



OAKMONT VIKING FAMILY NEWSLETTER

September 2025

THIS MONTH AT OAKMONT

September

1 Labor Day - No School
6 Viking Scramble Golf Tournament
9 University of Nevada, Reno College Presentation
11 Patriot Day
16 University of Oregon College Presentation
17 Warrior Wednesday - Military Visit at lunch
18 Anglo-American University College Presentation
19 UC San Diego College Presentation
22 Pitzer College Presentation
23 Oregon State College Presentation
24 Southern Oregon Univ. College Presentation
24 Savor Your Future: Culinary Career Exploration
26 Hall of Fame Game
27 Hall of Fame Luncheon
29 UC Davis College Presentation



VIKING INFORMATION

Follow us on Social Media!

Facebook: [@ohsvikings](#)

Instagram: [@theoakmontway](#)

Bookmark our website!

<https://oakmont.rjuhsd.us/>

Bookmark our school calendar!

<https://oakmont.rjuhsd.us/calendar>

Weekly Bell Schedule

M,T,TH,F: 8:30AM-3:20PM

Wednesday: 9:30AM-3:20PM

Upcoming Events

To view Oakmont's Daily Student Bulletin, visit
<https://oakmont.rjuhsd.us/activities/student-bulletin>
[OHS 2025 - 2026 School Calendar](#)

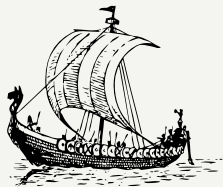
Important Upcoming Dates: October

2 PSAT 8AM	15 Warrior Wednesday - Military Visit
3 Homecoming Varsity Halftime Parade 7PM	15 RJUHSD College & Career Fair at WPHS
4 Homecoming Dance 7PM	17 Unified Sports Soccer Tournament
6 Worcester Polytech Inst. College Presentation	25 Band Field Festival
7 UC Santa Barbara College Presentation	28 Fall SAT 8AM
8 Utah State Univ. College Presentation	29 Programs and Pathways Night 6PM
9 Midterms Period 1 & 2	30 Halloween Show
9 Senior 26' Picture After Midterm	31 No School Teacher Work Day
10 Midterms Period 3 & 4	

See the [Oakmont Calendar](#) for a list of all Oakmont athletic events and activities.

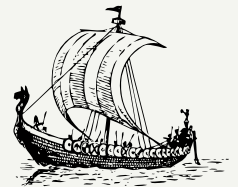
For a list of College & Career Presentations/Dates, please visit

<https://oakmont.rjuhsd.us/services/college-career-center>. Presentations are open to
Grade 9-12 students.



Oakmont HS Bell Schedule 2025-2026

<https://oakmont.rjuhsd.us/about/bell-schedules>



Oakmont Parents Club

<https://www.oakmontparentsclub.com>



Oakmont HS

IB Corner

"The IB develops inquiring, knowledgeable
and caring young people who help to
create a better and more peaceful world
through education that builds intercultural
understanding and respect."
International Baccalaureate Mission Statement

For more information about OHS IB program
contact Mrs. Carroll at kcarroll@juhsd.us

September's
Learner Profile attribute

Inquirer

We nurture our curiosity,
developing skills for inquiry and
research. We know how to learn
independently and with others. We
learn with enthusiasm and sustain
our love of learning throughout
life.

We are so excited for the start of the new
school year! Here are a few tips for success
for all of our IB students, new or continuing!

- Learn with Enthusiasm!
- Work on balance (include sleep!)
- Get help from your teacher as soon as you need it.
- Take time to do the things you love!
- Find Mrs. Carroll in the IB Office 400 or her classroom 401 when you need to chat.
- Reach out to the IB Parent Boosters oakmontib@gmail.com if you want to become more involved!



