

Reverse Stigma Against Reaching out

National Alliance

with Mental Illness



Meetings?

After-school on Mondays In the Career Center.

During them we plan what and how we should educate others on mental health, as well as how to instill impactful mindsets.

Managers of the club?

Advisor is Mrs. Esme and the President of our group is Senior Student Rylee Fernandez.



Our Mission?

We intend to raise awareness for mental health and the real life struggles that people encounter on the daily, we want to encourage people reach out instead of holding everything in.



Who can join?

Anyone! All one has to do is show up.

What events do we host?

Mostly Activities during both school lunches that tie into Mental Illness Awareness, Suicide Awareness, etc. As well as Presentations on Mental Health.



Why should you join?

Since we dedicate this club to opening up and acknowledging faults without shame, some may call it a safe space. Whether you're just here in support of creating awareness or if you're someone who struggles themselves, you're all welcome. .