



Grant Community High School

District Newsletter

September 2025

Student of the Month

Dianey Granados



The Grant Community High School September Student of the Month is senior Dianey Granados, daughter of Enrique and Diana Granados of Round Lake.

Dianey's academic achievements include induction into the National Honor Society during her sophomore year, which as a senior, she has earned the title of President; she qualified each semester for Honor Roll, and she is an AP scholar with distinction. She also holds an impressive 4.972 GPA.

Her extracurricular activities include being the secretary and a member of the Illinois Council on Women and Girls, and captain of the Speech Team. During her sophomore and junior years, Dianey went to state for Speech for both Performance in the Round Group and Prose Reading.

Dianey has volunteered in several community events through the National Honor Society. During her high school career, she has an impressive total of 76 service hours.

In her free time, Dianey enjoys reading, learning, baking, and spending time with family and friends.

Her plans for the future include going to college at UIC, UIUC, or Marquette University. She plans on majoring in Biology on the pre-med track and then going to medical school in hopes of becoming a pediatrician.

- Page 2
Superintendent's Message
- Page 3
Principal's Message
- Page 4
Hall of Fame
- Page 5
Homecoming
- Page 6
Next Step Grant
Lake County High School Hall of Fame
- Page 7
School Safety
FNL Reminders
- Page 8
Artist Spotlight
- Page 9
Educator of the Year
Records Request
SOPPA
- Page 10-12
Bulldogs on Staff
- Page 12
Health Office Reminders
- Page 13-14
Back-To-School Tips
- Page 15
Alumni Highlight
Teen Safety
- Page 16-17
Honor Roll
- Page 18
Hardhat Update
- Student Directory Information
- Page 19
Sexual Assault Reporting Process
- Page 20
Bulldog Happenings
- Page 21
Testing Opportunities
Environmental Club
Academic Lab Resources
- Page 22
Cheer Spaghetti Dinner
- Page 23
Fall Play: *The NeverEnding Story*
- Page 24
Parent University
Podcast & Social Media
TEAM Live
- Page 25
Keep It RED
- Page 26-27
Calendars

Board of Education

Kathy Kusiak, *President*

John Jared, *Vice President*

Shelly Booth, *Secretary*

Ivy Fleming

Laurie Hembrey

Ed Lescher

Bob Yanik





Welcome Bulldogs!



First and foremost, I want to extend a sincere thank you to all of those who have welcomed, congratulated, and shared your experiences with me as I step into my role as superintendent. From events at school like Back to School Night to community events at Lakefront Park and everything in between, the positivity and dialogue have been fantastic over the course of these past several months, and I'm excited to continue growing together in this new capacity.

Regardless of my role, some things never change, and it's always amazing how quickly the school year takes off. Already, the hallways and classrooms are filled with a strong sense of momentum. From day one, the enthusiasm of our students and staff has been inspiring. Teachers and support staff have worked tirelessly to create an environment where every student recognizes that there is a "Pathway of Purpose" for them. These efforts were exceptionally visible over the summer with the work that Dr. Stacie Noisey, Director of Curriculum, Instruction, and Assessment, coordinated and led. By the end of the summer, 58 teachers representing 25 different Professional Learning Teams were on campus exploring new instructional strategies and materials, enhancing assessments, and collaborating with professional peers. It's clear that this type of commitment and these types of efforts are improving and making a difference in the student experience.



One element of the student experience that has been amazing to support is our student leaders. Whether as mentors, peer tutors, National Honor Society volunteers, or in countless other roles, they continue to set the tone for a positive culture. Their willingness to step up, lend a hand, and lead models the qualities of our Portrait of a Bulldog. Student voice and student leadership are evident throughout the building. We are proud of the way they help shape the GCHS experience for their peers. One tangible manifestation of student leadership was on display when Izzy Ellington, Grant's Student Representative to the Board of Education, presented her first report to the school board this past month. As our fourth-ever Student Representative to the Board of Education, the impact the experience has on students is evident year in and year out, and the increased dialogue between students and administration continues to be impactful.

This fall also brings exciting opportunities beyond the classroom. Student participation in extracurricular activities and athletics has continued to surge, and we are thrilled to see so many Bulldogs getting involved, building friendships, and discovering new passions. We are continually looking to refine and expand these types of opportunities, and getting to watch the first-ever official Girls Flag Football game hosted at the Paul G. Lewis Stadium was amazing to see. We foster and celebrate these extracurricular experiences because they are an important part of growth and finding a pathway. We can't wait to see all that our students accomplish this year, both in and out of the classroom.

Finally, I want to express a sincere thank you to our families. Your presence at Parent University, Red White Night, and Back to School Night, along with your daily support at home, makes a tremendous impact. The strong partnership between school and community is one of the things that makes GCHS special. Together, we are setting the stage for another outstanding year. I invite you to follow the wonderful things happening this year on our [school website](#), [Facebook](#), [X](#), or [Instagram](#).

We look forward to what will certainly be an amazing 2025/26 school year!

Keep It RED,
Dr. Schmidt
Superintendent



Success Starts Here



Welcome to the 2025-2026 school year! We had an amazing start to school with excellent attendance at Material Pick-up Days, Freshmen Orientation, Parent University, Fall Athletics Night, an exciting Welcome Back Pep Rally, our Red White Scrimmage Night, and Back to School Night. Thank you to all the families and students who got involved in those events to start the year in such a strong, positive way.

This year, we will prepare students for success beyond high school by offering opportunities for each student to develop their skillset to harness the power of communication, learn perseverance, demonstrate integrity, practice adaptability, problem solve, and develop an empowered learning mindset. Remember that no goal is too big at Grant Community High School. As students dedicate themselves to success through a daily commitment to excellence, our staff is dedicated to meeting student goals by providing opportunities to grow and excel inside and outside of the classroom. I challenge every student to build a connection to our school community by getting involved with one club, organization, or team this year. We look forward to the wonderful ways in which our students will engage in our community and define what it means to be a Bulldog for future generations.



Our staff will be focusing on “Pathways of Purpose” as we chart the road ahead as a district, define curricular pathways for our students, and help our students find the pathway to prosperity in their lives beyond GCHS. In the school, we will build on the strong dedication, energy, and enthusiasm of our faculty and staff to work as a building team to make GCHS the best school for our students and a source of pride for our community. As a school community, we support the experience and outcomes for our students and it takes all of us to accomplish that mission. I encourage all family members to explore the different ways to provide support to our students through engagement with our school through volunteerism. Our Booster Club offers excellent opportunities for leadership and direct support to our athletics and activities, while we also have opportunities for guest speakers, business coaches for our IncubatorEDU class, and more as we expand our pathways. Please reach out to me if you think you have something to contribute as we establish our “Pathways of Purpose” for our students.

On August 19th, our students engaged in our first College and Career Readiness schedule of the year. On that day, students became familiar with the Schoolinks platform. Schoolinks continues to be an asset for our students as they identify future career pathways, define their goals for the year, and record the necessary data needed for the pursuit of the Bulldog Scholar and Distinguished Bulldog recognition levels. All of these efforts are proving to be meaningful to students, as our enrollment in Lake County Technology Campus courses, Dual Credit courses, and Advanced Placement courses continue to grow again this year. Be sure to ask your student(s) about what they learned during the College and Career Readiness activity and what goals they set for themselves.

With so much happening at Grant, staying connected with your student is always important. We are continuing to use Skyward as our Student Information System and Schoology as our learning management platform. Parents have access to both systems, giving you access to your student’s academic progress. Please see our Technology Department for any access questions. Both systems’ information provides parents with timely information and easy starting points to talk with your children about their school day.

It has been an exciting start to the year. On behalf of the entire staff, we look forward to celebrating all the incredible achievements our students will accomplish this year!

Go Bulldogs!
Mr. Blair Schoell
Principal

Grant Community High School is pleased to announce the selection of Mr. Paul G. Lewis, posthumously, and Mr. Donny Schmit to the Hall of Fame.

Paul Lewis graduated from GCHS in the Class of 1935. During his tenure at Grant, he was a three-sport athlete in each of his 4 years. He went on to earn an undergraduate degree from the University of Illinois and spent his career at GCHS. He served in a variety of coaching roles, including head football coach and head baseball coach winning several conference championships in baseball. Two of his baseball athletes went on to play Major League Baseball. He served as a Physical Education teacher for 24 years followed by the Athletic Director for 15 years. He founded the "G" Club, implemented the "Father & Son Banquet." His dream throughout his career was to construct state-of-the-art athletic facilities at Grant, which he played a tremendous roll in. He went on to chair the committee that constructed the Block House as we know it today and successfully led the effort to install lights on the football field. The GCHS Board of Education named the athletic field after Mr. Lewis in memoriam. Mr. Lewis was also very involved in the greater Grant community, having served as a member of St. Bede's Knights of Columbus, St. Jude's League, Fox Lake Lions Club, Fox Lake Volunteer Fire Department, Lake County Firemen's Association and was a deputy for the Lake County Sheriff's Office for 21 years.

Donny Schmit graduated from GCHS in the Class of 1971. During his brief tenure at Grant, he was a student-athlete and lettered in football and wrestling. He went on to a successful career in in the trades, while treasuring the friendships he made during his senior year. He has been a pillar in the Fox Lake community for many years, as a Village Trustee, on the Planning Commission Board and currently in his fourth consecutive term as the Mayor of Fox Lake. During his tenure as mayor, he has been a tremendous supporter of Grant Community High School, attending academic, extracurricular and co-curricular events, hosting student interns for career exploration, incorporating student voice into the Village's strategic planning process, attending GCHS board meetings, and recognizing students, teams, sponsors and coaches for their accomplishments at Village board meetings. He has served in a variety of leadership positions for the Fox Lake Planning Commission Board, Lake County Municipal League, the Illinois Municipal League, the Stormwater Management Commission of Lake County, and Lake County Land Bank. He spent more than 25 years as a member of the Fox Lake Volunteer Fire Department, coached for the Lakeland Cardinals, and spent time as a Lions Club instructor for the blind bowling league. He is an active member and leader of his church, receiving the Christi Fidelis award from Cardinal George as volunteer of the year. He also gave of his own time and resources to make improvements to the Village of Fox Lake. He is a respected leader in our community and serves as an excellent role model for our students.