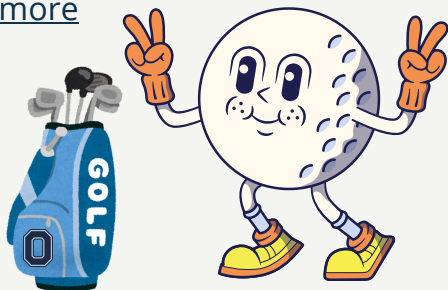
Odin's Royal Scramble



Odin's Royal Scramble

Oakmont High School presents Odin's Royal Scramble, September 6th, 2025 at 8:30AM at Whitney Oaks Golf Club.

[Click here for more information!](#)



CLICK HERE



SPONSORSHIP PACKAGES

TITLE SPONSOR: \$3,000*
BANQUET SPONSOR: \$2,500*
GOLD LEVEL SPONSOR: \$2,000*
ALCOHOL SPONSOR: \$1,500*
LONG DRIVE SPONSOR: \$1,500*
GOLF CART SPONSOR: \$1,500*
GOLF BALL SPONSOR: \$1,250
KOOZIE SPONSOR: \$1,250
GOLF TEE SPONSOR: \$1,000

*Includes 4 Free Golfers

BREAKFAST SPONSOR: \$1,000
PAR 3 SPONSOR: \$750
HOLE SPONSOR: \$500

Visit our Website for More Details



SCAN HERE

All Donations Are Tax Deductible Tax ID # 68-0071586



(916) 225-5018



www.charitygolftoday.com/OHSGolf



info@charitygolfguys.com



Oakmont High School
presents

Odin's Royal Scramble September 6th, 2025 at 8:30 AM Whitney Oaks Golf Club

Registration ** - \$160 Single/\$640 Foursome

****SAVE MONEY with Early Registration by 8/16/25
*\$150 Single/\$600 Foursome**

**www.charitygolftoday.com/OHSGolf
or Scan QR code**

WIN!



CLICK HERE

PRESENTED BY



GO VIKINGS!



A message from our Activities Director...

We started out the school year with a great turnout at Senior Sunrise out on the football field before school, leading in to a whole day filled with excitement and engagement in our activities throughout the day! We just had a successful Club Rush with nearly 30 clubs, some of them just starting out; it's not too late to still join a club. Our website should be updated soon with the current club offerings and advisors, or students can inquire with Ms. Haynes in M-2. In addition, after a week of spirit days and a rally to end the week, O-Zone, our student cheering section, enthusiastically kicked off the Fall Sports season following the Friday Night Lights Tailgate event against Roseville HS. ALL students are welcome to join O-Zone! See Mr. Romero and look out for details on our social media. Our next major event is Homecoming, with festivities leading up to the HOCO game and halftime show on Friday, Oct. 3rd, and our first dance on Saturday, Oct. 4th. This dance is semi-formal; ticket information coming soon, along with more details about float building, spirit days, and more!

Follow us on social media for the most up-to-date details and pictures of what's happening!
Instagram [@theoakmontway](#) Facebook [@ohsvikings](#)

Athletics

Welcome back Vikings!

Our Fall sports teams have begun their season. There is a lot of excitement around campus as our teams move into PVL play this month. The Vikes look to build off an outstanding 24/25 athletics year in we won 5 PVL Championships and the overall All Sports Award. Come on out and cheer on the Vikings!

Visit our Athletics Website for more information <https://oakmont.rjuhsd.us/athletics>

Class of 2026 Checklist

Click the link below to go to the OHS website and find the Senior Checklist and Senior/Graduation Information. This will be updated throughout the year, so check back frequently for new information

<https://oakmont.rjuhsd.us/resources/graduation-senior-information>

Medication on Campus

If you student needs medication on campus during the 2025-2026 please complete the Medication Form prior to the first day of school and return it to the school nurse.

