

FHS Lunch Menu

Monday

Pasta + Dinner Roll

Alternates:

Pizza or Crispy Chicken Sandwiches

Tuesday

Tacos Tuesday or Breakfast for Lunch

Alternates:

French Bread Pizzas or Grilled Chicken Sandwiches

Wednesday

Asian Entree over Rice

Alternates:

Flatbreads, Hot Subs, or Spicy Chicken Sandwich

Thursday

Pizza

Alternates:

Homemade Casserole or Soups with Dinner Rolls

Friday

Family Meal Friday!

Alternates:

Fan Favorites or Fish Sandwiches

Daily Choices

Veggie Burger

Hamburger or Cheeseburger

Variety of Sandwiches

Variety of Premade Salads

PB + J

Milk

Fresh Fruit

Salad Bar

A la Carte: snacks, beverages, and entree items are available for purchase with cash in hand or credit on your MySchoolBucks account.

RSU 5 is an equal opportunity provider.

RSU 5 reserves the right to substitute menus due to supply shortages, but we will put every effort to provide a similar alternative whenever possible.



FHS Breakfast Menu

Choose From:

Cereals
Breakfast Sandwiches
Breakfast Pizza
Bagels + Cream Cheese
Muffins
Breakfast Breads
Smoothies
Breakfast Buns
Oatmeal
Breakfast Sticks

All grain items are whole grain rich

Be sure to stop by the JMG vending machine for additional breakfast options available daily!

Daily Choices

Milk
Juice
Fresh Fruit
Fruit Cups

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