The family of Paul G. Lewis and Donny Schmit will take part in several homecoming activities, including a reception in their honor on September 18, 2025, an all-school pep assembly, the varsity football game, and the homecoming parade.

Please join us for the following homecoming activities to recognize our Hall of Fame recipients:

Thursday, September 18, 2025 – a reception will be held to honor the inductees in the auditorium lobby from 6:30 – 7:00 p.m. immediately followed by the Board of Education meeting in the auditorium to formally recognize the induction.

Friday, September 19, 2025 – the inductees will be recognized at an all-school pep assembly that begins at 12:30 p.m. in the fieldhouse and at the beginning of the varsity football game in the evening, and needs to report to the football field by 6:30 p.m.

Saturday, September 20, 2025 – the inductees will take part in leading the Homecoming Parade at 9:00 a.m. and should report to the student parking lot no later than 8:45 a.m.



BULLDOGS IN PARADISE

HOMECOMING 2025

Our “Bulldogs in Paradise” Homecoming week is approaching quickly! It’s a week jam-packed with dress-up days and events, during and after school. Hopefully, everyone can join in and show their Bulldog spirit between September 15th and September 20th!

The week will kick off on Monday with “Maui Monday.” Grab your best Hawaiian shirt and let’s get this tropical getaway started! From 7:40-9:25 AM, seniors will be out in the community painting windows of local businesses. Powderpuff players, juniors and seniors, will have practice from 4:00-6:00 PM. After school there are a lot of events students can participate in, including Dancing with the Dogs! This GCHS tradition is not something to miss. Sports teams, clubs, and friend groups work with members of the Dance program to create show-stopping performances and compete against other teams. The evening will also have a variety of raffles, prizes, and a special performance from GCHS alumni and staff! Not only is this an exciting way for us to kick off the week, but it also helps fund the Dance program’s competition season.

Tuesday is “Twin Tuesday.” Find your perfect pair and get your matching outfits ready! Powderpuff will practice from 4:00-6:00 PM. Tuesday is also the last day for seniors to vote for Homecoming Royalty!

Wednesday is “Wildlife Wednesday.” Get creative, but make sure your outfit does not include face masks. When classes are done, students are welcome to join us for our annual Block Party! Our Block Party, sponsored by the Bulldog Boosters and Student Class Councils, will take place between 3:30-5:00 PM outside the fieldhouse. This event is free to students and food, games, and face painting will be available. Following the Block Party, we will cheer on our Flag Football program as they battle against Round Lake. After their NLCC matchup, the Juniors and Seniors as they take the field for Powderpuff. The Powderpuff game will run from 7:30-9:00 PM.

On Thursday, dress for “Tourist Thursday”. Dress like tacky tourists—fanny packs, cameras, socks with sandals!

And of course, Friday is “Red & White”. Break out your best spirit wear! Wear as much spirit wear as you can! There will be a pep assembly during school to get everyone pumped up for the football games that night! The Homecoming Court will be announced before the Varsity game. Freshmen play at 4:45 PM and the Varsity game kicks off at 7:00 PM.

The fun doesn’t stop there! Our Homecoming parade starts at 9:00 AM on Saturday for the whole community to watch. If you would like to be in the parade, please fill out the [Parade Entry Form](#). There will also be building tours for alumni and community members starting at 10:30 AM. Later that night is the Homecoming dance from 7:00-10:00 PM.

Saturday evening the students of Grant look to celebrate victory with the Homecoming dance at 7:00 PM in the Fieldhouse. Students can purchase tickets to the dance at the school bookstore from 7:30 AM-3:00 PM starting on Monday, September 15. Tickets are \$15.00 per person. **PRIOR** to purchasing a ticket. Tickets **WILL NOT** be sold at the door. Anyone attending the dance should review the [Dance Policy and Dress Code](#).

With everything going on during the week, make sure you enjoy the fun! Any questions regarding Homecoming should be addressed to Ms. Kayla Radtke at kradtke@grantbulldogs.org.

District Receives Next Step Grant

Grant Community High School District 124 has been awarded \$5,000 from the Lake County Regional Office of Education Foundation through the new Next Step Grant program. This initiative was created to support public school students with unmet needs as they take their next step after high school.

The district will place the award into the Grant Foundation, which will determine the best way to use the funds to support students identified as having the greatest need. This funding will provide valuable resources to help our students successfully transition from high school to the next chapter of their lives.



Joel Finfer, Executive Director, Lake County Regional Office of Education Foundation (Left), presents Dr. Schmidt, Superintendent (Right) with Next Step Grant.

Two Bulldogs Unanimously Voted Into the Lake County High School Hall of Fame

We are thrilled to announce that Ryan Geist and Jonathan Wells, both distinguished Bulldogs, have been unanimously inducted into the Lake County High School Hall of Fame, an honor recognizing excellence in athletics and leadership.



2006 Grant Wrestling Team Takes 3rd Place at IHSA State Finals

Ryan Geist, the current Assistant Principal for Student Services, previously served as Grant's Head Wrestling Coach for 16 remarkable years. During his tenure, the wrestling program achieved an outstanding 337-64 dual meet record, captured 10 regional titles, three sectional titles, and reached the IHSA Team Dual State Finals five times, including a historic 3rd-place finish in 2006, Grant's first wrestling state trophy. Under his guidance, numerous athletes rose to prominence, including 2016 Olympian Daniel Dennis, two-time state champion and 2014 World Team member Jimmy Kennedy, and three-time IHSA champion Lee Munster. His legacy stands as the most successful era in any sport in GCHS history, and he is already a member of the Illinois Wrestling Coaches & Officials Association Hall of Fame.

Jonathan Wells, Class of 2014, distinguished himself as one of Grant's most exceptional Track & Field athletes. He earned four top placements at the state meet in both the High Jump and Long Jump, including three state championships (2013 High Jump; 2014 High Jump and Long Jump). In 2014, he represented the USA on the World Team and was a Junior National Champion. At the University of Illinois, Jonathan became a seven-time All-American in the High Jump, Long Jump, and Heptathlon, secured multiple Big Ten titles, and still holds the school records in both the High Jump and Heptathlon. He earned a bronze medal in the High Jump at the 2019 USATF Outdoor Championships, and capped his career competing in the 2021 US Olympic Trials.



Jonathan Wells Competing in the 2014 IHSA State Finals for High Jump

School Safety

Welcoming all to a safe, secure, and supportive environment is one of Grant Community High School District's ongoing goals. As part of that effort at the start of the new school year, this article is intended to communicate several safety-related matters.

- Grant Community High School is a secure campus. During regular school hours, all visitors must check in with the Safety Officer at our main entrance (Door #1). Each visitor must present a driver's license or a valid state identification card for a background screening. Visitors without appropriate identification will not be allowed into the building. Visitors who clear the background screening may be granted access to the building and will be provided with a visitor's badge that they must wear at all times while on school grounds. Visitors who do not clear the screening will meet with an administrator, School Resource Officer, or other school official. This layer of security complements other ongoing safety measures, including a team of safety officers, safety training for all staff, video surveillance, and electronic access-controlled doors.
- The school building opens for student access at 7:00 AM. From 7:40 AM – 3:10 PM all exterior doors are locked, and access is only available to visitors via the main entrance.
- Grant students are informed of expectations toward maintaining a secure campus. This information is provided to students in the student handbook. Grant Community High School is a closed campus, meaning students are not allowed to leave the building unsupervised. Students are prohibited from opening exterior doors to allow other students or visitors into the building.
- Beginning this school year, Grant Community High School will be utilizing The I Love You Guys Foundation, Standard Response Protocol, and Standard Reunification Method as a part of our Emergency Management plan. These nationally recognized emergency response protocols provide Grant with standardized response strategies necessary to successfully utilize the incident command structure, ensuring effective communication with assisting agencies.
- In the event of an emergency event causing a significant disruption on the Grant Community High School campus, or in the event a reunification is necessary at school or in an alternative location, parents will be notified through Skylert and provided information about the emergency situation. For this reason, it is important your contact information is accurate and up-to-date. Changes may be requested by you directly through Skyward, or you may contact the school at (847) 587-2561.
- A Skylert emergency alert test was performed on August 19 at 5:00 PM. If you did not receive a call or email, please contact the Main Office at (847) 576-2561 and share updated contact information.
- Brian Mullen is in his second year as the Director of Safety and Security. Brian brings the experience he gained after an established career in law enforcement, where he worked extensively with both private and public schools, helping develop emergency preparedness plans. Mullen most recently managed the public safety department for a local health care system for three hospitals in Northern Illinois.



If you have any questions or concerns, please contact the school.



If you plan on attending the 2025 Football season, please keep the following information in mind:

- All CURRENT Grant students will be admitted to games for FREE. Students must show their 2025-2026 school ID for free admission.
- Outside food and drink, backpacks, noise makers, signs, flags, and athletic equipment (balls) are not allowed.
- All students younger than a Freshman must be accompanied by an adult.
- There is no re-entry.

GRANT ARTIST SPOTLIGHT



After a short break, our Spotlight Artist series is back! Each month, the Grant Art Department comes together to recognize a student whose creativity, effort, and passion deserve to be celebrated. This feature is our way of shining a light on the incredible talent within our halls and giving our community a chance to see the unique voices of our young artists.

Artist Statement—Fiona Carlson

I love art because it's one of the easiest ways to express yourself and show the world who you are. Art can be made any way you want, using any materials while applying any ideas that interest you. Art gives you a voice. It's complete freedom to show others what can be done. By the end of my senior year, I will have taken every art class Grant has offered. From freshman to junior year, I have taken Intro to Art, Drawing, Painting, and Ceramics 1 & 2, along with Digital Art & Illustration. As a senior this year, I will be taking AP Art, Digital Design, Digital Photo, and Sculpture.

