



PHS CHEER



HANDBOOK

LETTER FROM THE CHEER SPONSOR:

Dear Parents and Candidate,

I am so excited about your interest in Poth High School Cheer. I am proud of what the program is, and the direction that it is going. I want to ensure that all the cheer team members are held to a high standard and serve as role models for other students. As parents of a prospective cheer team member, I hope you are aware of the time and energy it takes to be an effective student leader responsible for guiding student conduct at extracurricular activities and during the school day, both on and off campus. Candidates selected to be a cheer team member are expected to commit to a full cheerleading year. PHS Cheer members must give 100% and complete their commitments and responsibilities to PHS Cheer before anything else.

PHS Cheer members will have duties, which they will be required to perform throughout the school year. These duties will include (but are not limited to) cheering at football, volleyball, and basketball district/playoff games, fundraising events, cheer camp, fall festival, Floresville Peanut Festival, preparation for homecoming festivities, pep rallies throughout the year, and participation in various school and community service projects. Cheerleading is a year-round commitment.

All cheer team members must attend all the practices, games, and events. The absence of any member affects the productivity of the entire squad. As a Poth Cheer member, school cheer always precedes outside school events. Absences due to this are considered unexcused. A job is considered unexcused, you should share your cheer calendar with your employer as soon as possible. In the event of a cheer team member being involved in another sport under the realm of Poth High School, each program will work together and handle each situation/event appropriately based on the time, season, and situation. I am big on communication and feel that communication is key to any successful relationship.

Cheer helps students to form friendships, enrich communication, and develop group dynamics skills and responsibility. It also gives them countless opportunities to foster leadership skills that will prove beneficial later in life. With your support, we can work together to make this year at PHS a successful and memorable one. We look forward to meeting each of you during the coming year. If at any time you have questions or concerns, please do not hesitate to email, or text me.

Sincerely,

Kimberly Worswick
Email: kworswick@pothisd.us
Cell: 210-240-0365

TRYOUT TIMELINE

Pre-tryout Meeting	HS - 1/31/2024	Meet in Worswick's Room. 6:00 pm to 7:00 pm
	JH - TBD	Meet During JH Activity Period
Tryout Packet Due	Wednesday - 2/14	Turn in to Mrs. Worswick or Mrs. McClure (8th Graders)
Teacher Evaluations Due	Monday - 2/19	Mrs. Worswick will collect them.
Practice Dates	Wednesday - 2/28	HS Gym - 6:00 pm to 8:00 pm
	Thursday - 2/29	HS Gym - 6:00 pm to 8:00 pm
CHEER TRYOUTS	Friday - 3/1	HS Gym JH starts at 2:00 pm, HS will follow
UNIFORM MEASUREMENTS	Tuesday - 3/19	During Lunch / Activity Period

PARENT/CHEER TEAM MEETING: Thursday, April 27th at 6:00 pm

TRYOUT - ELIGIBILITY & REQUIREMENTS

Candidates must turn in all required signature pages no later than Wednesday, February 14th by 4 pm. No late entries will be accepted. Candidates must pass all classes as of their last report card and are currently eligible according to UIL requirements.

SQUAD SELECTION & TRYOUTS

The cheer sponsor will be responsible for the preparation and distribution of a packet of information to be made available to all candidates. This information will include specific tryout dates, times, attire, procedures, and conduct expectations.

ATTENDEES:

The athletic director and/or principal and/or will be present in the building during the entire tryout process. Parents and non-participating individuals will not be allowed in the tryout area during any phase of the tryouts. **Anyone in violation of this could cause their candidate to become ineligible to try out.**

Parents and candidates must sign a form stating that they understand and will comply with all information in the packet, including but not limited to responsibilities, rules, and consequences, before the student is allowed to participate in the tryout process.

TRYOUT MATERIALS AND SCORE SHEETS

Tryout materials will be posted on Google Classroom on Tuesday, January 27th at 5 pm.

A copy of the score sheet for cheer and mascot is included in this packet for your review.

CLINICS AND TRYOUTS

Clinics and tryouts will be closed to everyone except the Cheer sponsors, Athletic Director, and Principals.

There will be no other students or parents allowed at clinics/tryouts.

It is not a requirement that candidates attend each day of the clinics. If a candidate is not in attendance, then the candidate will be missing material. Therefore, it will be the candidate's responsibility to learn the material on their own.

