CLEAR SPRINGS HIGH SCHOOL

Guidance & Counseling

2025-2026

Clear Springs High School Mission Statement

The mission of Clear Springs High School, the beacon of innovative learning, is to cultivate self-direction, confidence, and commitment to excellence by instilling uncompromising character, a strong work ethic, and meaningful relationships.

Student Guidance and Counseling Services

The CSHS Counseling Department welcomes you to the 2025-2026 school year! Our first priority is our students. We readily make ourselves available to students in need of guidance and counseling throughout the school day. To ensure all students are well-served with the time and attention they deserve, ***we ask that parents/guardians make an appointment*** with their student's counselor to allow adequate scheduling and preparation.

We are committed to providing our students with a comprehensive guidance and counseling program to include:

Guidance curriculum to help students develop their full potential, including the student's interests and career objectives. Guidance curriculum topics include:

- Child abuse, family violence, and dating violence. Parent permission is required for your student to attend this session; more information will come two weeks prior to the lesson.
- Bullying Prevention
- Drug Education/ Substance Abuse Awareness & Prevention
- Character Education/ CCISD Core Values
- Generation Texas Week
- Youth Mental Health Awareness
- Suicide Prevention
- Teen Dating Violence Prevention

Responsive services to intervene on behalf of any student whose immediate personal concerns or problems put the student's continued educational, career, personal, or social development at risk.

Individual planning to guide a student as the student plans, monitors, and manages the student's own educational career, personal, and social development.

System support to support the efforts of teachers, staff, parents, and other members of the community in promoting the educational, career, personal, and social development of students.

CSHS Counseling Department

Students with Last Name	Counselor
A-Dc	**Meghan Davis** mdavis3@ccisd.net 281-284-1345
Dd-Hj	**Valerie Strickland** vstrickland@ccisd.net 281-284-1342
Hk-Mk	**Amanda Schmidt** aschmidt@ccisd.net 281-284-1344
Ml-Sc	**Kristi Gann** krgann@ccisd.net 281-284-1428
Sd-Z	**Ashley De Luna** adcorbett@ccisd.net 281-284-1348
Student Support Counselors	**Casey deGroot** cdegroot@ccisd.net 281-284-1484
	Heather Valadez hvaladez@ccisd.net 281-284-1375
Communities in Schools Student Support Specialist	**Melissa Jones** mjones1@ccisd.net 281-284-1346
Lead Counselor & Director of College Counseling	**Denise Cottenoir** dcottenoir@ccisd.net 281-284-1340

Personal Counseling for *ALL* Students

School Counselors are available to assist students with a wide range of personal concerns including such areas as social, family, emotional, mental heath, or substance abuse. A student may request to visit the school counselor's office and parents may request resources from a counselor.

A student who wishes to meet with a school counselor about personal concerns should request to visit the school counselor's office **by emailing the counselor using the email posted outside of the counselor's door or various places around campus.**

If a parent is concerned about their child's mental or emotional health, please call the CSHS Counseling Office at 281-284-1341 and ask to speak with a school counselor for a list of resources that may be of assistance.

Student Support Groups

In order to meet the personal needs of students, school counselors may also offer support groups on a recurring basis. The support groups meet during the school day for approximately 30 minutes per week. Support groups may meet during Lightning Lunch & Learn so that students do not miss class time. These groups are intended to provide a safe, confidential, and supportive setting for the students to discuss concerns and practice behaviors that will support growth and development.

If a parent/guardian wants their student to participate in a support group, opt-in documentation will need to be completed in their student's Skyward forms.

Other Guidance Curriculum

Additional guidance curriculum topics available for all students based on campus, classroom, and/or student needs include;

- **Interpersonal Skills** (ex: social awareness, relationship skills, core values)
- **Intrapersonal Skills** (es: self-awareness, SEL)
- **Post-Secondary Education & Career Readiness** (ex: responsible decision making)
- **Personal Health & Safety** (ex: self -management)

Per FFEA(LEGAL) parents or guardians may request to view materials used during the year by making an appointment during school hours.

Getting Connected with *Naviance*

CCISD is pleased to provide *Naviance Student*, a web-based service designed especially for students and parents. *Naviance Student* is a comprehensive website that you can use to help in making decisions about careers, colleges, and scholarships. *Naviance Student* provides up-to-date data and information that is specific to your school.

Naviance Student will allow students and parents to:

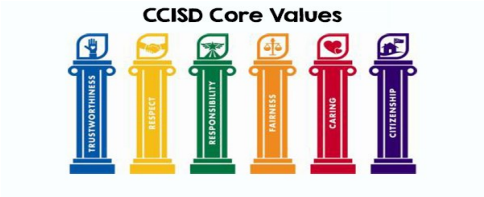
- **Get involved in the planning and advising process**—Order transcripts, build a resume, complete online surveys, and manage timelines/deadlines for making decisions about colleges, careers, and scholarships.
- **Take a learning style inventory**
- **Research Careers**
- **Strengths Finder**—Uncover student's talents and reveal potential strengths.
- **Build a 4-Year Plan**—View and manage high school course planning.
- **Research Colleges**—Compare GPA, standardized test scores, and other statistics to actual historical data from the school for students who have applied and been admitted in the past.

