School Wellness Plan 2025-2026

School Way Café

School Name: New Smyrna Beach High School

Principal's Name or Person Responsible for Plan: Annette Pezza ext.: 38539

Each school must have a wellness plan and a point of contact (this person cannot be a School Way Café employee). **Please provide your point of contact and extension if different than above**: _____

Your school website must contain a link to the Volusia County Schools Wellness Policy.

If your school is not already a "Team Nutrition" school, we encourage your school to become one. For information, visit www.fns.usda.gov/tn/.

The district's wellness policy encourages nutrition education curriculum programs and to provide opportunities for physical activities. The policy also recommends using rewards and incentives that are not food-related and limiting sweet treats for refreshments and parties.

Part I: **Goals -** List your school's wellness goals for the upcoming school year on in Part I this form and e-mail it to School Way Café schoolwaycafe@groups.volusia.k12.fl.us and a copy to your Area Superintendent by **September 19, 2025.** See attached Wellness Tool Kit for ideas to use for your wellness plan.

Part II: **Evaluation –** At the end of the school year, evaluate the results of your school's wellness goals and complete Part II of this form. E-mail a copy to School Way Café schoolwaycafe@groups.volusia.k12.fl.us and a copy to your Area Superintendent by **May 29, 2026**.

Note: Documentation is required to validate completion of your goals.

Part I – Complete by September 19, 2025	**Part II - Complete by May 29, 2026**
Goals for 2025-2026	Implementation Evaluation
Educate students about the dangers of recreational/performance enhancing drugs and hang informational posters in relevant areas. Concentration on vaping dangers.	☐ **Goal was successfully implemented.** ☐ **Goal was partially implemented.** *Comments:* ☐ **Goal was not implemented this school year.** *Comments*: ☐ Documentation is available at school site and easily accessible for audit.

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Part I – Complete by September 19, 2025	**Part II - Complete by May 29, 2026**
Goals for 2025-2026	Implementation Evaluation
Share health and wellness information with parents through school newsletter/email	☐ **Goal was successfully implemented.** ☐ **Goal was partially implemented.** *Comments:* ☐ **Goal was not implemented this school year.** *Comments*: ☐ Documentation is available at school site and easily accessible for audit.
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