Taking art classes at Grant, it allowed me the opportunity to meet new people that share the same love for art as I have. This group of individuals allowed me to find who I am and allowed me to learn different art styles. This has helped me fall further in love with art. My favorite memory from my art classes is how comfortable I have felt in the classroom and how easy it is to be myself. Anytime I step into any of the art classes, I feel confident knowing each of my teachers have my back and will make sure I will always find my own path to success. I strongly recommend anyone interested in art to take the wide variety of art classes offered at Grant. The teachers are amazing and incredibly supportive.

The Intro to Art class offers you many ways to find your own medium to pursue your art journey. After Grant, I'm planning on attending college for both Art and Psychology with possibly adding a minor in Secondary Education. The Grant Art Department helped me find a path that feels right for me and gave me the confidence to be successful. The teachers helped me to fall in love with the colors, styles and the many different mediums of art.

EDUCATOR OF THE YEAR

2024-2025

Paige Gruber
Lori Lev - Runner-Up



A continuum of special education services exists through Grant Community High School. This includes the opportunity for a comprehensive case study evaluation when appropriate. Parents/guardians have the right to receive a copy of 23 Ill. Admin. Code Part 226 and “A Parents’ Guide- The Educational Rights of Students with Disabilities.”

Students with disabilities who do not qualify for an individualized education program under the federal

Individuals with Disabilities Education Act, may qualify for services under Section 504 of the federal Rehabilitation Act of 1973 if the student (1) has a physical or mental impairment that substantially limits one or more major life activities, (2) has a record of a physical or mental impairment, or (3) is regarded as having a physical or mental impairment.

Requests or inquiries should be directed to a student’s counselor of record.

The Student Online Personal Protection Act, or SOPPA, is the data privacy law that regulates student data collection and use by schools, the Illinois State Board of Education, and District #124 vendors.

On August 23, 2019, Illinois Governor J.B. Pritzker signed into law a new version of SOPPA that gives parents/guardians greater control over student data. Among the changes is a new requirement to enact breach notifications that are available to the public. SOPPA will also require Illinois school districts to provide additional guarantees that student data is protected when collected and that data is used for beneficial purposes only. The law is effective on July 1, 2021.

District #124 values your child's privacy and strives to ensure that parents/guardians are aware of what web-based tools and applications that are being used for educational purposes. A list of all District #124 approved web-based tools, written agreements with operators, and a list of data elements shared can be found on our [D124 Data Privacy Agreements](#) webpage.

Parents/guardians have the right to inspect, review, and correct information maintained by the school, operator, and the Illinois State Board of Education. All requests should be directed to the Director of Technology by using the following email address: soppa.request@grantbulldogs.org.

For more information about SOPPA, visit our [SOPPA resources page](#).

SOPPA
SECURING OUR STUDENTS' FUTURE



Bulldogs on Staff



Madison Carver

We are excited to introduce Madison Carver as the newest addition to our English Department! After graduating from Wauconda High School, Maddie attended Waldorf University, where she earned both a Bachelor of Science and a Bachelor of Arts in Secondary Education and English. This year, Maddie will be teaching freshman English classes and serving as an assistant coach for the Girls Basketball program. A fun fact: Maddie went to State for 3-point shooting during her freshman year - a perfect tie-in to both roles she is taking on at Grant! Welcome to the Bulldog family, Maddie!

We are excited to introduce Zach Gaidar as the newest addition to our Special Education Department! After graduating from Warren Township High School, Zach attended Western Illinois University for his Bachelor's degree and National Louis University for his Master's degree. Prior to joining Grant, Zach spent time working at Antioch Upper Grade School, Lakes Community High School, and Cyd Lash Academy, where he helped students achieve their goals and grow into lifelong learners. This year, Zach will be working with freshmen English students, and he is looking forward to "making students' experiences as memorable as [his] high school days." Welcome to the Bulldog family, Zach!



Zach Gaidar



Addie Kehres

We are excited to introduce Addie Kehres as the newest addition to our Special Education Department! After graduating from Columbus Grove High School, Addie attended the University of Findlay, where she earned her Bachelor's degree. Prior to joining Grant, she spent eight years working in the Ohio education system and will now serve as an Intervention Specialist in our Learning Opportunities Program. Her goal for this year is to "create a classroom environment that makes a lasting impact on [her] students." With a personal and deep connection to Special Education, Addie is committed to making her students' high school experience a positive one. Welcome to the Bulldog family, Addie!

We are excited to introduce Emily McGovern as the newest addition to our Music Department! After graduating from Wauconda High School, Emily attended the University of Illinois Urbana-Champaign, where she earned her Bachelor's in Music Education. This year, Emily will serve as our Band Director, and she is excited to "build relationships with staff and students" and to make band and the Ultimate Playlist class "an enriching and meaningful experience for everyone!" With her love and passion for music, we know she will make a lasting impact on our music students. Welcome to the Bulldog family, Emily!



Emily McGovern



Kevin Savage

We are excited to introduce Kevin Savage as the newest addition to our Health & Wellness Department! After graduating from Grant (Class of 2009!), Kevin earned his Bachelor's in Education from North Central College, followed by a Health endorsement from Northern Illinois University and a Driver's Education endorsement from the University of St. Francis. He has taught at Gavin School District 37 and Round Lake High School District 116. This year, Kevin will serve as a Strength & Conditioning and Driver's Education teacher. Passionate about sports and education, he is excited to "work in the state-of-the-art weight room and utilize it to help all of our students gain power, strength, and speed." Welcome back to the Bulldog family, Kevin!

Continues on page 11...

Continued from page 10...



Gavin Smyth

We are excited to introduce Gavin Smyth as our newest addition to the Student Services team! After graduating from McHenry Community High School, Gavin earned his Bachelor's from Judson University and his Master's from Concordia University. This year, he will serve as the School Counselor for students with last names A-COQ. Gavin's goal for his first year is to get to know all of the students on his caseload and create a space where they feel comfortable, welcome, and supported. Guided by his educational philosophy of "educate not just to inform, but to transform," he is committed to helping students reach their fullest potential. Welcome to the Bulldog family, Gavin!

We are excited to welcome Jessie Maloney as a Job Coach in our Transition Program! Jessie graduated from Antioch Community High School and is currently earning her degree through Western Illinois University. She brings experience from the Alexander Leigh Center for Autism and is excited to support students as they build independence and prepare for life beyond high school. Welcome to the Bulldog family, Jessie!



Jessie Maloney



Calista Warmowski

We are excited to welcome Calista Warmowski as a Job Coach in our Transition Program! After graduating from Grant (Class of 2019!), Calista earned her Bachelor's degree from Monmouth College. Before joining the Transition Program, she was actively coaching within our Softball and Girls Volleyball programs. Calista entered education because she enjoys "helping young adults become successful in the real world" and looks forward to helping students "discover their unique strengths and envision a future they may not have realized was possible." Welcome back to the Bulldog family, Calista!

We are excited to welcome Elizabeth Melgoza as the new Administrative Assistant to Student Services! Elizabeth graduated from Wheeling High School and is currently working toward her degree at the College of Lake County. This year, she is most looking forward to "forming strong connections with students and their families, making sure they feel valued and supported — especially members of our Spanish-speaking community." Welcome to the Bulldog family, Elizabeth!



Elizabeth Melgoza



Alicia Zalapi

We are excited to welcome Alicia Zalapi as the newest School Psychologist in our Student Services team! Alicia graduated from Warren Township High School and earned her Master's Plus degree from the Chicago School of Professional Psychology. Before joining Grant, she worked at Antioch Upper Grade School. This year, she looks forward to collaborating with our teachers and Special Education team to provide the best support for our students and staff. Welcome to the Bulldog family, Alicia!

Continues on page 12...



Tom Evans

We are excited to welcome Tom Evans as our newest Lead Safety Officer on our Safety & Security team! Tom graduated from Round Lake High School and proudly served as a Military Policeman in the Army before spending 24 years as a Police Officer with the Libertyville Police Department. Joining Grant continues a family tradition — his wife works here, and both of his children are GCHS graduates! Tom looks forward to building a strong Safety Team and forming lasting friendships within the Bulldog community. Welcome to the Bulldog family, Tom!

To start his fourth year at GCHS, Michael Schneider is transitioning out of the classroom and into the role of Assistant Director of Activities & Athletics. His goals for this year include finding new and innovative ways to make activities and athletics a memorable experience for our students. With his experience coaching baseball for 14 years, he understands the important role extra-curricular activities play in students' lives. We are excited to have him in this position and wish him a great school year!



Michael Schneider



Ellen Skolar

To start her 21st year at GCHS, Ellen Skolar is transitioning from the Music Department and into the role of Divisional Administrator. In this position, she will oversee the following departments: Art, Business, Driver's Education, Family & Consumer Sciences, Health & Wellness, Music, Technology Education, and World Languages. Her goals for this year include learning as much as possible about what the educators in her departments do and what they need in order to help set our students up for success, within the walls of Grant and beyond. While it is a big change to go from a classroom teacher to administrator, Ellen is looking forward to supporting students and staff on a larger scale. Her passion for education and dedication to fostering growth will undoubtedly make her first year in this new role a successful one.

To start her fourth year at GCHS, Ali Wilhelm is moving out of the Student Services Office and into her new role as Administrative Assistant to the Principal! Her goals this year include gaining a deeper understanding of school operations and focusing on the details that help students feel part of the Bulldog family. After previously working in Student Services, she is excited to connect more widely with staff and students across the building. We are excited to see her thrive in this new role.



Ali Wilhelm

HEY BULLDOGS!

WE NEED PROOF OF YOUR MENINGOCOCCAL VACCINE & SCHOOL PHYSICALS

MENINGOCOCCAL VACCINE IS KNOWN AS MCV, MCV4, MENACTRA, OR MENVEO

FRESHMEN

➡ If you have not turned in your school physical yet, please do so ASAP. Any student not in compliance with the physical and/or immunization requirements will be excluded from school beginning October 15 until the correct information is submitted to the Health Office.

