BREAKFAST

Week One	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast Juice	Apple Juice	Blackcurrant Squash	Cranberry Juice	Orange Squash	Apple Juice	Lemon Squash	Orange Squash
Hot Items	bacon Boiled eggs Baked beans Hash Browns Waffles and mixed berries	Butchers sausages scrambled eggs Sauté potatoes Grilled tomato Pancakes, Maple syrup, chocolate sauce	bacon poached eggs Sauté Mushrooms hash browns Freshly baked croissants	Butchers sausage Boiled egg Grilled tomato baked beans Blueberry muffin	Fried eggs Hash brown Vegetable sausages Sauté mushrooms Freshly baked croissant with chocolate	Butchers' sausages Scrambled eggs Grilled tomato Sauté potatoes waffles and mixed berries	**Brunch** sausage/ bacon eggs Baked beans mushrooms grilled tomatoes hash browns Freshly baked Croissants
Daily Breakfast Items	**Porridge station** Cereal bar Yoghurt station Toast, bagels, crumpets & preserves	**Porridge station** Cereal bar Yoghurt station Toast, bagels, crumpets & preserves	**Porridge station** Cereal bar Yoghurt station Toast, bagels, crumpets & preserves	**Porridge station** Cereal bar Yoghurt station Toast, bagels, crumpets & preserves	**Porridge station** Cereal bar Yoghurt station Toast, bagels, crumpets & preserves	**Porridge station** Cereal bar Yoghurt station Toast, bagels, crumpets & preserves	**Porridge station** Cereal bar Yoghurt station Toast, bagels, crumpets & preserves
Fruit	A selection of seasonal fruits	A selection of seasonal fruits	A selection of seasonal fruits	A selection of seasonal fruits	A selection of seasonal fruits	A selection of seasonal fruits	A selection of seasonal fruits

LUNCH WEEK 1

Week One	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Soup	Vegan hot & sour soup	Soup "Parmentier" (leek & potato)	Soup of the Day	Chicken and gnocchi soup	Mushroom and watercress	**xxxxxxxx**	B R U N C H
Main	Sweet and Sour pork	Chicken breast "coq au vin"	Gammon Slow cooked in Cola	Pasta Bolognaise	Battered chip shop Fish	Beef Lasagne	
Vegetarian/ vegan	Vegetable Chow Mein (rice noodle)	Blue cheese and caramelised onion tart	Vegetarian Shephard's Pie	Vegan meatballs Arrabiata sauce	Vegan burger	Butternut squash and red pepper risotto	
Street food	Vegetable spring roll And special fried rice Sweet chilli dipping sauce	Langos flatbread	English Breakfast Burritos	Tuna Melt	Fish finger and chips butty	xxxxxxxxxx	
On the side	Vegetable rice Garlic Broccoli Asian slaw Prawn crackers	Mash potato Roasted Mediterranean vegetable Green beans	Roasted New potato Steamed Carrots Creamed leeks/spinach	Penne Pasta Parmesan cheese Garlic bread Roasted courgette Sauteed garlic mushrooms	Chips Garden peas Baked Beans Homemade tartare sauce Curry sauce Lemon wedges Batter scraps Pickled onions	Tomato and mozzarella caprese House salad Green beans	
Jacket potato & Pasta Bar	Baked beans Cheddar cheese	Baked beans Cheddar cheese	Baked beans Cheddar cheese	Baked beans Cheddar cheese	Baked beans Cheddar cheese	Cheddar cheese	
	Tomato sauce	Tomato sauce	Tomato sauce	Tomato sauce	Tomato sauce	Pasta & sauce	
Chefs sandwich selection	Daily wraps	Daily wraps	Daily wraps	Daily wraps	Daily wraps	xxxxx	
Dessert	Jelly	"Tatin cake"	Hot Pear crumble slice	Tiramisu cake	Assorted Cakes	Raspberry ripple roll	
Daily	Seasonal fruit & yoghurt pots	Seasonal fruit & yoghurt pots	Seasonal fruit & yoghurt pots	Seasonal fruit & yoghurt pots	Seasonal fruit & yoghurt pots	Seasonal fruit & yoghurt Pots	