Roseville Joint Union High School District

Adelante High School, 350 Atlantic Street, Roseville, CA 95678, 916.782.3155, FAX 916.782.3156
Antelope High School, 7801 Titan Drive, Antelope, CA 95843, 916.726.1400, FAX 916.726.1401
Granite Bay High School, One Grizzly Way, Granite Bay, CA 95746, 916.786.8678, FAX 916.786.8679
Oakmont High School, 1710 Carby Way, Roseville, CA 95661, 916.782.3281, FAX 916.782.3282
Roseville High School, One Tiger Way, Roseville, CA 95678, 916.782.3753, FAX 916.786.786
Woodcreek High School, 2551 Woodcreek Oaks Blvd, Roseville, CA 95747, 916.773.6568, FAX 916.773.6569

ADMINISTRATIVE BY SCHOOL PERSONNEL

CLICK HERE

NAME OF STUDENT _____ School Year _____

I. PARENT REQUEST

I request that my child, _____, be assisted in taking the prescribed medication at school by authorized persons. By signing this form, I am stating that I have read the policies provided to me on the back of this form and understand them.

Parent/Guardian Signature _____ Date _____

II. PHYSICIAN INSTRUCTIONS (to be completed by health care provider)

1. Medication: _____ Dose/Route/Frequency: _____

Indication for medication: _____ Is medication a controlled substance? ☐

Parent Information

Parent Square, Aeries, Homelink Information

ParentSquare/Aeries/Homelink Users can fine-tune their notification settings for posts for each school and district. For General Announcements, you can select Digest, Instant, or choose to turn off notifications altogether (excluding Urgent Alerts and notices.) You can choose to receive email, text, and/or app notifications. We do encourage parents and students to turn on the Instant Text messages so that you can receive timely OHS information directly to your phone. Students will only receive text messages if we have their cell phone on file in Aeries. To learn how to set up your notifications, [please review this document](#).

Parents/Guardians also will receive weekly emails/texts from Aeries that send direct information about student grades and attendance. If texting alerts are set up this will go directly to your phone. Although it is automatically set up for you, you can [review the instructions here](#) and you can adjust the date of the week and time you receive these messages.

Parent Information Webinars - Canvas

The Education Services team is excited to announce a series of webinars to help parents get the most out of the Canvas Learning Management System. These sessions are designed to support parents to actively support their student's learning at home.

The webinars will cover how to:

- Set up and navigate your Parent Observer Account.
- Track assignments and due dates.
- Stay engaged with course content.

Introductory sessions are a perfect opportunity for families new to Canvas, especially parents of ninth-graders, to set up their parent observer account and navigate Canvas. Advanced level webinars are intended for those who want to dive deeper into Canvas tools. This effort is part of our commitment to strengthening home-to-school partnerships and providing practical resources that help parents stay connected to their student's academic journey.

- Wednesday Oct 15 , 6-7pm-Advanced
- Wednesday Nov 5 , 6-7pm-Introductory
- Wednesday Dec 3 , 10-11am-Advanced
- Thursday Jan 15th, 6-7pm-Introductory
- Wednesday Feb 11 , 6-7pm-Advanced
- Thursday Mar 12 10-11am-Introductory

ZOOM LINK - <https://rjuhsd-us.zoom.us/j/99080353214#success>

Questions? Contact jmason@rjuhsd.us

School Information

Attention All Drivers!

Unauthorized Parking Will Result in Tickets and Towing!

We understand that parking can sometimes be challenging, but it's crucial to respect designated parking areas. To ensure safety and convenience of everyone we are strictly enforcing parking regulations.

Please be aware that parking in the following designated areas without proper authorization will result in a parking ticket AND your vehicle being towed at your expense. Possible revocation of parking privileges.

- Senior Spots - Painted parking spot and must include OHS parking pass. (Seniors Only)
- Staff Parking - Designated for authorized staff member's only. Clearly marked as STAFF in the parking spot. (Must have New OHS STAFF DECAL)
- Visitor Parking - Reserved for **Visitors only**. (Clearly marked Visitor)
- Handicap Parking - Must have a handicap placard.
- Other open spots - Must have a current OHS Parking Pass.