SENIORS

➡ Students must receive two doses of the Meningococcal vaccine. The second dose must occur on or after the 16th birthday. Only one dose is required if the first dose was received at age 16 or older.



Questions? Concerns?

Contact the Health Office at (847) 973-3452/3453.
Email proof to HealthOffice@grantbulldogs.org
or fax to (847) 587-1088.

7 Back-to-School Tips for Parent & Teens

Heading back to school can be an anticipated time for teens. From shopping for that first-day outfit to organizing those new school supplies, to catching up with friends, there is a lot to be excited about. But for some teens, starting a new school year can cause stress and anxiety. The unknowns—new classes, new teachers, or even transitioning to a new school—can be intimidating and frightening. As a parent, you can help calm their anxiety. We've prepared a toolkit of back-to-school tips that can help the whole family adjust to the new school year with less stress and more excitement.

Here are seven evidence-based back-to-school tips for 2024 that will support both teens and parents.

1. Create a routine to reduce stress during the school year.

Establishing structure and routine is an essential part of back-to-school preparation. After summer vacation, it can be difficult to adjust to a schedule, particularly for teens who have been up late at night and [staying in bed all day](#). To ease your teen in to the schedule change, start establishing structure before the first day of school. Begin shifting to earlier bed times and wakeup times to get the circadian rhythm back on track. The week before school, consider planning some early morning [family activities](#). If your meal schedule has been topsy-turvy, get back to a more regular routine, with earlier breakfasts. Your teen may be slow to adjust, but they will thank you when that “first day” alarm goes off.

2. Help your teen develop healthy coping strategies.

Without healthy coping mechanisms, teens can let stress and anxiety get the best of them. And when anxiety takes over, teens can make poor choices, such as skipping school, acting out, or substance use. An EdWeek Research Center [survey](#) of more than 1000 high school students found that anxiety fell just below physical illness and bad weather as the top reason high school students missed school. Hence, it's important to let your teen know that stress and worry are a part of life, but avoidance and poor behavior are not solutions. Supplying your teen with [healthy coping strategies](#) will not only give them tools to overcome the anxiety of a new school year, but strategies they can apply to overcome future obstacles.

Healthy coping strategies to manage teen stress and anxiety:

- Find the positive in any situation
- Take a 10-minute walk outside
- Call a friend
- Journal
- Put on your favorite music playlist
- Exercise

3. Focus on the positive.

Looking at the positives of a situation can help teens feel better about any situation. While it's important to avoid [toxic positivity](#), paying attention to the good things in life helps build resilience, according to [research](#). In [one study](#), people who wrote lists of things they were grateful for had higher levels of well-being. Ask your teen to share three things that went well each day during the first week of school. They may also want to talk about the not-so-good things, and that's okay. Validate what didn't go well, and encourage them to also recognize the positives.

4. Practice breathing exercises to reduce anxiety.

Using the breath is a back-to-school tip for teens that they can activate at any moment, and experience immediate positive effects. Research shows that breath awareness is one of the most effective and accessible tools for self-regulation and calming the nervous system. Breathing slowly, while we focus on each inhale and exhale, activates the

Continues on page 14...

Continued from page 13...

parasympathetic nervous system (the “rest and digest” or “calm and connect” system). Therefore, the sympathetic nervous system (the “fight, flight or freeze” system) takes a step back. Hence, the breath can be a powerful vehicle for carrying us through challenging emotions and situations. For teens, that might be a math test, sports practice, a music recital, a first date, or a confrontation with peers.

A Breathing Practice to Reduce School Stress

Doing this practice once a day, or whenever they feel anxious, can be a helpful back-to-school tip for kids of any age. For teens who have social anxiety that is triggered at school, it may be helpful to use conscious breathing several times throughout the day.

1. Sit comfortably in a chair, with your feet on the floor and hands in your lap.
2. Inhale slowly through the nose for a count of four, allowing the air to fill your belly.
3. Hold the breath in for a count of four.
4. Exhale slowly through the mouth for a count of four.
5. As you breathe, visualize a healing blue or white light washing over your body. Finally, hold the breath for a count of four.
6. Repeat the sequence for four minutes.
7. Ideally, repeat the exercise for four minutes, four times a day.
8. Consequently, practicing Square Breathing several times daily will help teens become calmer and more relaxed.

5. Change the way you think about stress.

Families are busy, and the school year will likely bring a new set of stressors. The question is: Can we look at stress in a new, more positive way? Stress can serve as inspiration and fuel to help us get things done. [A Harvard study](#) found that people who viewed stress as a motivation for better performance did better on tests and managed their stress better than those who tried to ignore their stress. However, it’s essential to take “stress breaks” — times when you consciously relax and release tension throughout the day. One of the best back-to-school tips for parents is do these practices alongside their teens. The whole family can take a stress break together, and each individual family member can come up with their own preferred ways to de-stress.

6. Open communication with your teen is key.

During the busy school year, real communication can fall by the wayside. It’s hard enough to keep each other updated on the logistics, not to mention having meaningful conversations. An ongoing, meaningful connection between kids and parents is one of the most powerful factors in supporting teen mental and physical health. When talking with your teen, it’s helpful to pay attention to their nonverbal communication, as well as what they say. Sometimes they can’t express in words all of the emotions that lie beneath. Pay close attention not only to the content of a conversation, but also to your teen’s body language and tone. Help them feel heard, understood, and that their feelings are validated.

Adapted from: <https://www.newportacademy.com/resources/empowering-teens/back-school-strategies/>



Bulldog Alumni Spotlight:

Daniel Dennis & Ryan Noda

Ryan Noda Gets Called Up to the Big Leagues

We are proud to celebrate Grant Community High School alumnus Ryan Noda, Class of 2014, who has been called up to play for the Chicago White Sox! Ryan's journey from the fields of Grant to the Major Leagues is an incredible accomplishment and a source of pride for the entire Bulldog community. His dedication, hard work, and love for the game have carried him to the highest level of baseball, and we can't wait to cheer him on as he

takes the field in a White Sox uniform. Congratulations, Ryan! Once a Bulldog, always a Bulldog.



Ryan Noda, making the putout at first on Marcus Semien of the Rangers. (Photo by Tim Heitman/Getty Images)



Daniel Dennis at the Dan Gable Hall of Fame Induction Ceremony (Photo via Hawkeye Wrestling Club Facebook Page)

Daniel Dennis Honored in the Dan Gable Hall of Fame

Congratulations to Daniel Dennis, Class of 2005, on his induction into the Dan Gable Hall of Fame! A standout wrestler during his time at Grant and beyond, Daniel's career is marked by hard work, perseverance, and excellence on the mat. His recognition in the Hall of Fame is a testament to his dedication to the sport and the impact he has made in the wrestling community. We are proud to call him a Bulldog alum and celebrate this incredible honor with him.



Partnering for Teen Safety



GCHS is proud to continue its partnership with the Lake County Health Department to protect students from the risks of drug and alcohol use. Together, we provide resources and empower teens to make healthy, informed choices.

Parents play a critical role in prevention. Research shows it's more effective to have 60 one-minute conversations with your child than one long 60-minute talk. Frequent, open conversations help teens feel supported and better prepared to make safe decisions.

We're also inviting students to join our Youth Advisory Council—a chance to share their voices, create impactful campaigns, and develop leadership skills. Interested students should be on the lookout for a sign up link on their TEAM Schoology page.

Thank you for partnering with us to keep our school community safe and healthy!

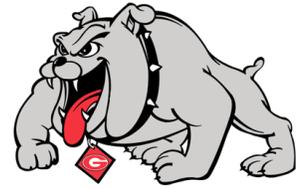
For more information, please contact the following people:

Amanda Bilbrey - Health Educator (abilbrey@grantbulldogs.org)

Tisha Eisenmenger - Drug and Alcohol Counselor (teisenmenger@grantbulldogs.org)

Paul Bravo - Lake County Health Department (PBravo2@lakecountyil.gov)

HONOR ROLL



Grade 9

Anthony Adame
Isabela Adelizzi
Kaylee Albovias
Camila Alvarez
Natalie Alvarez Lopez
Evey Aragon
Joaquin Argueta
Ash Avers
Inyakee Josh Bactol
Chase Beake
Andrew Berger
Haylie Blake
Nathan Booth
Dylan Bornhorst
Joshua Bowker
Emma Bradford
Gera Buchanan
Jacob Bychowski
America Camacho
Addison Capko
Benjamin Cappert
Stella Capulong
Jasmyn Catalan Barrera
Angela Christensen
Madison Clack
Lily Contreras
Reagan Croteau
Addyson Czerwinski

Madeline Danca
Naomi Davis
Isabella Depner
Paden Domek
Abigail Domke
Jasmine Dowell
Andrzej Dyczewski
Shawn Dzierzynski
Kaitlyn Edwards
Liam Elich
Sienna Enters
Matthew Esparza
Chloe Evans
Jacob Fetter
Isaac Fierro
Chatham Gehring
Sophia Gonzalez
Steben Gonzalez Aguirre
Payton Govea
Alexander Grimes
Alexandra Grotowski
Cayden Gullifor
Sydney Halliday
Perry Hansen
Jax Hartmann
Alexa Haskins
Sara Hawkins
Daniel Hayes

Kaitlin Herrmann
Addison Ironside
Leah Jackson
Lorebella Jensen
Madison Jewett
Piper Johnson
Aspen Johnson
Ethan Justen
Jasmine Khaira
Lillian Knapp
Nicole Kubiak
Robert LaMantia
Cali Laskowski
Alexandra Leonce
Sydney Lescher
Teagan Lord
Madison Lunardi
Brody Lyons
Evelyn Maggiore
Cora Martens
Isabella Martinez
Madelyn McCart
Johnathan McCollom
Caelyn McDaniel
Jillian McKenzie
Isaac Meiselwitz
Jasen Melton
Christian Menendez