Naviance Login Information

Students: To log in, you must go through your CCISD Single Sign-On (SSO) Portal.

Parents: To log in, you must go the following website: https://student.naviance.com/clearsprings

CCISD Core Values & Social-Emotional Learning (SEL) Curriculum



Character Strong

CCISD Core Values

CCISD has six core values, or standards of behavior, that we have adopted from the Character Counts 6 Pillars. Clear Springs integrates these core values daily into their school community, not only modeling but teaching students how to demonstrate these values.

The CCISD Core Values are:

- **Trustworthiness** – Act with honesty in all that you do
- **Respect** – Value yourself and others
- **Responsibility** – Own your choices
- **Fairness** – Play by the rules and consider the needs of others
- **Caring** – Be kind to others
- **Citizenship** – Work to improve your school, community, and country

Character Strong

Clear Springs High School integrates the *Character Strong* curricula with the CCISD Core Values to teach Social Emotional Learning and Character at the same time. CSHS integrates SEL competencies into their school community through explicit teaching and modeling of skills.

Character Strong Develops:

- **Respect**
- **Commitment**
- **Honesty**
- **Kindness**
- **Forgiveness**
- **Patience**
- **Humility**
- **Selflessness**

CCISD SOCIAL & EMOTIONAL LEARNING (SEL) TIMELINE
2025-2026

MONTH	LEADER IN ME HABIT (EXPLICIT TEACHING, MODELING & PRACTICING OF THE SKILLS NEEDED TO DEMONSTRATE OUR STANDARDS OF BEHAVIOR)	CCISD CORE VALUE (STANDARDS OF BEHAVIOR)
August	Overview of Habits & Intentional Community Building LIM Campuses: First 8 Days of LIM Curriculum Elementary: Behavior Toolkit, Class Meetings, Secondary: Community Building Activities, First 10 Days of SEL (Int.)	TRRFCC & Intentional Community Building Elementary: Behavior Toolkit, Class Meetings, Secondary: Community Building Activities, First 10 Days of SEL (Int.)
September	Be Proactive	Respect
October	Begin with the End in Mind	Responsibility
November	Put First Things First	Citizenship
December	Overview of Habits	TRRFCC
January	Think Win-Win	Trustworthiness
February	Seek First to Understand, Then to Be Understood	Caring
March	Seek First to Understand, Then to Be Understood	Caring
April	Synergize	Fairness
May	Sharpen the Saw	TRRFCC

CCISD still utilizes Character Strong/PurposeFULL people as a resource for campuses as a SEL Curriculum to support the explicit teaching and modeling of skills.

College, Career, & Military Readiness

Whether students are headed for college, the armed forces, or directly into the workforce, CCISD provides a practical toolkit of resources and events for future alumni to be prepared for what's on the other side of the graduation stage.

CCISD provides the following events and resources that work together to better equip students and families for success in life:

- **Clear to College**—Every year, CCISD experts lead virtual tutorial sessions on all things related to the college entrance process. Sessions range from guidance on the college entrance essay and admission testing to support through the Common Application and Apply Texas process. Clear to College can be accessed through the CCISD YOUniversity platform.
- **CCISD College & Career Fair—** Through the annual College & Career Fair, students and guardians have the opportunity to meet and hear first-hand from more than 300 colleges and universities and explore the right college fit. Armed forces representatives are also on-hand as well as professionals representing a variety of career options. **All students and parents are invited to attend on September 24, 2025 at The Education Village (Clear Falls High School).**
- **Financial Aid Night—** This annual forum provides guidance from experts on seeking financial aid for college or career school, from applying for scholarships to submitting the Free Application for Federal Student Aid (FAFSA) application. **All students and parents are encourage to attend our session on October 1, 2025 at 6PM at Clear Springs High School.**
- **Military Readiness—** In addition to exemplary JROTC programming at CCISD schools, the District welcomes all branches of the military to share information on serving in the armed forces and associated benefits including tuition assistance.

CCISD offers an array of rigorous Career and Technical Education programs. Some programs lead to certifications before graduation.

These programs are:

- Automotive Technology
- Biomedical Science
- Biotechnology
- Broadband Communications
- Certified Nursing Assistant
- Computer Technician
- Construction Technology
- Cosmetology
- Culinary Arts
- Metal Manufacturing
- Pharmacy Technician
- Registered Dental Assistant
- Robotics

Click HERE for more details about our Career & Technical Education programs.

College & Career Online Resources

CCISD College & Career Planning	FAFSA	SAT, PSAT, AP Exams
Apply Texas	TASFA	ACT
Common Application	Core Course GPA	NCAA

CSHS School Profile

Great resource to have on hand while applying to college!

CLEAR SPRINGS COUNSELORS