TRYOUT - DRESS CODE

Clinics: All candidates must come to practice dressed in shorts, a T-shirt, socks, and tennis shoes. All female participants must wear hair in a low ponytail with a bow. No jewelry may be worn.

Tryout: All candidates must come to tryouts in black shorts, a white t-shirt, white socks, tennis shoes, and hair in a ponytail. Jewelry or bright fingernail polish are not allowed. Anyone not in a complete, correct tryout uniform will not be allowed to try out.

Numbers will be issued to each candidate. The numbers must be placed on the front of the shirt where they are visible. Failure to wear the right number will result in disqualification.

TRYOUT RESULTS & NOTIFICATION

After all tryout scores are tabulated and confirmed by the principal or principal designee scores will be posted no later than 9 pm on the day of tryouts. The results will be posted on the Google Classroom used for tryouts. The scores will be listed in random order.

PARENT REQUEST FOR SCORES

Parents have 3 school days after the results are posted to request to see their student's scores from the principal. Parent requests must be made in writing by the end of the third day. By law, all other student scores are protected and cannot be shared with anyone except the Athletic Director, or principals.

MEDICAL & INJURIES

- Each member must have a complete physical exam. The original copy will be kept on file with the school's athletic trainer.
- In the event of an injury, the school's athletic trainer will be seen immediately to assess the injury and parental contact will be made.
- If you decide to seek further medical attention, please inform the school's athletic trainer so that they can properly document the care of the athlete.

JUDGES:

All candidates will be evaluated and selected by three outside judges with cheer experience approved by the Cheer sponsors and principals.

APPLICATION CHOICES:

Candidates must choose one of the following on their application.

- VARSITY ONLY – The candidate is trying out for VARSITY ONLY.
- VARSITY or JUNIOR VARSITY – The candidate is trying out for EITHER SQUAD.
- JUNIOR VARSITY ONLY – The candidate is trying out for JUNIOR VARSITY only.

Varsity Squad:

- The varsity squad is open to all incoming 9th, 10th, 11th, and 12th grade students.
- The varsity squad will consist of no more than twelve (12) team members.
- The top 12 scores will determine the Varsity Squad.

Junior Varsity Squad:

- The JV squad is open to all incoming 9th, 10th, 11th, and 12th grade students.
- The JV will consist of no more than ten (10) team members.

Cheerleader Evaluation Criteria

- Dance
- Tumbling
- Jumps
- Spirit
- Memory
- Choreography
- Work Ethic
- Team Player
- Voice Projection
- Expressions
- Overall Impression
- Enthusiasm

MASCOT

- The mascot is open to all incoming 9th, 10th, 11th, and 12th grade students.
- The mascot will be required to participate with the team members when needed during stunts, dances, cheers, and chants.
- The mascot must perform a 90-second to two-minute skit for tryouts.

MASCOTS are considered a part of the JUNIOR VARSITY and VARSITY SQUAD and will therefore be subject to the same rules, regulations, and consequences as the team members.

Mascots are required to learn all cheers, chants, and dances. They are expected to practice material for pep rallies and games.

The mascot may also be required to make "special appearances" at local events or school campuses.

The cheer sponsor must approve skit and game material before the performance. Please email your choice of song and a picture of your props to kworswick@pothisd.us

Mascot Evaluation Criteria

- Enthusiasm
- Creativity
- Crowd Appeal
- Dance
- Character/Antics
- Appearance
- Memory
- Choreography of Planned Skit
- Appropriateness of Skit
- Use of Props
- Work Ethic
- Team Player
- Overall Impression

GENERAL CONDUCT RULES:

All rules become enforceable the day the team members are selected and remain in effect until the end of the cheerleading year.

- ALL SCHEDULED PRACTICES AND EVENTS ARE MANDATORY.
- All team members must meet U.I.L. Academic requirements.
- All team members must abide by all rules stated in the PISD Student Handbook.
- All team members must agree to sign and uphold the PISD Cheer Team Handbook.
- All absences must be in written documentation by a doctor, school official, or parent. Excused and unexcused absences will be documented by the school attendance clerk according to the school's attendance policy.
- All team members must attend each activity in its entirety. If a team member must leave early, the written request must be sent to the cheer sponsor 24 hours before the performance for approval.
- Team members are responsible for promoting school spirit during the week, at pep rallies, and games and must be aware they are always representing the school and district.
- Team members will always maintain proper behavior during practices, games, and events.
- Absolutely NO jewelry may be worn during practice, game, or event.
- Fingernails are to be kept at a safe length and no bright nail polish. Navy, white, and neutral colors are best.
- Unnatural hair coloring or tinsel will not be allowed.
- Visible tattoos, real or fake, are not permitted.
- Gum is NOT allowed.