Ryan Miller
Ruby Moll
Jaime Moreno
Matthew Muldowney
Brady Myatt
Sebastian Negron Cruz
Madalyn Oakes
Abreianna Ange Oso
Michelle Paddock
Alyssa Bianca Panares
Venitzya Pena
Katey Pineda
James Plescia
Michael Potempa
Carson Provost
Payton Pruski
Calvin Ramirez
Sophia Raube
Jocelyn Reda
Nathaniel Reimer
Jorge Rendon-Urbina
Maria Rizon
Ace Rodabaugh
Athena Roman
Mia Rossi
Michelangelo Sampson
Jesus Sanchez
Jashanpreet Sandhu

Sukhmanpreet Sandhu
Camdyn Schultz
Jacob Sherman
Mikella Silva
Kelsie Simmons
Kanwalnain Singh
Eric Smith
Ashlyn Soutar
Teagan Statfield
Brooke Stewart
Mia Stollings
Colton Swanson
Andrew Tadewald
Isabelle Tancun
Sophia Tellez
Melrose Tucibat-Townsend
Caleb Wagner
Tyler Wahls
Iris Weisheit
Kaden Williams
Andrew Wirth
Noah Wright
Christopher Zander
Braden Zeller

Grade 10

Zofiya Rae Abadilla
Alexander Acosta
Alexander Albiter
Brianna Andrade
Kimberly Andrade-Ceja
Grace Ano
McKenna Arnold
Samantha Astorino
Viridiana Barcenás
Cameron Barr
Daniel Benitez
Abilane Bermudez
Jordynn Bernicchi
Kayli Brook
Ashlyn Bryant
Natalia Cabrero
Camila Cano
Dominick Carlisi
Kaitlyn Carpenter
Jeylen Catalan
Cameron Chavez
Bartek Chruppek
Sophie Connealy
Nathanael Contreras-Loek
Emma Corbett
Cole Couture
Ena Cranmer
Kaylee Cruz
Alexandra Cruz
Kaylee Cuellar
Katherine Danca

Nolan Davis
Andrew DeRose
Caroline DeYoung
Sophie Dollinger
Matthew Escatel
Connor Evans
Olivia Farley
Zen Felipe
Ryan Fitzgerald
Thomas Franklin
Carrera Frazier-Ortegel
Garrett Fries
Alexis Fulghum
Edwin Garcia
Kobe Garcia
Emily Garcia
Kahrsten Geary
Michael Gebhardt
Gianna Gentile
Nicholas Goyes
Andrew Grill
Avery Hamilton
Abbigale Hamner
Nicholas Hansen
Brooke Harvey
Alexa Haut
Steve Herrera
Jadyn Herron
Evan Hogan-Dighero
Aubrey Hopkins
Ericka Hopkins

Alexander Horbatenko
Emily Horbus
Kaniah Howard
Joshua Huerta
Anamaria Jasinski
Leon Jiron
Elijah Johnson
Neelah Johnson
Evan Johnson
Lukas Jonota
Kaitlyn Kelly
Nathan Kempf
Isabella Kloss
Kian Korach
Madison Kozak
Elsie Kramer
Emily Kunzer
Madilynn Ladewig
Michael Lamz
Amanda Lay
Cassidy Ledger
Isaac Lee
Madeline Levandowski
Chloe Lewkowicz
Sianna Lorenzo
Ariana Maldonado
Ryleigh Marshall-Kwasny
Chase Martin
Benjamin Martin
Abigail Martinez
Keni Massey

Mia Mata
Reese Mateja
Carter McCleery
Lily McCollom
Emily McCormick
James Meeks
Justin Liam Morales
Chase Muir
Kyle Neuber
Erioluwa Obisesan
Riley OGrady
Kathleen Olsen
Keeleigh Olson
Karis Packard
Liam Paquette
Valeria Perez
Zendrea Pfau
Emma Pflugradt
Aliyah Phachan
Izabela Podgorski
Elisa Portilla Dehn
Andy Rendon-Urbina
Ava Renn
Charlie Renn
Myla Reyes
Derrick Rios
Emily Roach
Brandon Rodriguez
Gabrielle Saavedra
Caylah Sanchez
Kara Scanlon

Piotr Schab
Elaina Schiller
Everett Schneider
Evan Sigler
Hayden Silverberg
Audrey Simcoe
Colton Skinner
Maria Soto Valdes
Ava Spectre
Ava Stohr
Alysse Sutschek
Isabelle Swanson
Charles Swiderski
Kailee Tao
Sophia Taylor
Cole Tellez
William Teplan
Leah Terryberry
Ava Timm
Sophia Trinidad
Ashlynn Unruh
Evelyn Vasey
Kateryna Velychenko
Penelope Von Bargaen
Ethan Weiher
Sarah Whitson
Ajani Williams
Livia Yaras
Brianna Zeiger

Grade 11

| | | | | | |
|---------------------------|----------------------|-----------------------|----------------------|-----------------------|---------------------|
| Ramzi Abdelhak | Gianna Deacon | Kyle Hobson | Averie Martin | Joseph Reiner | Annabelle Smith |
| Estrella Allen | Desiree Dickson | Matthew Honeywell | Lesly Martinez Ruiz | Mallory Rich | Addison Smith |
| Conner Altergott | Berit Diedrick | Brooke Horn | Kyle McDonough | Emily Riley | Damarrion Smith |
| Sarah Alvarez | Caley Dionne | Amelie Hosler | Maddox Meade | Erik Rodriguez | Stacy Smith |
| Sophia Anzelmo | John Dollinger | Caleigh Houdek | Jayden Medina | Tyler Roepke | Jameson Soco |
| Natalie Araujo | Marissa Dominguez | Jaslene Huerta | Madison Mesmer | Ava Roth | Ravi Soni |
| Samantha Archuleta | Isabelle Ellington | Jacob Hughes | Gavin Meyer | Nicole Sak | Sohan Soni |
| David Ascencio | Mariam Eshaba | Tristan Huizar | Logan Miller | Angela Nicole Salamat | Abigail Sovsky |
| Alexa Barahona | Sofia Esparza | Julianna Janicki | Ailani Mora | Sarah Schmidt | Makayla Spence |
| Ashlyn Bartlett | Natalia Fafrowicz | Jiada Jefferson | Cole Munaretto | Hayden Schmidt | Logan Swanson |
| Kaitlyn Bartlett | Gavin Farley | Destiny Jenkins | Gainele Muntu | Madeline Schneider | Landon Terryberry |
| Elizabeth Becerra | Krysteanna Feliciano | Ryan Kadlec | Raelynn Murillo | Shane Schuelke | Logan Terryberry |
| Johnathan Beller | Ethan Fessi | MaKayla Kamanda | Raylani Nano | Baylie Schultz | Caitlyn Thomanson |
| Gavin Belletynee | Jackson Findley | Cael Kelley | Erin Neiweem | Emma Schuster | Allison Thomas |
| Gabriella Bendinelli | Adaly Flores | Cameron King | Aaliyah Ocampo | Makary Sekulich | Reece Timm |
| Patrik Bene | Myles Foreman | Polina Kolosova | Emeri Oliver | Kolton Selders | Madison Tomassetti |
| Cody Berg | Jayden Gil | Joanna Kowal | Areli Ortiz | Alessandra Serrano | Elyanna Torres |
| Ashley Jacel Calaunan | Matthew Gipson | Cade Kozeniewski | Vani Patel | Camila Serrano | Addison Ullrich |
| Sierra Campbell | Dianey Granados | Ana Larson | Cole Pemberton | Julianne Shanahan | Jorge Vazquez-Reyes |
| Fiona Carlson | Madison Guild | Lance Ioannes Lavajo | Vanessa Pendell | Michael Shulha | Leah Wagner |
| Christian Castillo | Cole Guild | Gavin Lawrence | Jay Pole | Lairek Shulman | Alyxandria Walker |
| Ryan Caulder | Ava Guzman | Sophie Lechuk | Diego Popoca | Spencer Sica | Natalee Whitson |
| Imanol Cervantes Valdivia | Maxwell Haas | Micky Li | Kaidan Quarnstrom | Alyssa Siong | Raniyah Winters |
| Mya Clark | Isaiah Haque | Vic Lin | Lawrence Quirk | Carli Sipe | Alivia Wisniowicz |
| Zachary Collins | Grayce Haschak | Sarah Lobont | Eros Dave Rabor | Isabella Sison | Chloey Wolff |
| Kahlen Davis | Ethan Henney | Jared Lopez | Eric Ramirez Miranda | Aiden Skindingsrude | Jacob Zaleski |
| Miami De La Rosa | Linna Hidrogo | Lilianna Ludford King | Isabella Raube | Logan Sledzik | Cayden Zeller |
| | Caden Hitzler | Emma Malak | Jeffrey Reda | Sabelle Slightam | Elijah Zerbe |