Why is this important?

Accessibility: Ensures those with mobility challenges to have convenient access.

Operational Efficiency: Staff parking allows our team to perform their duties effectively.

Respect for Designated Areas: It maintains order and fairness for all.

If you are unsure where to park please, please ask for clarification. We appreciate your cooperation in helping us maintain a safe and organized parking environment.

Thank you for your understanding.

Join Oakmont Robotics

Oakmont Robotics is recruiting! Build, code, and compete. Robotics is a fun, beginner-friendly way to learn some design, engineering, and coding skills. We have competitions in November and February along with a few additional scrimmages, and meet before school, during intervention, Wednesday one-lunch, and second lunch. Stop by P-1 or contact Mr. Wurden (awurden@rjuhsd.us) for more info.



Senior Photos and Ads

Senior's To-Do's

1. SENIOR PORTRAITS

Last Day: September 30th

Contact: billsmithphoto.com

2. SENIOR ADS

Last Day: Dec 1st, 2025

Contact:

yearbookordercenter.com

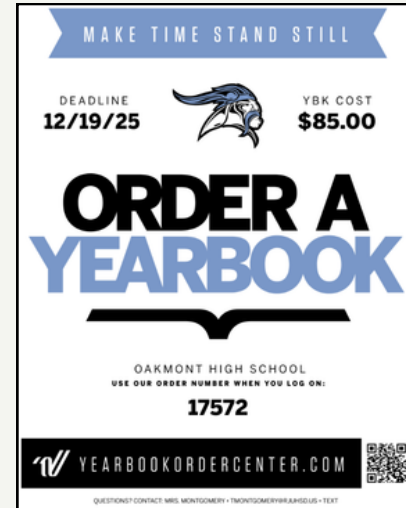
3. BUY YOUR YEARBOOK!

They are currently \$85 and can be purchased in Student Services or Room 405 or at yearbookordercenter.com

School Information

Yearbooks

Yearbooks are currently on sale for 85.00 They can be purchased in student services or through Varsity Yearbooks at yearbookordercenter.com. Get one before the price goes up!



Water Safety Grade 9

All PE9 students will begin the water safety unit on September 8. This unit is 15 days and includes concepts, rules and skills of safety, including floating, swimming, recovery strokes, rescuing others without becoming a victim, escaping riptides, etc. This is a state-mandated unit and is not optional without a valid, recent doctor's note. Students who cannot get in the water will be required to learn and videotape all skills on dryland. All students who haven't learned to swim will be taught in the shallow end, with flotation devices. It is HIGHLY recommended that non-swimmers take swim lessons between now and the water safety unit as there are 45+ students in our classes and only one teacher so individual instruction is minimal.

Required items:

Appropriate bathing suit (or Nike pros and a sports bra, board shorts, rash guards) goggles, hairband, towel, sandals, water bottle, sunscreen, plastic bag. Families needing support in getting the required gear can speak directly with their counselor.

City of Roseville E-Bike and E-Scooter Safety Information

[Click the flyer for more safety information on:](#)
E-Bike & E-Scooter Safety



Academics and Counseling Information

Academic Resources and Supports

In case you missed it....the Counseling and Wellness team shared about academic resources and supports available on Oakmont's campus at Back to School Night.

Please [see the linked slide deck](#) for more information.

Counseling Resources Survey

Our counselors would like to hear from families about what families would like to have shared with them in the 25-26 school year. Please take the [OHS Counseling Resources & Services Survey](#). The information you provide will be used to plan future informational events and communication.

Odin's Eye Tutoring Program

Aiming for academic success? Take advantage of peer tutoring, support from our teachers, or find a quiet space to work on assignments or study. Odin's Eye offers an after-school program run by our Learning Support Specialists (LSSs).

Room M1 – Tuesday, Wednesday, Thursday – 3:25pm-4:20pm

PSAT, ACT, and SAT Testing at Oakmont!

