



Shippensburg University of Pennsylvania  
Institute for Social Inclusion (INSINC)  
**Inclusive Basketball Program**  
~Fall 2025~



**What is Inclusive Basketball?**

Inclusive Basketball is a program that brings together community members with intellectual and developmental disabilities, their family members, and or supportive caregivers together with Shippensburg University students, faculty, staff members and administrators for a friendly and noncompetitive game of basketball. All participants choose their level and type of engagement or play throughout the entire time, and therefore individual, small group, and large group play is encouraged.



September : 13th, 20th, & 27th

October: 4th, 11th, & 18th

November: 8th & 15th



**\*All dates are tentative, based on weather, and may be subject to changes if needed.**

All basketball games will be held from 11:00 AM to 12 PM on the above dates. Games are held in Henderson Gym on the campus of Shippensburg University,

**~Inclusive Basketball Rules of Play~**

- \*Young adults (**over the age of 16**) and adults who wish are welcome to participate.
- \*Members decide on how, when, and for what length of time they will play.
- \*All members are encouraged to try and keep trying.
- \*No score keeping as there are no winners or losers.
- \*Having fun means encouraging and supporting **ALL** participants.
- \*ALL members are expected to be respectful in your behavior and attitude.

To create a more positive experience, University Clubs, Athletic Teams, and Greek Organizations must coordinate with Dr. Benbow for available dates to attend.

Dr. Samuel R. Benbow  
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To learn more about the **Inclusive Basketball Program**, please visit  
<http://www.ship.edu/insinc/>

or

<http://www.facebook.com/IncluiveBasketballAtShippensburg/>