GROUNDS FOR DISMISSAL

A team member could be automatically dismissed and lose eligibility to try out for the next season for the following reasons:

- Any member who is expelled from school or placed in alternative school.
- Any member who is placed in In-School-Suspension for a disciplinary infraction.
- Any member who acts in a manner that jeopardizes the safety of herself, another member, or others.
- Any member who uses tobacco, alcohol, or drugs; or is in possession of paraphernalia on campus, on district property, or during a school function.
- Any member who is charged with a misdemeanor or higher-class crime at any time.
- Any member who posts on social media and/or the internet inappropriate photos, illegal activity, or photos that contain alcohol, tobacco, or drugs.
- Any member who engages in cyber-bullying and threatens another person via phone and/or social media.
- Any member who is placed on grade probation for the second time.

Behavior/Grade Management

To keep disciplinary actions consistent for everyone, we have the following consequences. Consequences will be issued accordingly for any behavior, not in compliance with the following. Please note that 5 consequences will result in immediate dismissal from the team. If dismissed from the team, the student-athlete will be allowed to try out again for the following year, but this form will remain on file. All consequences will be documented. The following is a list of conduct unbecoming of a Poth High School cheer team member.

CONSEQUENCES

1st Offense – 20 Burpees

2nd Offense – 20 Burpees, 20 Toe Touches

3rd Offense – 20 Burpees, 20 Toe Touches, 10 Laps

4th Offense – Will Sit Out the Next 2 Games in Uniform with Coach.

5th Offense - Dismissed from The Team and lost eligibility to try out next season.

Continued..Behavior/Grade Management

ATTENDANCE

- Late To Class/Practice/Game/Event
- Leaving Early from Practice or A Game
- Returning Late After Half-Time – Should return 2 minutes before the start.
- Unexcused Absence from Practice/Game/Event
- Less Than A 24-hour Notice of Absence or Late – Email or Text

APPEARANCE

- Displaying Body Art in Uniform (Drawing on Oneself, Temporary Tattoos)
- Wearing bright nail polish. Colors allowed are navy, white, nude, or French tip.
- Not Wearing a Complete Uniform or Wearing Uniform Incorrectly (Including Hair/Bow)
- Leaving Behind or Forgetting Poms, Megaphone, Or Any Cheer Gear That Coach Picks Up.
- Failure To Wear Proper Attire to Class/Practice.
- Not Following the Poth High School Dress Code
- Uniform Not Clean

BEHAVIOR

- Using A Cell Phone at Games or Practice Without Permission
- Eating Or Drinking at Undesignated Times
- Talking To Friends or Family While Cheering During a Game
- Failure To Follow the Coach's Directions.
- Non-Participation During Spirit Days
- Showing Disrespect or Arguing with Coaches/Captains/Team Members
- Negative Behavior Report from A Classroom Teacher
- Excessive Mistakes While Cheering at Games/Performances.
- Poor Attitude, Excessive Talking, Inattentiveness at Practice/Game/Performance
- Use Of Foul Language During Games or Practice
- Posting Inappropriate Material in Uniform (Snapchat, Facebook, Twitter, Instagram, etc.)
- Being Assigned Detention Or ISS

SAFETY

- Improper Nail Length - NO Longer Than the Tips of The Fingers
- Wearing Jewelry at Practice/Game/Event
- Improper Stunting Technique
- Engaging In Activity That Could Result in Injury of Self Or Team Member
- Joking/Laughing While Stunting
- Stunting When the Coach Is Not Around.
- Forcing Stunts That Are Not on Our Level.

GRADES

- Failing Grades Will Result in Dismissal from Cheer Class Until Grades Can Be Brought Up.
- Failing Two Six Weeks Could Result in a Loss of Privilege to Try Out Next Season.

To not interfere with cheer class or practice time, consequences will be handled outside of these scheduled times. By addressing these separately, it allows the team to focus on their routines without any distractions. This approach ensures that the squad's time together is dedicated solely to improving skills, building teamwork, and achieving their goals.