Grade 12

| | | | | |
|--------------------------|---------------------|------------------------|-----------------------|---------------------|
| Kerrie Adams | Allison Dulany | Angela Jones | Larson Morrow | Olivia Smith |
| Ciana Addison | Jareli Duque | Jibril Juneau | Angelle Motino | Faith Sobyra |
| Xiomara Agripino | Ryne Dzierzynski | Camryn Kempf | Taiseer Mumin | Evan Soco |
| Annabelle Alonzo | Colin Edwards | JuZha Kiatoukaysy | Carlos Negron Cruz | Nathan Sosnowski |
| Jiratchaya Arunkittiporn | Landon Enters | Hailey Kissinger | Colin Noordyke | Cole Sparkman |
| Kyleah Baker | Madelyne Escobedo | Meghan Klipstein | Aduragbemi Obisesan | MacKenzie Statfield |
| Stacey Banegas | Aliyah Evans | Logan Knuth | Aubrey OMara | Kyle Stigler |
| Gael Barcenas | Payton Evans | Nicholas Kouimelis | Keira Parmley | Sophia Strine |
| Alyxys Barillas | Christian Faria | Piper Krueger | Grace Szczeny | Kevin Patel |
| Reagan Barr | Lily Ferguson | Katelyn Lantz-Werner | Noah Patrick | Amelia Szopinski |
| Bradley Belletynee | Tyler Fleming | Jirah Gabrielle Lanzar | Noelle Patrick | Andrea Szopinski |
| Heith Berryman | Anthony Fornero | Rayna Lapointe | Nicole Pawlus | Anabelle Taylor |
| Maximilian Bishop | Kelsey Franz | Cameron Lazansky | Rio Prayogga | Jasmine Tellez |
| Ashley Biundo | Tate Frazier | Hayley Leanes | Anahi Prieto | Benjamin Thier |
| Allison Bolisay | Madeline Fredendall | Matthew LeClear | Sydney Pulaski | Angelina Vavalle |
| Kaci Brooks-Ross | K'Amore Gadson | Oliver Lee | Ashley Quinn | Mauricio Vega |
| Dylan Burke | Taylor Glover | Arizona Lessner | Andrew Rabe | Alfredo Vela |
| Shayan Butt | Cassidy Graham | Hannah Levine | Antonio Rangel | Lauren Verde |
| Abel Cage | Braylon Gray | Xavior-Ray Liles | Sallan Rangel | Michael Villagomez |
| Liliana Calenda | William Grooms | Yahir Lopez | Lenin Rebolledo | Joanna Von Hoene |
| Lily Capulong | Hannah Gwate | Brianne Lopez | Kamryn Richter | Lukas Wahl |
| Francesca Causgrove | Zachery Hahnlein | Brianna Lund | Addison Robanske | Taylor Walker |
| Isabella Chirinos | Abby Hamm | Riley Lyons | Brooke Roberts | Matthew Warmowski |
| Kevin Christesen | Kelyn Harmer | William Macmillan | Christian Ross | Katherine Waugh |
| Devin Chrusniak | Micah Hartman | Ella Malak | Jenna Russo | Evan Weisheit |
| Jacob Chrzastowski | Jayne Hartmann | Ravel Mann | Sydney Sampson | Kaya Williams |
| Dakota Cleaver | Abigail Hauschild | Amber Martin | Oswaldo Sanchez | Autumn Wisniowicz |
| Samantha Collins | Linnea Hauser | Natalia Martin | Israel Sanumi | Karah Wiswald |
| Kendell Cook | Lea Hawkins | Angela Grace Martinez | Cooper Schiller | Brandon Wolkowitz |
| Caimin Corbett | Malia Henriot | Ryann Mateja | Aaron Schultz | Jake Woods |
| Riley Daniele | Samantha Hernandez | Tanner Matthews | Haley Schuster | Janelle Wornyo |
| Melanie Davila | Gabriel Hernandez | Casey McCleery | Karlo Serrano | Zachary Wyton |
| Nikolas Dayment | Madeline Hurley | Kathleen McKee | Hunter Seymour | Chase Zeman |
| Ava Delgadillo | Gavin Hutchinson | Payton McRae | Jessa Sherman | Briseis Tequeira |
| Etta Diedrick | Jadyn Johnson | Uzziel Medina | Angaddeep Shoker | |
| Olivia Dippong | Abigail Johnson | Arielle Mitchell | Leandro Silva-Quesada | |
| Brianna Dittmer | Anastasia Johnston | Andy Montoya | Simranpreet Singh | |



GCHS Hardhat Update



This summer, we saw several exciting updates across campus to improve facilities for students, staff, and the community. From

classroom renovations to athletic upgrades, each project was designed with student success and experience in mind.

Tennis Courts

One of the largest projects of the summer was the complete removal and installation of our tennis courts, including new fencing and pavements. After more than 15 years, the courts were ready for a major refresh—the old surface had begun to heave in some areas. Now, with a brand-new red surface replacing the former green, our student-athletes have a safe, high-quality space to train and compete.



Renovated Tennis Courts

Life Skills Classroom



New Life Skills Classroom

A highlight of this summer’s construction is the creation of our new Life Skills classroom, a program designed to provide students with a functional, hands-on curriculum that prepares them for greater independence beyond high school. The redesigned space includes a kitchenette, washer and dryer, and an updated bathroom—features that give students the opportunity to practice daily living skills in a supportive environment. As our Director of Special Education shared, this program “offers students opportunities to build practical skills in a

supportive environment, helping them develop confidence and essential skills for adulthood.” The renovations ensure students have the tools and environment they need to prepare for life beyond high school.

Other Campus Upgrades

Additional improvements were completed throughout the building and grounds to enhance both safety and functionality. The second floor Green Hall received updated, modern furniture designed for collaborative and 21st-century learning. All parking lots were seal-coated and striped, and a new traffic signal was installed to improve traffic flow and safety. On the athletic side, our Technology Department installed camera systems at the baseball and softball fields, complete with streaming capabilities that are ready to go.

Student Directory Information

Military

As part of federal legislation, schools are required to release directory information for all students as requested by military recruiters. Student Directory Information includes the student’s name, address, and phone number. Parents have the right to request that this information not be disclosed without written consent. If a parent wishes not to disclose directory information about their student, direct a written or email request to awhilelm@grantbulldogs.org by **October 3, 2025**. **There is no reason for you to give a written or email request for your student if you already have done so.** The written or email request will remain on file for the remainder of the student’s high school career.

Public & Local Use

Parents/guardians who wish to restrict the use of their student’s directory information (name, image, etc.) in District publications and communication tools must complete the [GCHS District 124 Student Image & Information Opt-Out Form](#) for the 2025–2026 school year. **This form must be submitted to the Main Office annually.** The form allows families to request that their child’s image not be used in electronic, video, or print materials, with limited exceptions such as public events/performances and the school yearbook (unless otherwise indicated). Please note that the District cannot control images taken by outside individuals or organizations.

Process for Reporting of Sexual Assault

On-Campus Reports

If a student reports an instance of a sexual assault that occurred on campus, parents are immediately notified, as well as the police/authorities and our Students Services Team (SST). While our SST members legally cannot discuss specific details about the accusation, they work to support the student involved and address the trauma associated with the accusation. Police take on the role of notifying the advocacy center for the victim to set up an interview to protect the integrity of the investigation. In Illinois, when there is an allegation of child sexual abuse or severe physical abuse, children are referred to a local Child Advocacy Center (CAC). There, an interview is conducted in a child-friendly environment by a trained professional who knows the right questions to ask in a way that does not re-traumatize the child. If the alleged sexual assault occurred on campus or at a school-sponsored event, the District would consult and coordinate with local law enforcement. The district's own internal investigation can not interfere with an ongoing criminal investigation. If the authorities can prove misconduct took place on school grounds or at a school-sponsored event, consequences are issued at a school level and in accordance with District 124 policies and procedures. GCHS always has and will continue to adhere to all court orders and any legal rulings affecting the students involved.

Off-Campus Reports

When students report instances of sexual assault occurring off campus, the police/authorities are notified immediately, and an interview is set up with the advocacy center. In Illinois, when there is an allegation of child sexual abuse or severe physical abuse, children are referred to a local Child Advocacy Center (CAC). There, an interview is conducted in a child-friendly environment by a trained professional who knows the right questions to ask in a way that does not re-traumatize the child. When reports of sexual violence are made, our SST members are available to support students, connect students with community resources, and provide supports and options for students to consider while the criminal investigation is ongoing, including a modified school day, modified schedule, etc. All students do have equal access to public education, and all individuals are presumed innocent until proven guilty. The District will strictly adhere to court orders and any legal rulings affecting the students involved.

Additional Resources for Students

To help bridge the gap of trust and support for our students, we have a standing partnership with the Zacharias Sexual Abuse Center (ZCenter). ZCenter seeks to provide quality, comprehensive, client-centered services to survivors of sexual assault and abuse. Students needing additional support outside of SST, can reach out to their Red Team members for more information or visit zcenter.org to connect with a Zacharias member. In addition, we are always willing to change schedules, provide tutoring, set up safe routes, allow students to leave class early, etc., and to provide other support to the student while cases are pending.

Law Enforcement Non-Emergency Lines:

Fox Lake Police Department: 847-587-3100
Lake Villa Police Department: 847-356-6106
Lakemoor Police Department: 815-385-4111
Round Lake Police Department: 847-546-8112
Round Lake Heights
Police Department: 847-546-9704

Round Lake Beach Police Department: 847-270-9111
Spring Grove Police Department: 815-338-2145
Lake County Sheriff's Office, serves unincorporated areas:
Business Hours: 847-377-4000
Non-Business Hours: 847-377-4188

1 While the investigative process is consistent in every situation, consequences may differ depending on the outcome of each individual investigation.

Grant Community High School District 124 is committed to providing an educational environment free of verbal, physical, or other conduct or communications constituting harassment based on sex as defined and otherwise prohibited by state and federal law. As stated in School Board Policy 7:20 (Harassment of Students Prohibited) and School Board Policy 2:265 (Title IX Sexual Harassment Grievance Procedure), students are encouraged to report claims or incidences of bullying, intimidation, harassment, sexual harassment, or any other prohibited conduct to the Nondiscrimination Coordinator, Principal, Assistant Principals, Deans, a Complaint Manager, or any staff member with whom the student is comfortable speaking. GCHS also complies with Erin's Law (Illinois Public Act 097-1147) by providing sexual abuse prevention education for all students enrolled in Health classes.

Bulldog Happenings

FCCLA Nationals



McKenna Arnold at FCCLA Nationals.

Congratulations to McKenna Arnold for representing Grant Community High School at the FCCLA National Conference in Orlando, Florida! Competing in the Career Investigation event, McKenna earned a spot in the top 20 in the nation, showcasing her dedication, skill, and hard work. Her achievement highlights the talent and

commitment of our students on a national stage, and we are proud to celebrate her success as a Bulldog.

