



August 2025



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
****Subject to Change****					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25 Lifting 2:45-3:45	26 Lifting 2:45-3:45	27	28 Lifting 2:35-3:35	29	30
31						

September 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 NO SCHOOL LABOR DAY	2 Lifting 2:45-3:45	3	4 Lifting 2:35-3:35	5 Baseball Workout 3:00-5:00	6
7 HOME GAME vs. Riverview 2:00 (9th & 10th)	8 Lifting 2:45-3:45	9 Lifting 2:45-3:45	10	11 Lifting 2:35-3:35 Baseball Workout 3:45-5:45	12	13
14	15 Lifting 2:45-3:45	16 Lifting 2:45-3:45 Baseball Workout 4:00-6:00	17 HOME GAME vs. Penn-Trafford 5:00	18 Lifting 2:35-3:35	19	20
21	22 Lifting 2:45-3:45	23 NO SCHOOL	24	25 Lifting 2:35-3:35 Baseball Workout 3:45-5:45	26	27
28	29 Lifting 2:45-3:30	30 Lifting 2:45-3:45				

October 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2 NO SCHOOL Baseball Workout 3:00-5:00	3	4
5	6 Lifting 2:45-3:45	7 Lifting 2:45-3:45 Baseball Workout 4:00-6:0	8 EARLY DISMISSAL	9 9 TH ANNUAL RED- WHITE GAME 3:30	10	11
12	13 Lifting 2:45-3:45	14 Lifting 2:45-3:45	15	16 Lifting 2:35-3:35	17	18
19	20 NO SCHOOL	21 Lifting 2:45-3:45	22	23 Lifting 2:35-3:35	24	25
26	27 Lifting 2:45-3:45	28 Lifting 2:45-3:45	29	30 Lifting 2:35-3:35	31	

November 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3 EARLY DISMISSAL	4 Lifting 2:45-3:45	5	6 Lifting 2:35-3:35	7	8
9	10 Lifting 2:45-3:45	11 Lifting 2:45-3:45	12	13 Lifting 2:35-3:35	14	15
16	17 Lifting 2:45-3:45	18 Lifting 2:45-3:45	19	20 Lifting 2:35-3:35	21	22
23	24 Lifting 2:45-3:45	25 Lifting 2:45-3:45	26 EARLY DISMISSAL THANKSGIVING	27 NO SCHOOL THANKSGIVING	28 NO SCHOOL THANKSGIVING	29

December 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	1 NO SCHOOL THANKSGIVING	2 Lifting 2:45-3:45	3	4 Lifting 2:35-3:35	5	6
7	8 Lifting 2:45-3:45	9 Lifting 2:45-3:45	10	11 Lifting 2:35-3:35	12	13
14	15 Lifting 2:45-3:45	16 Lifting 2:45-3:45	17	18 Lifting 2:35-3:35	19	20
21	22 Lifting 2:45-3:45	23 Lifting 2:45-3:45	24 NO SCHOOL	25 NO SCHOOL	26 NO SCHOOL	27
28	29 NO SCHOOL	30 NO SCHOOL	31 NO SCHOOL			

January 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 NO SCHOOL	2 NO SCHOOL	3
4	5 Workout Aux. Gym/Tunnel 5:00-7:00	6 Workout Aux. Gym/Tunnel 5:00-7:00	7	8 Workout Aux. Gym/Tunnel 5:00-7:00	9	10
11	12 Workout Aux. Gym/Tunnel 5:00-7:00	13 Workout Aux. Gym/Tunnel 3:00-5:00	14 Workout Aux. Gym/Tunnel 5:00-7:00	15	16 NO SCHOOL	17
18	19 NO SCHOOL	20	21 Workout Aux. Gym/Tunnel 5:00-7:00	22 Workout Aux. Gym/Tunnel 5:00-7:00	23	24
25	26 Workout Aux. Gym/Tunnel 5:00-7:00	27 Workout Aux. Gym/Tunnel 5:00-7:00	28	29 Workout Aux. Gym/Tunnel 5:00-7:00	30	31

February 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 Workout Aux. Gym/Tunnel 5:00-7:00	3 Workout Aux. Gym/Tunnel 3:00-5:00	4	5 Workout Aux. Gym/Tunnel 5:00-7:00	6	7
8	9 Workout Aux. Gym/Tunnel 5:00-7:00	10 Workout Aux. Gym/Tunnel 5:00-7:00	11	12 Workout Aux. Gym/Tunnel 5:00-7:00	13	14
15	16 NO SCHOOL	17 Workout Aux. Gym/Tunnel 3:00-5:00	18 Workout Aux. Gym/Tunnel 3:00-5:00	19 Workout Aux. Gym/Tunnel 3:00-5:00	20	21
22	23 Workout Aux. Gym/Tunnel 3:00-5:00	24 Workout Aux. Gym/Tunnel 3:00-5:00	25	26 Workout Aux. Gym/Tunnel 3:00-5:00	27	28