: Explain why it is important to stay away from potentially unsafe body fluids and objects.
 - HE.1.3.8: Identify practices that prevent the spread of communicable diseases (including HIV/AIDS, and Hepatitis B and C).

In accordance with **Oregon Revised Statute (ORS 336.035[2])**, parents/guardians may request that their child be excused from any portion of this instruction.

If you would like to excuse your child from any particular lessons, please fill out the following opt-out form and return to your child's teacher as soon as possible. We are grateful for your partnership as we work together to help our students grow into healthy adults.

Your Partners,

Central Point School District 6
Education Department



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3rd Grade Family Great Body Shop Opt-Out Request Form

I request that my child, _____ be excused from participating in the following topics of *The Great Body Shop*:

- Unit 1: Safe at Home, Safe Away (No Sensitive Identified Material)
- Unit 2: The Better to See You With (No Sensitive Identified Material)
- Unit 3: Let's Eat! (No Sensitive Identified Material)
- Unit 4: Community Health (No Sensitive Identified Material)
- Unit 5: I Like Your Attitude
- Unit 6: My Family, Your Family-Opt-out of whole unit (check box on left) **or** only the following sensitive issue (check box below):
 - Unit 6 Lesson 4, page 25**, Optional Note: suggested use of anatomically correct language in identifying private body parts.
- Unit 7: Saying "NO!" to Smoking, Drinking, and Drugs (No Sensitive Identified Material)
- Unit 8: Things You Might Catch-Opt-out of whole unit (check box on left) **or** only the following sensitive issue (check box below):
 - Unit 8 Lesson 2, page 13, HIV/AIDS prevention education.**
- Unit 9: When Bodies Have Challenges (No Sensitive Identified Material)
- Unit 10: Finding Out About Bones (No Sensitive Identified Material)

Parent/Guardian Signature: _____

Date: _____

➔ **Please return this form to your child's teacher as soon as possible.**