This year Oakmont High School is offering PSAT, SAT and ACT
Seats will fill up fast so sign up as soon as possible!

FALL TESTS

- **PSAT** – *Wednesday, October 2, 8:00 AM* (Library)
 - Arrive by 7:30 AM
 - Payment due: **September 7 by 11:59 PM**
 - Cost: **\$30** (\$10 for Free/Reduced Lunch students)
- **SAT** – *Monday, October 28, 8:00 AM* (Library)
 - Arrive by 7:30 AM
 - Payment due: **October 5 by 11:59 PM**
 - Cost: **\$65** (No fee for Free/Reduced Lunch students)

SPRING TESTS - (Registration will open after start of 2nd Semester)

- **SAT** – *Tuesday, March 25, 8:00 AM* (Library)
 - Arrive by 7:30 AM
 - Payment available starting January
- **ACT** – *Wednesday, March 26, 8:00 AM* (Library)
 - Arrive by 7:30 AM
 - Payment available starting January

Registration & Payment

Pay online oakmont.rjuhsd.us
- click on the Student Store icon or in person at Student Services.

Your payment is your test registration.

Spring test registration will open after the start of the 2nd semester.

Online or credit card payments include an additional processing fee. To avoid these fees, pay by check or cash at Student Services.



COLLEGE & CAREER EVENTS!



Located near the Library * Hours: 8:00 AM - 4:00 PM
Katrina Headrick - kheadrick@rjuhsd.us

All CCC Events in One Place!



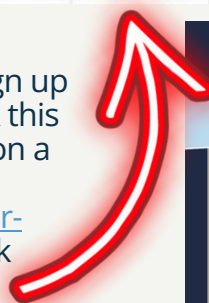
2025/2026 College & Career Events

OHS and Outside Events

Day	Date	Time	Event	Info Link / Sign Up	Type	Location
Thurs. ▾	8/15		ALL WORK PERMITS EXPIRE	Info Link		OHS College & Career Center ▾
Wed. ▾	8/27	6:00 PM to 8:00 PM ▾	RJUHS Military Academy Night	Info Link	Presentation ▾	Granite Bay High School ▾
Tues. ▾	9/9	Intervention 12:53 an... ▾	University of Nevada, Reno	Sign Up	Presentation ▾	OHS College & Career Center ▾
Sat. ▾	9/13	10:00 AM to 2:00 PM ▾	Latino College Expo	Register	Fair ▾	LaVerne University ▾
Tues. ▾	9/16	Intervention 12:53 and 1... ▾	University of Oregon	Sign Up	Presentation ▾	OHS College & Career Center ▾
Wed. ▾	9/17	One Lunch - 12:08 PM ▾	Warrior Wednesday (Military)	Info Link	Information Ta... ▾	OHS Quad ▾
Thu... ▾	9/18	Intervention - 11:24 AM ▾	Anglo-American Univ., Prague	Sign Up	Presentation ▾	OHS College & Career Center ▾
Fri. ▾	9/19	Intervention - 9:53 AM ▾	University of California-San Diego	Sign Up	Presentation ▾	OHS Library ▾
Mon. ▾	9/22	Intervention - 9:53 AM ▾	Pitzer College	Sign Up	Presentation ▾	OHS College & Career Center ▾
Tues. ▾	9/23	Intervention 12:53 an... ▾	Oregon State University	Sign Up	Presentation ▾	OHS College & Career Center ▾
Wed. ▾	9/24	8:45 AM to 9:20 AM ▾	Savor Your Future; A Culinary Career Exploration	Sign Up	Presentation ▾	TBD ▾
Wed. ▾	9/24	One Lunch - 12:08 PM ▾	Southern Oregon University	during lunch	Information T... ▾	OHS Quad ▾
Mon. ▾	9/29	Intervention - 2:52 PM ▾	University of California, Davis	Sign Up	Presentation ▾	OHS College & Career Center ▾
Thu... ▾	10/2	Intervention - 11:24 AM ▾	California State Univ., Sacramento	Sign Up	Workshop ▾	OHS College & Career Center ▾
Sat. ▾	10/4	10:00 AM to 3:00 PM ▾	Sierra College Preview Day	Register	Open House ▾	Sierra College ▾
Mon. ▾	10/6	Intervention - 2:52 PM ▾	Worcester Polytechnic Institute	Sign Up	Presentation ▾	OHS College & Career Center ▾
Tues. ▾	10/7	Intervention 12:53 an... ▾	University of California-Santa Barbara	Sign Up	Presentation ▾	OHS College & Career Center ▾
Wed. ▾	10/8	One Lunch - 12:08 PM ▾	Utah State University	Sign Up	Information T... ▾	OHS Quad ▾
Wed. ▾	10/15	5:30 PM to 7:30 PM ▾	RJUHS College & Career Fair	Info Link	Fair ▾	West Park High School ▾