LUNCH WEEK 2

Week Two	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Soup	Mexican lentils soup	Spinach soup	Soup of the Day	Sweet potato and chickpea soup	Broccoli and cheddar cheese soup	xxxxxxxx	BRUNCH
Main	Beef chili	Katsu curry Chicken	Toad in the hole	Chicken Tikka	Golden fishcake	Chicken Fajitas	
Vegetarian/ vegan	Vegetables and beans quesadillas	Teriyaki Tofu	Vegetable strudel	Grilled halloumi, fennel and orange salad bowl	Crispy battered Halloumi	Courgette fritters	
Street food	Veggie loaded nachos	Onion bhaji burger	Roast turkey Bap, Cranberry sauce, stuffing, roast potato	Moroccan lamb Tajine pot and flatbread	Dirty Fries	xxxxxxx	
On the side	Steamed rice Cucumber salad Pea/Sweetcorn Bread stick	Jasmine Rice Warm Edamame beans salad Japanese slaw	Thyme roasted potatoes Carrots & parsnips Steamed savoy cabbage Gravy	Pilaf rice Roasted squash Roasted cauliflower Naan bread	Chips Garden peas Baked beans Homemade tartare sauce Curry sauce Lemon wedges Battered scraps Pickled onions	Spiced potato wedges Guacamole Pico de gallo Corn on the cob	
Roasted roots & Pasta Bar	Baked beans Cheddar cheese	Baked beans Cheddar cheese	Baked beans Cheddar cheese	Baked beans Cheddar cheese	Baked beans Cheddar cheese	Cheddar cheese	
	Tomato sauce Oils & seeds	Tomato sauce Oils & seeds	Tomato sauce Oils & seeds	Tomato sauce Oils & seeds	Tomato sauce Oils & seeds	Pasta & sauce	
Chefs sandwich selection	Daily wraps	Daily wraps	Daily wraps	Daily Wraps	Daily Wraps	xxxxx	
Dessert	cheesecake	Ginger cake	jelly	flapjack	dessert selection	cookie	
Daily	Seasonal fruit & yoghurt pots	Seasonal fruit & yoghurt pots	Seasonal fruit & yoghurt pots	Seasonal fruit & yoghurt pots	Seasonal fruit & yoghurt pots		

LUNCH WEEK 3

Week Three	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Soup	Butter bean soup	Asian vegetable broth	Soup of the Day	French onion soup	Cream of celeriac	xxxxx	BRUNCH
Main	Pollo al Ajillo (Chicken cooked in garlic and rosemary)	Garlic and ginger glazed pork	Lemon and thyme roasted chicken leg	Traditional beef bourguignons	Battered chip shop fish	Hunters chicken	
Vegetarian/ vegan	Spanish Pisto and fried egg	Vietnamese vegetable crepe	Butternut squash wellington	Spinach and goats cheese quiche	Cheese and potato pie	Vegetable burritos	
Street food	Red pepper tortilla	Asian beef sloppy Joe	Lamb kebab pot, minted yoghurt	Croque monsieur	BBQ jackfruit pizza	xxxxxx	
On the side	Green Beans Spanish rice Garlic mushrooms	Asian greens Rice Roasted broccoli	Yorkshire pudding Gravy Roasted new potato Honey roast carrots Green beans	Mashed potato Ratatouille cauliflower	Chips Garden peas Baked Beans Homemade tartare sauce Curry sauce Lemon wedges Pickled onions	Creole rice Collard greens Roast peppers	
Roasted roots & Pasta Bar	Baked beans Cheddar cheese Chefs special	Baked beans Cheddar cheese Chefs special	Baked beans Cheddar cheese Chefs special	Baked beans Cheddar cheese Chefs special	Baked beans Cheddar cheese Chefs Special	Cheddar cheese	
	Tomato sauce	Tomato sauce	Tomato sauce	Tomato sauce	Tomato sauce	Pasta & sauce	
Chefs sandwich selection	Daily wraps	Daily wraps	Daily wraps	Daily wraps	Daily wraps	xxxxx	
Dessert	Jelly	Mango fool	Sticky toffee pudding (hot)	Lemon polenta cake	Dessert selection	Jam Doughnuts	
Daily	Seasonal fruit & yoghurt pots	Seasonal fruit & yoghurt pots	Seasonal fruit & yoghurt pots	Seasonal fruit & yoghurt pots	Seasonal fruit & yoghurt pots		

