

September 2025

LESD Breakfast Menu - CARSON

MON	TUES	WED	THURS	FRI
First Day of School for LEAP				
9/1 & Early Start		2	3	4
Labor Day *School not in session.*	Variety Cereal (v) Bahama Bananas 8 oz NF or 1% White Milk	Strawberry Parfait & Granola Strawberries 8 oz NF or 1% White Milk	Waffle + Turkey Sausage Orange Smiles or Apple Slices 8 oz NF or 1% White Milk	Cinnamon Swirl Pancakes (v) Apple Slices 8 oz NF or 1% White Milk
8		9	10	11
Bagel & Cream Cheese (v) Applesauce Cups 8 oz NF or 1% White Milk	Variety Cereal (v) Bahama Bananas 8 oz NF or 1% White Milk	Chocolate Chip Muffin (v) Orange Smiles 8 oz NF or 1% White Milk	Variety Cereal (v) Orange Smiles or Apple Slices 8 oz NF or 1% White Milk	French Toast (v) Apple Slices 8 oz NF or 1% White Milk
15		16	17	18
Bagel & Cream Cheese (v) Applesauce Cups 8 oz NF or 1% White Milk	Variety Cereal (v) Bahama Bananas 8 oz NF or 1% White Milk	Strawberry Parfait & Granola Strawberries 8 oz NF or 1% White Milk	Waffle + Turkey Sausage Orange Smiles or Apple Slices 8 oz NF or 1% White Milk	Cinnamon Swirl Pancakes (v) Apple Slices 8 oz NF or 1% White Milk
22		23	24	25
Bagel & Cream Cheese (v) Applesauce Cups 8 oz NF or 1% White Milk	Variety Cereal (v) Bahama Bananas 8 oz NF or 1% White Milk	Chocolate Chip Muffin (v) Orange Smiles 8 oz NF or 1% White Milk	Variety Cereal (v) Orange Smiles or Apple Slices 8 oz NF or 1% White Milk	French Toast (v) Apple Slices 8 oz NF or 1% White Milk
29		30	10/1	10/2
Bagel & Cream Cheese (v) Applesauce Cups 8 oz NF or 1% White Milk	Variety Cereal (v) Bahama Bananas 8 oz NF or 1% White Milk	Strawberry Parfait & Granola Strawberries 8 oz NF or 1% White Milk	Waffle + Turkey Sausage Orange Smiles or Apple Slices 8 oz NF or 1% White Milk	Cinnamon Swirl Pancakes (v) Apple Slices 8 oz NF or 1% White Milk

(v)= Vegetarian
(p) = Contains Pork

This institution is an equal opportunity provider.

September 2025

LESD Lunch Menu - CARSON

MON		TUES		WED		THURS		FRI		
First Day of School for LEAP										
9/1 & Early Start		2				3			4	5
Bean & Cheese Burrito (v)	Grilled Cheese (v)	Yucatan Style Carnitas & Chips			Tamale: Chicken & Red Sauce & String Cheese		Chicken Nuggies			
Bahama Bananas	100% Fruit Juice	Applesauce Cups			Orange Smiles		Sliced Peaches			
Broccoli w/ Ranch	Baby Carrots	Baby Carrots			Cool Cucumbers		It's Corn			
8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk			8 oz NF or 1% White Milk		8 oz NF or 1% White Milk			
8		9				10			11	12
Hamburger (Grass Fed Beef)	Chicken Delights	Mozzarella Pull Aparts			Beef Rolled Taco (v)		Yummy Cheese Pizza Slice			
Bahama Bananas	Orange Smiles	Apple Slices			Orange Smiles		Sliced Peaches			
Broccoli w/ Ranch	Cool Cucumbers	Marinara Sauce, Baby Carrots			Cool Cucumbers		It's Corn			
8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk			8 oz NF or 1% White Milk		8 oz NF or 1% White Milk			
15		16				17			18	19
Bean & Cheese Burrito (v)	Grilled Cheese (v)	Yucatan Style Carnitas & Chips			Tamale: Chicken & Red Sauce & String Cheese		Chicken Nuggies			
Bahama Bananas	100% Fruit Juice	Applesauce Cups			Orange Smiles		Sliced Peaches			
Broccoli w/ Ranch	Baby Carrots	Baby Carrots			Cool Cucumbers		It's Corn			
8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk			8 oz NF or 1% White Milk		8 oz NF or 1% White Milk			
22		23				24			25	26
Hamburger (Grass Fed Beef)	Chicken Delights	Mozzarella Pull Aparts			Beef Rolled Taco (v)		Yummy Cheese Pizza Slice			
Bahama Bananas	Orange Smiles	Apple Slices			Orange Smiles		Sliced Peaches			
Broccoli w/ Ranch	Cool Cucumbers	Marinara Sauce, Baby Carrots			Cool Cucumbers		It's Corn			
8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk			8 oz NF or 1% White Milk		8 oz NF or 1% White Milk			
29		30				10/1			10/2	10/3
Bean & Cheese Burrito (v)	Grilled Cheese (v)	Yucatan Style Carnitas & Chips			Tamale: Chicken & Red Sauce & String Cheese		Chicken Nuggies			
Bahama Bananas	100% Fruit Juice	Applesauce Cups			Orange Smiles		Sliced Peaches			
Broccoli w/ Ranch	Baby Carrots	Baby Carrots			Cool Cucumbers		It's Corn			
8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk			8 oz NF or 1% White Milk		8 oz NF or 1% White Milk			

(v)= Vegetarian