All students can use this form to stay up to date and sign up for all CCC events at OHS and in our community. Check this sheet weekly! Events are added often and can change on a regular basis.

Go to <https://oakmont.rjuhsd.us/services/college-career-center/> and "bookmark" it or scan the QR code for quick access.



HOME OF THE VIKINGS

SAMPLE OF COLLEGES COMING TO OAKMONT THIS FALL
...with more to come!

UNIVERSITY OF NEVADA, RENO Sept. 9	UC DAVIS Sept. 29
UNIVERSITY OF OREGON Sept. 16	WORCESTER POLYTECHNIC INST. Oct. 6
UC SAN DIEGO Sept. 19	UC SANTA BARBARA Oct. 7
PITZER COLLEGE Sept. 22	UTAH STATE UNIV. Oct. 8
OREGON STATE UNIV. Sept. 23	WILLAMETTE UNIV. Oct. 17

SIGN UP TO RECEIVE A PASS DURING INTERVENTION PERIOD (WITH TEACHER PERMISSION)

bit.ly/OHSCCCPresents

Annual RJUHS College & Career Fair

SAVE THE DATE!

The RJUHS annual College & Career Fair is at West Park again this year.

Wednesday, October 15th, 2025 from
5:30 PM to 7:30 PM.

This event is FREE and open to all RJUHS families. There will be over 100 college & career representatives to answer questions. Financial Aid and NCAA experts will also be in attendance.

FREE EVENT

RJUHS COLLEGE + CAREER FAIR

WEDNESDAY, OCT. 15TH

5:30PM-7:30PM AT
WEST PARK HIGH SCHOOL
2401 PANTHER PLACE, ROSEVILLE, CA 95747

Over 100 college + career representatives will be available to meet students and answer questions! Financial Aid and NCAA experts will also be in attendance.

FOR ALL RJUHS FAMILIES

West Park

See You There!

College & Career Center



Aldo Pineschi Memorial Scholarship & Golf Tournament (formerly Bill Santucci Memorial Scholarship)

Last school year, we had 3 deserving Oakmont Seniors win \$1000 each by applying to this Scholarship fund through our RJUHS Local Scholarship Program. Each year in September, the scholarship committee holds a golf tournament and raffles prizes to raise money. We rely on donations from parents, businesses and anyone in the community who would like to help. If you or anyone you know is able to donate gift certificates, gift baskets, or anything that can be raffled, please contact me at kheadrick@rjuhsd.us. No amount is too small, it all adds up!

If you would like to donate directly to the Aldo Pineschi Memorial Fund Scholarship or register to play in the golf tournament, go to:

<https://www.aldosscholarship.org/>

The golf tournament will be held on Friday, September 26th, 2025. I hope to see you there!