Back to School Night



Families engaged in Back to School Night activities.

Back to School Night was a wonderful opportunity for parents and guardians to connect with their students' teachers and experience the school day firsthand. Families had the chance to walk their student's schedule, step into classrooms, and learn more

about the curriculum and expectations for the year ahead.

The evening fostered meaningful connections between home and school, setting the stage for a strong partnership. We are excited to continue building on this collaboration and look forward to a positive and successful school year together.

Marching Bulldogs Celebrate Strong Start



Marching Bulldogs at summer camp. (Photo via Emily McGovern, Band Director)

The Marching Bulldogs kicked off their season with an incredible summer of growth and success. During rehearsals and band camp, the group made impressive strides in both performance and teamwork. Highlights include 100% of section

leaders passing their memorization tests before camp wrapped up, a well-received family performance at the end of camp, and daily community and team-building activities that brought the band closer together.

With this strong start, the Marching Bulldogs are ready to bring energy, precision, and spirit to every performance this season. They'll take the field in competition on September 14 and October 11 - mark your calendars and come cheer them on!



Marching Bulldogs perform at 4th of July parade. (Photo via Emily McGovern, Band Director)



Upcoming Testing Opportunities in October

PSAT/NMSQT

The Preliminary SAT/National Merit Scholarship Qualifying Test (PSAT/NMSQT®) is a part of the SAT® Suite of Assessments and is typically taken by students in grade 11. Structured similarly to the SAT, the PSAT/NMSQT measures the same knowledge and skills your child needs to succeed in college and career. When they take the PSAT/NMSQT and get their scores, your teen can discover more opportunities than ever before toward their post-high school goals. Grant Community High School will be proctoring the NMSQT on Saturday, October 11, 2025. Please sign up by September 26 to ensure your student's spot using this link: <https://forms.gle/mKFM9hhRy59Jas1U9>.

ACT

The ACT is a standardized college admissions test that measures a student's skills in English, Math, Reading, and Science, with an optional Writing test. Grant Community High School will be hosting an Optional ACT National Test on Saturday, October 18, 2025. To sign up, have your student login to their [MYACT.org](https://myact.org) account.



Academic Lab Resources

| SUBJECT AREA | LOCATIONS | HOURS OF OPERATION |
|-------------------|------------------------|--|
| Art | 108 | TEAM |
| EL | 279 | TEAM |
| English | 241 | Period 1, TEAM, Periods 3-11 |
| French | 292 | TEAM |
| Health & Wellness | Gymnasium | TEAM |
| Math | 157 163 (TEAM only) | Period 1, TEAM, Periods 3-11 Mondays & Wednesdays 3:15-4:05 PM Tuesdays & Thursdays 7:00-7:35 AM |
| Music | 143 | TEAM |
| Science | 187 | TEAM |
| Social Studies | 241 | TEAM |
| Spanish | 290 | TEAM |
| Testing Center | Library | Period 1, TEAM, Periods 3-11 |

ALL-YOU-CAN-EAT

Spaghetti



ONLY
\$5

OCTOBER 9
4:00-8:00 PM
SEE A CHEERLEADER FOR TICKETS!

RAFFLE PRIZES, GIFT CARDS, 50/50
CASH RAFFLE, & NOTHING BUNDT CAKE



GCHS CHEER PROGRAM

Grant Community High School Presents

THE NEVERENDING STORY

Show Dates:

Friday, November 21st 7 pm

Saturday, November 22nd 7 pm

Sunday, November 23rd 2 pm

Tickets go on sale November 3rd www.grantbulldogs.org



The creeping emptiness known only as the Nothing is devouring their world, and the mighty Childlike Empress is fading. Her only hope lies with a human child, a quest she entrusts to a young, reluctant warrior: Atreyu. But this isn't just Atreyu's story; it's also the tale of Bastian Balthazar Bux, a shy, bullied boy who escapes into the pages of a mysterious book. As Bastian reads, he discovers he's not just an observer, but an integral part of Atreyu's perilous journey.

Adapted by David S. Craig from Michael Ende's beloved novel, *The NeverEnding Story* (Atreyu and the Great Quest) bursts onto the stage as a vibrant, imaginative spectacle that will ignite the imaginations of a new generation while sparking joyful nostalgia for another!

For those who grew up in the 80s and 90s, prepare for a rush of memories (and trauma) as iconic moments spring to life: witness the majestic luckdragon Falkor soar, brave the treacherous Swamps of Sadness with Artax, and confront the enigmatic Gmork, all while avoiding the oncoming storm of THE NOTHING.

Join Atreyu on a breathtaking quest through a world of fantastical creatures and impossible challenges, as he seeks the cure for the Empress and battles against the encroaching despair. Meanwhile, Bastian, initially a passive reader, finds himself increasingly drawn into the unfolding drama, grappling with the incredible realization that his own choices are shaping Fantastica's destiny.

This isn't just a play; it's a thrilling exploration of courage, imagination, and the profound connection between stories and our own lives. Will Atreyu succeed? Will Bastian find the strength to become the hero Fantastica desperately needs? Step into the world where dreams take flight and discover the magic that truly never ends!

Grant's production of David S. Craig's *The NeverEnding Story* opens Friday, November 21, curtain opens at 7:00 PM. Tickets are \$7.00 for adults and \$5.00 for children and GCHS Students. Our second show is on Saturday, November 22, at 7:00 PM, and closes on Sunday, November 23, at 2:00 PM. Be sure to follow us on Instagram:

[@grant_theatre](https://www.instagram.com/grant_theatre).



Working together to create success for your student.

Parent University is a series of workshops and events designed to support parents, guardians, and caregivers. Pre-registration is encouraged but not required. RSVP by completing our [Parent University Registration Form](#).

Most events run from 6:30 - 8:30 p.m. A reminder Skyward message will be emailed to parents the week before the event. Any available recordings and resources can be found on the [Parent University](#) webpage on the GCHS website. This year, we are hosting a special series of Social Emotional Learning sessions for parents and caregivers to support the emotional health of their students. Parents and caregivers are encouraged to attend all or drop in for a single event.

September 10, 2025 - Roadmap to your Future: SchoolLinks, College 101, and Financial Aid- 6:30 - 8:00 p.m.

September 25, 2025 - Parent/ Guardian Support Group - 6:30 to 8:00 p.m.

October 15, 2025 - Collaborative Conversations on Career Paths - 6:30 to 8:30 p.m.

November 5, 2025 - Advanced Placement and Dual Credit Night - 6:30 to 8:30 p.m.

November 6, 2025 - Parent/ Guardian Support Group - 6:30 to 8:00 p.m.

December 10, 2025 - Mental Health Awareness - 6:30 to 8:30 p.m.



FOLLOW ON SPOTIFY OR YOUTUBE FOR STORIES ABOUT OUR BULLDOG COMMUNITY



Connect with GCHS



Grant Community High School District 124



Grant HS Bulldogs



Grant Community High School



Grant Bulldogs



Keep It Red



TEAM LIVE

TEAM Live is back! Every Friday we are bringing announcements straight to your TEAM room beginning at 8:40 AM. If you ever miss a [TEAM Live](#) or are looking for more information, check out our [Announcements](#).



KEEP IT RED



It may be a new year, but the message remains the same: Bulldogs Keep It RED! At the start of every school year, we roll out several lessons that teach our Bulldogs what it means to Keep It RED, how they can earn/redeem Bulldog Bucks, and what are expected student behaviors. At Grant, we have built a culture around being respectful, engaged, and dependable (RED). We expect our students to display those three characteristics in all areas of the school and while representing Grant. These expectations go further than our building and will most likely follow you your entire life. To aid in the understanding and development of these attributes, our PBIS Committee has implemented strategies and programs that make Grant a great place for students to thrive.

In addition to these lessons, we are in the middle of our Be On Time Challenge. This challenge pushes students to exhibit RED behaviors by showing up to their classes on time. By showing up to class on time, they are respectful of academic time, can be fully engaged in the curriculum, and are seen as dependable students to all. For this challenge, we are offering an ice cream party to the grade level with the lowest amount of tardies, as well as Bulldog Cup Points. Along with the grade level prize, all students with zero tardies will be entered into a raffle to win Homecoming tickets. This challenge is running through September 4 so keep an eye out for an announcement soon regarding our winners!

Throughout the year, we will highlight students and staff who are Keeping It RED through our X account, [@KeepingItRED](#). Make sure to follow us for updates!



BULLDOG BUCK WINNERS



RED Zone

BULLDOG REWARDS

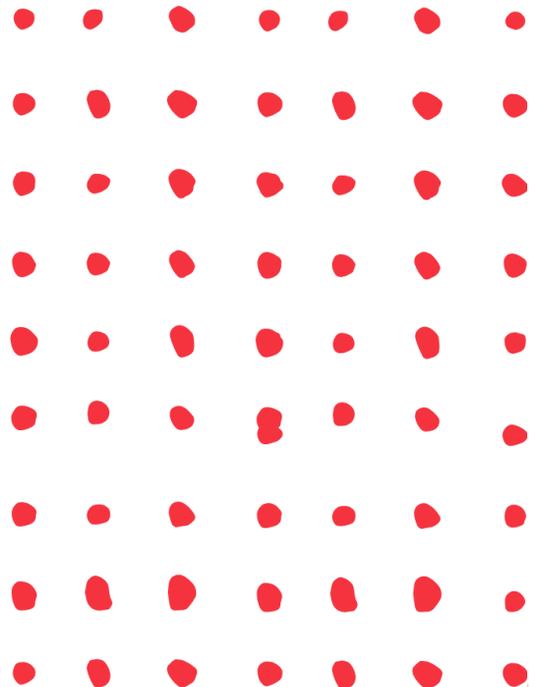
How do I switch out my study hall for access to the RED Zone?

- Stay academically on-track for graduation
- Be in attendance for at least 90% of school days
- Have three or fewer behavioral incidents (detentions, referrals to the Dean's Office, etc.)