To ensure clear communication and maintain accountability, any consequences that may be given to any cheer team member will be documented in writing and sent home for parent signature.

THIS IS YOUR WARNING; NO OTHER WARNINGS WILL BE GIVEN.

UNIFORMS

Poth High School has school-issued uniforms for Varsity, Junior Varsity, and Mascot. These uniforms will be issued at the beginning of school and must be returned after basketball season.

- Varsity 4 Uniforms (Home, Away, October and UIL)
- JV 4 Uniforms (Home, Away, October and UIL)
- Mascot 1 Uniform (Pirate Head and Costume)

Uniforms are available for purchase as well. Options and prices will be posted once the uniforms are picked for each squad.

- It is the responsibility of each team member/mascot to take proper care of their uniforms. If the uniform is damaged, you will be charged the replacement cost of the uniform.
- There will be no deviations from the specified uniform requirement. Uniforms must be worn correctly.
- **Absolutely NO jewelry.**
- The cheer sponsor must approve all alterations. Temporary alterations are allowed to be made but you are not allowed to cut the material. At the end of the season please remove all temporary stitching.
- No one other than team members will be allowed to wear any part of a current team member/mascot uniform, including the warmup jacket or letterman.
- Uniforms are to be worn at school events only or designated by the cheer sponsor.

The hair bow is considered part of the overall uniform. Hair and bow will be worn alike when in uniform. Choices of hairstyles are:

- Half Up/Half Down with Bow
- High Pony with Bow
- Low Pony with Bow

As a cheer team member, it is crucial to maintain your original uniform measurements that are taken after tryouts. Based on the vendor's shipping time of 8 weeks, our uniform order is placed no later than April. While there may be extra pieces available in our inventory for trading, the sizes are not guaranteed. It would be impossible to get additional pieces to trade out if the sizes do not fit when the uniforms are issued in August. By maintaining their original measurements and by taking proper care of their uniform, cheerleaders can ensure that the uniforms fit them properly and represent the team with pride and confidence throughout the season.

GARMENT CARE INSTRUCTIONS

Follow instructions on the care label & read on for additional tips!



★ THE FIRST WASH is the most important!

- Do not exceed temperatures recommended on the care label.
- Warm water is recommended for the 1st wash and then cold water for all subsequent washes.
- Each garment should be washed separately (i.e. wash shell by itself, then skirt, etc...)
- Use a mild detergent, **without** fabric softener. Tide is recommended. Do not use bleach.

If the initial washing instructions are not followed, the colors may bleed onto one another. If this happens, wash the garment AGAIN (before drying), following the instructions above.

★ ALWAYS remove the garment promptly from the washer once the cycle is completed.

- Leaving the garment in the washer for prolonged periods of time can cause the fabrics to bleed and/or leave unsightly wrinkles in the garment.

★ DO NOT machine dry the uniform.

- Once the uniform has been washed, immediately hang it up to dry.

★ DO NOT dry clean the uniform.

- Dry cleaning can yellow the uniform or leave an unsightly sheen. Dry cleaning also causes tackle twill lettering to fade, bubble, or stiffen.

★ NEVER use fabric softeners

- Fabric softeners block the soil release properties (Visa treatment) and can cause dirt and stains to resist removal.

INVOICES & PAYMENT PLANS

Once everything has been ordered, each member will receive their personalized invoice. Cheer invoices are expected to go out no later than April 30th. The first payment of 615.00 is due May 15th. The remaining balance can be spread out over the next three months. All invoices need to be paid in full on or before August 15, 2024

Team members are responsible for the cost of the following items:

- Sport Bra
- Pom Poms – 2 sets
- Cheer Jacket
- Cheer Shorts
- Megaphone
- Cheer Pants
- Camp Attire
- Cheer Camp
- Cheer Sign - Hwy 181
- Cheer Socks
- Cheer Shoes
- Stunt / UIL Choreographer

NOTE: The list above is an example of items that could change throughout the year.

Payment Plan Example:

1 st Payment	\$615.00	Due by 5/15/2024
2 nd Payment	????	Due by 6/15/2024
3 rd Payment	????	Due by 7/15/2024
4 th Payment	????	Due by 8/15/2024



Last Three Payments
are Based on Your
Balance Due After 5/15

FUNDRAISERS

The cheer program can hold two fundraisers per school year. Individuals may fundraise on their own to help cover their costs, however, you are only allowed to fundraise for your invoice amount only.