SUPPER WEEK 1

Week One	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Main	Sweet chilli crispy Beef	BBQ pork Ribs	Grilled chicken Caesar Panini	Lamb Rogan Josh	Chicken and chorizo paella	Pepperoni pizza 4 Cheese pizza fries Sweet corn Coleslaw House salad	Beef meatballs
Vegetarian	Giant vegetable and oumph Samosa	Corn fritters	Margherita Panini	Cauliflower, Quorn and butternut curry	Spanish omelette		Spinach and ricotta cannelloni
On The Side	Noodles Asian slaw Asian dipping sauce Bok choi	Fries Corn on the cob Parmesan brussels sprout	Cajun potato wedges Vegetable antipasti Caprese salad	Garlic baked sweet potato Naan bread Jasmine rice Green beans	Caesar Salad Roasted broccoli		Spaghetti Garlic bread Parmesan Mix greens
Pasta	Tomato sauce grated cheddar	Tomato sauce grated cheddar	Tomato sauce grated cheddar	Tomato sauce grated cheddar	Tomato sauce grated cheddar	xxxxxx	Tomato sauce grated cheddar
Dessert	Ice cream	Chocolate and orange mousse	Jelly	Chocolate Brownie	Rocky road	Carrot Cake	cookies
Daily	fruit bowl, sliced fruit, yoghurts	fruit bowl, sliced fruit, yoghurts	fruit bowl, sliced fruit, yoghurts	fruit bowl, sliced fruit, yoghurts	fruit bowl, sliced fruit, yoghurts	fruit bowl, sliced fruit, yoghurts	fruit bowl, sliced fruit, yoghurts
Selection of fresh cut & whole fruits							

SUPPER WEEK 2

Week Two	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Main	Pork, Asian greens, black bean stir fry	Mac and cheese bar	Buttermilk chicken	Beef stroganoff	Grilled bacon steak , mustard sauce	Ultimate beef burger	Chicken and mushrooms pasta bake
Vegetarian	Sesame tofu, egg fried rice		Peri Peri halloumi filled Naan	Mushroom omelette	Spiced cauliflower wings		Sundried tomato, mozzarella orzo risotto
On The Side	Bok choi Broccoli Sweet chilli dipping sauce noodles	Spicy chorizo Croutons Spring onion Chilli flakes Sauté mushrooms Crispy carrots Grated parmesan Sunflower seeds	Coleslaw Potato wedges 3 beans salad White county gravy	green beans Tagliatelle House salad Roasted cauliflower	Fries Peas Grilled tomato Fried eggs	Thick cut chips American cheese Tomato and cucumber salad Onion rings	House salad Broccoli Roasted courgette
Pasta	Tomato sauce grated cheddar toppers & oils	Tomato sauce grated cheddar toppers & oils	Tomato sauce grated cheddar toppers & oils	Tomato sauce grated cheddar toppers & oils	Tomato sauce grated cheddar toppers & oils	Tomato sauce grated cheddar toppers & oils	Tomato sauce grated cheddar toppers & oils
Dessert	Lemon tart	Mix fruit flapjack	Black forest sponge cake	jelly	Chocolate brownie	Ice cream	Apricot and white chocolate bread and butter pudding
Daily	fruit bowl, sliced fruit	fruit bowl, sliced fruit	fruit bowl, sliced fruit	fruit bowl, sliced fruit	fruit bowl, sliced fruit	fruit bowl, sliced fruit	fruit bowl, sliced fruit
Selection of fresh cut & whole fruits							

SUPPER WEEK 3

Week Three	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Main	Beef Madras	Turkey Milanese	Pulled pork wrap	Chicken burger	Spaghetti bolognaise	Fake away night Lamb kofte	Traditional roast pork belly
Vegetarian	Vegetable curry	Butternut squash and sundried tomato risotto	Oumph and peppers fajitas	Spicy bean burger	Mushrooms lasagne		Roasted squash filled with festive stuffing
On The Side	Steamed rice Poppadum Mango chutney Onion Bhaji Mangetout	Tagliatelle Tomato and basil sauce Garden salad Garlic mushrooms	Dirty rice Sour cream Jalapenos Tomato and cucumber salad Mix greens	BBQ sauce Honey and mustard slaw fries fries Cheese Onion rings	Broccoli Garlic bread Caesar salad Parmesan	Falafel Baskets Fries Sweetcorn Baked Sweet potato Sweet Chilli Mint yoghurt	Roast potato Gravy Yorkshire pudding Cauliflower cheese Green beans Apple Sauce
Pasta	Tomato sauce grated cheddar toppers & oils	Tomato sauce grated cheddar	Tomato sauce grated cheddar toppers & oils	Tomato sauce grated cheddar toppers & oils	Tomato sauce grated cheddar toppers & oils	Tomato sauce grated cheddar toppers & oils	Tomato sauce grated cheddar toppers & oils
Dessert	Waffles and chocolate sauce	Millionaires shortbread	Pear and cinnamon tart	Eton Mess	Coffee cake	Assorted desserts	jelly
Daily	fruit bowl, sliced fruit	fruit bowl, sliced fruit	fruit bowl, sliced fruit	fruit bowl, sliced fruit	fruit bowl, sliced fruit	fruit bowl, sliced fruit	fruit bowl, sliced fruit
Selection of fresh cut & whole fruits							