

SEPTEMBER 2025

Fabens Middle School

Monday

Tuesday

Wednesday

Thursday

Friday

1

HOLIDAY
NO SCHOOL

2

BREAKFAST
Breakfast Pizza

LUNCH
Chicken Nuggets (bbq sauce)
Green Beans
Steamed carrots
Wheat Roll

3

BREAKFAST
Sausage Mini Bagel

LUNCH
Hot Dog
Baby Carrots
Celery Sticks

4

BREAKFAST
Scrambled eggs, sausage & toast

LUNCH
Hamburger
Baked Fries
Lettuce & tomato
Cucumber sticks

5

BREAKFAST
Assorted Muffin

LUNCH
DoriNachos_w/cheese
Pinto Beans
Steamed corn
Spanish rice (sliced jalapenos)

8

BREAKFAST
Yogurt & Nutri-Grain Bar

LUNCH
Chicken Drumstick
Sweet potato fries
Mixed Vegetables
Roll

9

BREAKFAST
Bean & cheese burrito

LUNCH
Beefaroni
Steamed broccoli
Steamed corn
Breadstick

10

BREAKFAST
Mini Pancakes & sausage

LUNCH
Breaded Beef Fingers
Mashed Potatoes w/country style gravy
Savory Green Beans
Wheat Roll

11

BREAKFAST
Egg Omelet, sausage & toast

LUNCH
Beef Tacos
Pinto Beans
Mexican Macaroni
Lettuce & tomato (salsa)

12

BREAKFAST
Pop Tart

LUNCH
Pizzaboli (marinara sauce)
California Blend
Garden Salad w/ranch
Jicama w/tajin

15

BREAKFAST
Oatmeal Bar

LUNCH
Pulled pork on hoagie
Ranch style beans
Corn on the cob
(bbq sauce)

16

BREAKFAST
Waffles

LUNCH
Nachos Supreme
Pinto Beans
Garden Salad w/ranch
(jalapeno slices)

17

BREAKFAST
Sausage Biscuit

LUNCH
Chicken Patty Sandwich
Crinkle Cut Fries
Lettuce & tomato

18

BREAKFAST
Cream of wheat, raisins & muffin

LUNCH
Buffalo Boneless Wings
Carrot & Celery sticks
Sweet Potato fries
(ranch dressing)

19

BREAKFAST
Concha Pastry

LUNCH
BBQ Rib on a bun
Ranch style beans
Steamed carrots
Cucumber sticks w/tajin

22

BREAKFAST
French Toast Sticks

LUNCH
Kentucky Bowl
Steamed corn
Mashed Potatoes w/gravy
(shredded cheese)

23

BREAKFAST
Grilled cheese sandwich

LUNCH
Taco Salad
Spanish Rice
Pinto Beans
Lettuce & tomato (salsa)

24

BREAKFAST
Pancake on a stick

LUNCH
Chili bowl w/white rice
Corn Muffin
Steamed Broccoli
Steamed Carrots

25

BREAKFAST
Scrambled eggs, sausage & toast

LUNCH
Corn dog
Tator Tots
Cucumber Sticks
Celery Sticks

26

BREAKFAST
Assorted cereal & graham crackers

LUNCH
Pepperoni Pizza
California Blend
Baby Carrots
Garden Salad w/ranch

29

BREAKFAST
Cinnamon Roll

LUNCH
Mandarin Chicken w/brown rice
Steamed Broccoli
Steamed Carrots
Vegetable egg roll (sweet & sour sauce)

30

BREAKFAST
Egg & chorizo burrito

LUNCH
Spaghetti w/meat sauce
Seasoned corn
Mixed Vegetables
Garlic Bread stick

MENUS SUBJECT TO CHANGE DUE TO PRODUCT AVAILABILITY

Daily Breakfast Options: Fruit or juice; milk variety (1% white, FF flavored); Assorted cereal

Daily Lunch Options: Fresh or chilled fruit or juice; Milk variety (1% white, FF flavored)

This institution is an equal opportunity provider.