Calling all Special Agents! JUNIORS AND SENIORS:

If you are interested in learning about a career in the **FBI**, apply to attend a one day FBI Teen Academy Program. This is your chance to see behind the scenes of the FBI Headquarters here in Roseville. Students are provided with several presentations on topics including terrorism, cyber crime, public corruption, polygraph exams, evidence response, SWAT, and the day-to-day operations of a typical FBI office.

Go to linktr.ee/oakmontcareercenter for more information.

Apply by September 26th!

FBI Teen Academy Date:
Friday, November 7th, 2025

Location:
FBI Headquarters, Roseville





Juniors & Seniors!!

UNLOCK YOUR
FUTURE WITH THE
**FBI
TEEN
ACADEMY**

A one day program on Friday, November 7

- Get a comprehensive look into the FBI
- Scan the QR to apply and for more info
- Or go to linktr.ee/oakmontcareercenter



Apply by 9/26!

College & Career Center



Why High School Internships Matter

Internships during high school give students a real-world preview of different careers before they commit to a college major or training program. By working alongside professionals, students learn what the day-to-day responsibilities are really like, discover skills they enjoy using, and even figure out what fields may not be a good fit. This hands-on experience can save time and money after graduation by helping students make more confident choices about their future path, while also building resumes, networking connections, and workplace skills employers value.

The RJUHSD Internship Program opens September 22nd to Juniors and Seniors (16+) who have completed 2 CTE courses. Applications, resumes and cover letters are due by October 22nd.

RJUHSD INTERNSHIP PROGRAM

RJUHSD and business partners are providing OHS students with real-world experience

Deadlines

- Sept 22 - Oct 28:**
 - Submit applications, resumes, and cover letters
- Oct 23:**
 - Optional interview prep via zoom
- Oct 27 - Nov 14:**
 - Interviews
- Dec 10:**
 - **Mandatory** Parent Orientation 5pm - 6pm

Internship Opportunities

- ✓ **Graphic Design/Media**
- ✓ **Culinary**
- ✓ **Construction**

Requirements

- Seniors or Juniors (16yrs or older)
- Completed 2 CTE courses

For more information contact **Anna Gonzalez-Cifuentes** agcifuentes@rjuhsd.us

Scan for more info!

Internship Opportunities

- ✓ **Graphic Design/Media**
- ✓ **Culinary**
- ✓ **Construction**

Deadlines

Sept. 22 - Oct. 22:

- Applications, resumes, & cover letters

Oct. 23:

- Optional interview prep via zoom

Oct. 27 - Nov. 14:

- Interviews

Dec. 10:

- **Mandatory** Parent Orientation 5pm-6pm

Help our Seniors go to College or Trade School

Did you know that you or your business can be a Scholarship Donor for Oakmont Seniors? It's very easy and comes with some special perks like being invited to our annual donor social. It can also be a lucrative tax benefit. Most importantly, it helps our Seniors pay for rising college and trade school expenses.

If you're interested or have more questions, please reach out to me, Katrina Headrick at 916-782-3781, x-2601 or email me at kheadrick@rjuhsd.us.

You can also go to Oakmont's College & Career Local Scholarship web page to see our amazing donors and access the donor agreement form >> <https://oakmont.rjuhsd.us/services/college-career-center/scholarships>

College & Career Center



Culinary Career Exploration

Students are invited to attend Oakmont's Savor Your Future: A Culinary Career Exploration Presentation.

Wednesday, September 24th

8:45 AM to 9:15 AM

Location to be determined

Join us and meet local businesses discussing the intricacies of the culinary world and what it has to offer beyond cooking and baking.

Sign up at bit.ly/OHSCCCPresents or scan the QR below.



A Culinary Career Exploration Presentation

Wednesday
September 24, 2025

8:45 AM to 9:15 AM

Oakmont High School
(Room to be announced)



Scan the QR to sign up
or go to:
bit.ly/OHSCCCPresents

- Hear from professionals in the culinary world
- Ask questions and get real answers from industry experts
- Make connections that could lead to your future career