What rewards are part of the RED Zone?

- More time to utilize academic resource labs
- Use the library for a quiet study or collaborative group work area
- Enjoy the new Bulldog Cafe located in the Auditorium lobby

Student grades, attendance records, and behavioral referrals are checked every quarter for an up-to-date list of **Senior students** who qualify for the RED Zone.



September

C

Sept. 1

Labor Day, Legal School Holiday

Sept. 3

School Improvement Meeting, 9:25 AM Flex Time Start

Sept. 10

School Improvement Meeting, 9:25 AM Flex Time Start

A

Parent University: College 101, Financial Aid, SchooLinks,
& Tech Campus

Sept. 12

Progress Report

Sept. 15

Dancing with the Dogs

Sept. 17

School Improvement Meeting, 9:25 AM Flex Time Start

L

Homecoming Block Party & Powderpuff Game

Sept. 18

Hall of Fame Induction Ceremony

Board of Education Meeting

Sept. 19

Homecoming Football Game

E

Sept. 20

Homecoming Parade & Dance

Sept. 24

School Improvement Meeting, 9:25 AM Flex Time Start

Sept. 25

Parent University: Parent/Guardian Support Group

October

N

Oct. 1

School Improvement Meeting, 9:25 AM Flex Time Start

Oct. 8

School Improvement Meeting, 9:25 AM Flex Time Start

Oct. 9

Cheer Spaghetti Dinner

Oct. 10

Institute Day, No Student Attendance

D

Oct. 13

Columbus Day, Legal School Holiday

Oct. 14

NMSQT Testing

Oct. 15

School Improvement Meeting, 9:25 AM Flex Time Start

Parent University: Collaborative Conversations on
Career Paths

A

Oct. 16

Progress Report

Board of Education Meeting

Oct. 22

School Improvement Meeting, 9:25 AM Flex Time Start

Oct. 23

Parent-Teacher-Student Conferences, 5:00-8:00 PM

Oct. 24

Parent-Teacher-Student Conferences, 8:00-11:00 AM

R

No Student Attendance

Oct. 29

School Improvement Meeting, 9:25 AM Flex Time Start



Grant Community High School District 124



CALENDAR

2025

2026

Aug. 6 Freshmen Orientation
 Aug. 11, 12 Institute Days, No Student Attendance
 Aug. 13 1st Day of Student Attendance
 Aug. 20, 27 School Improvement 9:25am Flex Time Start
 Aug. 26 Back to School Night

 Sept. 1 Labor Day, Legal School Holiday
 Sept. 3, 10, 17, 24 School Improvement 9:25am Flex Time Start
 Sept. 12 Progress Report
 Sept. 19 Homecoming

 Oct. 1, 8, 15, 22, 29 School Improvement Meetings, 9:25am Flex Time Start
 Oct. 10 Institute Day, No Student Attendance
 Oct. 13 Columbus Day, Legal School Holiday
 Oct. 14 PreACT Testing
 Oct. 16 Progress Report
 Oct. 23 Parent/Teacher Conferences, 5:00 to 8:00 pm
 Oct. 24 Parent/Teacher Conf., 8:00am-Noon, No Student Attend.

 Nov. 5, 12, 19 School Improvement 9:25am Flex Time Start
 Nov. 17 Progress Report
 Nov. 26, 27, 28 Thanksgiving Recess, No School

 Dec. 3, 10 School Improvement 9:25am Flex Time Start
 Dec. 17, 18, 19 Semester Exams
 Dec. 22 - Jan 2 Winter Break

Jan. 5 School Resumes, 2nd Semester Begins
 Jan. 7, 14, 21, 28 School Improvement 9:25am Flex Time Start
 Jan. 19 Martin Luther King Jr.'s Birthday, Legal School Holiday

 Feb. 4, 11, 18, 25 School Improvement 9:25am Flex Time Start
 Feb. 5 Progress Report
 Feb. 13 Institute Day, No Student Attendance
 Feb. 16 Presidents' Day Observed, No School

 Mar. 4, 11, 18 School Improvement 9:25am Flex Time Start
 Mar 12 Progress Report
 Mar. 23-27 Spring Break

 Apr. 1, 8, 15, 22, 29 School Improvement 9:25am Flex Time Start
 Apr. 3 No School
 Apr. 7 ACT Testing
 Apr. 22 Progress Report

 May 1 Prom, 1:35pm Early Release
 May 6 & 13 School Improvement 9:25am Flex Time Start
 May 12, 13 Senior Final Exams
 May 15 Graduation Practice, 1:35pm Early Release
 May 17 Graduation
 May 20, 21, 22 Freshmen, Sophomore, Junior Final Exams
 May 25 Memorial Day
 May 26, 27, 28, 29, Jun 1 - Emergency Days, if necessary

◇ Freshmen Orientation

★ First Day of School

○ Parent/Teacher Conf.

✗ No Student Attendance

△ Flex Time Start-9:25am

□ End of Semester

☀ Graduation

| August '25 | | | | | | | September '25 | | | | | | | October '25 | | | | | | | November '25 | | | | | | | December '25 | | | | | | | | | | | | | |
|-------------|----|----|---|----|----|----|---------------|----|----|----|----|----|----|-------------|----|----|----|----|----|----|--------------|----|----|----|----|----|----|--------------|----|----|----|----|----|----|----|----|----|----|----|----|---|
| Su | M | Tu | W | Th | F | Sa | Su | M | Tu | W | Th | F | Sa | Su | M | Tu | W | Th | F | Sa | Su | M | Tu | W | Th | F | Sa | Su | M | Tu | W | Th | F | Sa | | | | | | | |
| | | | | | 1 | 2 | | | ✗ | 2 | △ | 3 | 4 | 5 | 6 | | | | | | | △ | 2 | 3 | 4 | | | | | | | 1 | | 1 | 2 | △ | 3 | 4 | 5 | 6 | |
| 3 | 4 | 5 | △ | 6 | 7 | 8 | 9 | 7 | 8 | 9 | △ | 10 | 11 | 12 | 13 | 5 | 6 | 7 | △ | 8 | 9 | ✗ | 11 | 2 | 3 | 4 | △ | 5 | 6 | 7 | 8 | 7 | 8 | 9 | △ | 10 | 11 | 12 | 13 | | |
| 10 | ✗ | ✗ | ✗ | ✗ | 14 | 15 | 16 | 14 | 15 | 16 | △ | 17 | 18 | 19 | 20 | 12 | ✗ | 14 | △ | 15 | 16 | 17 | 18 | 9 | 10 | 11 | △ | 12 | 13 | 14 | 15 | 14 | 15 | 16 | △ | 17 | 18 | 19 | 20 | | |
| 17 | 18 | 19 | △ | 20 | 21 | 22 | 23 | 21 | 22 | 23 | △ | 24 | 25 | 26 | 27 | 19 | 20 | 21 | △ | 22 | 23 | ✗ | 25 | 16 | 17 | 18 | △ | 19 | 20 | 21 | 22 | 21 | ✗ | ✗ | ✗ | ✗ | ✗ | ✗ | 26 | 27 | |
| 24 | 25 | 26 | △ | 27 | 28 | 29 | 30 | 28 | 29 | 30 | | | | | 26 | 27 | 28 | △ | 29 | 30 | 31 | 23 | 24 | 25 | ✗ | ✗ | ✗ | 29 | 28 | ✗ | ✗ | ✗ | | | | | | | | | |
| 31 | | | | | | | | | | | | | | | | | | | | | 30 | | | | | | | | | | | | | | | | | | | | |
| January '26 | | | | | | | February '26 | | | | | | | March '26 | | | | | | | April '26 | | | | | | | May '26 | | | | | | | | | | | | | |
| Su | M | Tu | W | Th | F | Sa | Su | M | Tu | W | Th | F | Sa | Su | M | Tu | W | Th | F | Sa | Su | M | Tu | W | Th | F | Sa | Su | M | Tu | W | Th | F | Sa | | | | | | | |
| | | | | | ✗ | ✗ | 3 | 1 | 2 | 3 | △ | 4 | 5 | 6 | 7 | 1 | 2 | 3 | △ | 4 | 5 | 6 | 7 | | | | | | | 1 | 2 | ✗ | 4 | | | | | | | 1 | 2 |
| 4 | 5 | 6 | △ | 7 | 8 | 9 | 10 | 8 | 9 | 10 | △ | 11 | 12 | ✗ | 14 | 8 | 9 | 10 | △ | 11 | 12 | 13 | 14 | 5 | 6 | 7 | △ | 8 | 9 | 10 | 11 | 3 | 4 | 5 | △ | 6 | 7 | 8 | 9 | | |
| 11 | 12 | 13 | △ | 14 | 15 | 16 | 17 | 15 | ✗ | 17 | △ | 18 | 19 | 20 | 21 | 15 | 16 | 17 | △ | 18 | 19 | 20 | 21 | 12 | 13 | 14 | △ | 15 | 16 | 17 | 18 | 10 | 11 | 12 | △ | 13 | 14 | 15 | 16 | | |
| 18 | ✗ | 20 | △ | 21 | 22 | 23 | 24 | 22 | 23 | 24 | △ | 25 | 26 | 27 | 28 | 22 | ✗ | ✗ | ✗ | ✗ | ✗ | ✗ | 28 | 19 | 20 | 21 | △ | 22 | 23 | 24 | 25 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | | | |
| 25 | 26 | 27 | △ | 28 | 29 | 30 | 31 | 22 | 23 | 24 | △ | 25 | 26 | 27 | 28 | 29 | 30 | 31 | | | | | 19 | 20 | 21 | △ | 22 | 23 | 24 | 25 | 24 | ✗ | 26 | 27 | 28 | 29 | 30 | | | | |
| | | | | | | | | | | | | | | | | | | | | | 26 | 27 | 28 | △ | 29 | 30 | 31 | 1 | | | | | | | | | | | | | |

Calendar is subject to revision
Updated: 07/21/2025