



SEPTEMBER 2025

TASTY

HEALTHY

FUN

VARIETY

BALANCED

Name of the menu : Twin Cities International Lunch Menu

Grade : K-8 Grades

Meal Pattern : NSLP

Meal : Lunch

	Monday, 9/1/2025	Tuesday, 9/2/2025	Wednesday, 9/3/2025	Thursday, 9/4/2025	Friday, 9/5/2025			
Week VI HOT MEAL	Classic Hamburger WG Bun , Pickles & Ketchup Baby Carrots & Dip Fruit Cup & Choice Milk Woohoo! Special Chips Day! Baked Cheetos	Premium Chicken Nuggets Mix or Match Sauce Buffalo & Ranch Sauce Steamed Green Beans WG Dinner Roll Fresh Orange & Choice Milk	Beef Burrito Bowl Seasoned Beef, Taco Rice Fill the bowl with Shred Lettuce, Cheese & Salsa Refried Beans & Cheese (Cheese served separately) Banana & Choice Milk	Chicken Tender Wrap Chicken Tenders, WG Tortilla, Ranch, Shred Lettuce & Shred Cheese Steamed Corn Watermelon Cubes Choice Milk	Fresh Baked Pan Pizza Greens Salad & Dressing Fresh Cut Apple Wedges Choice Milk			
	Week I HOT MEAL	Roasted Chicken Drumstick CKC Baked Beans Celery Sticks Fruit Cup WG Roll & Choice Milk	French Bread Potato Smiles w/ Ketchup Fresh Orange Choice Milk Yahoo! Special Treat Day! Brownie Chocolate Chip Cookie	Roasted Sliced Beef on Flatbread Sliced Beef, Lime Slaw & Swiss Cheese on Flatbread Salad Greens & Dressing Banana Choice Milk	Asian Chicken Ramen Bowl Sesame Chicken on Brothless Ramen Noodles w/ Shred Carrots & Cabbage Crisp Broccoli w/ Dip Watermelon Cubes Choice Milk	Fresh Baked Pizza Slice Baby Carrots Fresh Cut Apple Wedges Choice Milk		
		Week II HOT MEAL	Twin Faes Day Chicken Nuggets w/ Ketchup Penne Pasta w/ Cheese Steamed Green Beans Fruit Cup & Choice Milk	Cheeseburger WG Bun, Cheese Slice & Ketchup Baby Carrots & Dip Fresh Orange Choice Milk	Pocorn Chicken Bowl Popcorn Chicken w/ Ketchup Mashed Potatoes Sliced Cucumbers WG Roll, Banana & Choice Milk	Beef Taco Seasoned Beef Taco, WG Tortilla Fill the taco with Shred Lettuce, Shred Cheddar Cheese & Mild Salsa Cheesy Refried Beans Watermelon Cubes & Choice Milk	Fresh Baked Pizza Slice Paired with Chopped Italian Salad Fresh Cut Apple Wedges Choice Milk Hooray! Special Chips Day! Cool Ranch Doritos	
			Week III HOT MEAL	Spicy Chicken Patty Sandwich WG Bun & Ketchup CKC Baked Beans Carrot Slims Fruit Cup & Choice Milk	Brunch Lunch French Toast Sticks w/ Syrup Baby Carrots w/ Dip Fresh Orange Choice Milk	Beef Taco Roll-up w/ Hot Sauce Steamed Corn Banana Choice Milk Yahoo! Special Chips Day! Nacho Cheese Doritos	Sweet & Sour Chicken Steamed Seasoned Rice Steamed Broccoli Watermelon Cubes Choice Milk	Fresh Baked Pizza Slice Salad Greens & Dressing Fresh Cut Apple Wedges Choice Milk
				Week IV HOT MEAL	Crispy Chicken Tenders Ketchup Carrot Slims & Dip Fruit Cup & Choice Milk Yahoo! Special Chips Day! Flamas	Classic Hamburger Bun, Pickles & Ketchup Potato Smiles Steamed Mixed Veggies Fresh Orange & Choice Milk		

Skim & 1% milk served daily.

This menu uses WG products and 100% full-strength juices in all featured places. Check page 2 to know more about what goes into our menus and to take a peek at the upcoming menu plan.

This menu is 100% pork-free.



WHAT GOES INTO OUR MENUS?

All bread /bread products /chips /tortillas /pastas listed in the menu are whole grain products.

All rice dishes /rice products are made of whole grain brown rice.

All juices listed in the menu are 100% full-strength fruit Juice.

(Menu Subject to Change)

OCTOBER 2025

		TASTY	HEALTHY	FUN	VARIETY	BALANCED	
		Wednesday, 10/1/2025		Thursday, 10/2/2025		Friday, 10/3/2025	
Week IV HOT MEAL			Max Cheez Breadsticks Ranch Dip & Warm Red Sauce Sliced Cucumbers & Dip Banana Choice Milk	Pulled Chicken Taco Seasoned Pulled Chicken Taco served with WG Tortilla, Shred Lettuce, Shred Cheddar Cheese & Crema Seasoned Black Beans Watermelon Cubes & Choice Milk	Fresh Baked Pizza Slice Caesar Salad (Romaine, Croutons, Cheese & Caesar Dressing) Fresh Cut Apple Wedges Choice Milk		
	Monday, 10/6/2025		Tuesday, 10/7/2025		Wednesday, 10/8/2025		Thursday, 10/9/2025
	Week V HOT MEAL	Mandarin Orange Chicken Veggie Fried Rice Celery Sticks, Carrots & Dip Fruit Cup Choice Milk	Pizza Crunchers Ranch & Red Sauce Mixed Sauce Salad Greens & Dressing Fresh Orange Choice Milk	Hot Honey Chicken Drumstick Chicken Drumstick infused with Sweet & Heat sauce WG Roll Mashed Potatoes Banana & Choice Milk	Fun Mini Beef Taco-Trio w/ Hot Sauce Pinto Beans Cucumbers Watermelon Cubes & Choice Milk Hooray! Special Treat Day! Confetti Cookie	Fresh Baked Pizza Slice Crisp Broccoli Florets Carrot Slims Fresh Cut Apple Wedges Choice Milk	