



Central Point School District #6

300 Ash Street, Central Point, Oregon 97502
541.494.6200 www.district6.org

Dear CPSD6 5th Grade Families,

Central Point School District 6 is committed to providing families with clear information about our **state-mandated health education standards**.

In Grades K–5, we use the instructional resource, **The Great Body Shop**, to meet these requirements. We know it's important for families to feel comfortable with what students are learning, and we also recognize that parents may have different perspectives on state health standards. In the spirit of transparency, we encourage you to review the materials provided and actively engage in your child's health education.

Content is delivered through **The Great Body Shop**, which is fully aligned with **Oregon Health Standards**. Lessons are designed to:

- Enhance student knowledge
- Promote healthy decision-making
- Reduce risky behaviors later in life

The Great Body Shop 5th Grade Units & Topics:

- 5th Grade Units & Topics can be found here: <https://www.thegreatbodyshop.net/curriculum/k-six/topics>
- To **review the complete health curriculum materials**, please contact your child's principal.
- Throughout THE GREAT BODY SHOP there are occasional places where a discussion on **potentially sensitive issues could occur**. In Oregon, the Sensitive Material is aligned to the Oregon Health Education Standards and Performance Indicators. **Below are the identified 5th Grade potentially sensitive issues found in the regular curriculum:**
 - **Unit 5 Lesson 4, page 27**, Optional Note: suggested use of anatomically correct language in identifying private body parts.
 - **Unit 8 Lesson 3, pages 20 and 22**, Optional Section: identifies methods of HIV transmission including blood, breast milk, semen, vaginal fluids, IV drug use, and sexual contact; recommends and emphasizes abstinence as the healthiest choice for youth, includes condom recommendation by the Centers for Disease Control and Prevention.
 - HE.1.5.8: Discuss that HIV and STDs can be spread through sexual contact with someone who has HIV/STD.

In accordance with **Oregon Revised Statute (ORS 336.035[2])**, parents/guardians may request that their child be excused from any portion of this instruction.

If you would like to excuse your child from any unit, please fill out the following opt-out form and return to your child's teacher as soon as possible. We are grateful for your partnership as we work together to help our students grow into healthy adults.

Your Partners,

**Central Point School District 6
Education Department**



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5th Grade Family Great Body Shop Opt-Out Request Form

I request that my child, _____ be excused from participating in the following topics of *The Great Body Shop*:

- Unit 1: First Aid Facts (No Sensitive Identified Material)
- Unit 2: Brainstorms! Your Central Nervous System (No Sensitive Identified Material)
- Unit 3: You Are What You Eat (No Sensitive Identified Material)
- Unit 4: Love Your Lungs! (No Sensitive Identified Material)
- Unit 5: Those Crazy, Mixed-Up Emotions-Opt-out of whole unit (check box on left) **or** only the following sensitive issue (check box below):
 - Unit 5 Lesson 4, page 27**, Optional Note: suggested use of anatomically correct language in identifying private body parts.
- Unit 6: Growing Up (Sensitive material only found in optional reinforcement activities. ***If your child's teacher chooses to add these lessons to the regular curriculum, an additional opt-out will be sent home.***)
- Unit 7: Danger Ahead: The Truth About Drugs (No Sensitive Identified Material)
- Unit 8: About Blood and Disease-Opt-out of whole unit (check box on left) **or** only the following sensitive issue (check box below):
 - Unit 8 Lesson 3, pages 20 and 22**, Optional Section: identifies methods of HIV transmission including blood, breast milk, semen, vaginal fluids, IV drug use, and sexual contact; recommends and emphasizes abstinence as the healthiest choice for youth, includes condom recommendation by the Centers for Disease Control and Prevention.
- Unit 9: All of the Right Stuff (No Sensitive Identified Material)
- Unit 10: Bones and Muscles (No Sensitive Identified Material)

Parent/Guardian Signature: _____

Date: _____

➔ Please return this form to your child's teacher as soon as possible.