Each member will be required to participate in general fundraising activities. Fundraisers can help team members offset their costs and/or replace items needed for the program. Each fundraiser will have an OPT-OUT option, which gives you the option of paying your portion upfront.

First Fundraiser: MINI CHEER CAMP (JUNE 17th to JUNE 21st)

Second Fundraiser: TBD (OCTOBER/NOVEMBER)

SUMMER CAMP – MANDATORY

Cost of Camp: \$515.00

Cheerleaders and Mascots

- All team members must attend summer camp.
- All team members must attend camp practice dates.
- The amount of money for the camp is the responsibility of each team member.
- Team members may not leave camp early or arrive late without written notification that is approved by the cheer sponsor.
- Parents are allowed to come on the last day of camp to watch the camp competition. More details to follow at a later date.

UCA Summer Camp for 2024-2025 will be held at:

Embassy Suites by Hilton Round Rock

June 10th to June 13th

Includes room, camp, 3 breakfasts, 2 lunches, and 3 dinners.

MASCOT ADDITIONAL TRAINING

Higher Impact Entertainment's
Mascot Training Camp
DATE: June 22, 2024
Time: 9:30 AM to 5:30 PM

Location: Woodlawn Lake Park Gym
1103 Cincinnati Ave., San Antonio, TX 78201
Register before 5/10 Cost is \$150.00
Register after 5/10 Cost is \$175.00

UIL COMPETITION (Parent Meeting will be held in October)

The competition is held in January. We are allowed a maximum of 20 team members on the mat. We have a choreographer who will come in to help prepare us. We usually have him for 4 to 6 practices. The cost of this is usually taken care of with fundraisers. If there are no monies left over, the remaining balance will be divided up between each team member. Cost should not exceed more than \$125.00 per team member.

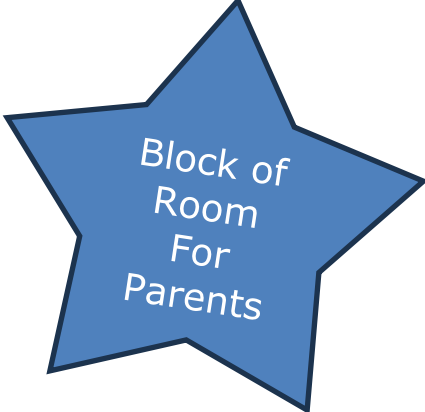
Our practices start in October and finish the week before the competition. Due to the availability of the gym, there will be evening and weekend practices. **To build a responsible, dependable, and reputable team, all practices are MANDATORY.**



Team Dinner
&
Senior Gifts

The UIL Spirit Competition will be held at
Fort Worth Convention Center
January 16th to January 18th

Hotel Reserved: Omni Hotel
Fort Worth Downtown/Convention Center
1300 Houston Street



Block of
Room
For
Parents

GAMES

- Each team member must attend all football games, all home district volleyball, and all home district basketball games, as designated by the cheer sponsor. The only exception for missing would be another Poth High School program or medical excuse.
- Team members should be dressed in complete uniform and ready to cheer at least 60 minutes before outside games begin and at least 30 minutes for indoor sporting events.
- All team members will stand in their designated spots during football, volleyball, and basketball games.
- Friends will not be allowed to sit with the team members during the games.
- There will be no gum chewing while cheering or practicing.
- No excessive talking or playing will be permitted while cheering at any game.
- Team members must be attentive to the game and remain in formation.
- Team members must conduct themselves appropriately and responsibly in all away games as a representative of Poth ISD.
- Team members must adhere to the PHS Student Code of Conduct.
- Team members are responsible for their gear for the duration of the game.
- Varsity team members will attend all out-of-town football games.
- The JV and Varsity team members will attend out-of-town playoff volleyball and basketball games when required by the cheer sponsor.
- Team members must take restroom breaks two at a time with permission for safety purposes.
- Team members will ride to and from away games in official school transportation. Cheer team members can ride home with parents only. Any other special arrangements must be submitted in writing to the cheer sponsor.
- Team members will clean up after themselves and remove all trash from the area.
- Team members will be dismissed by the cheer sponsor.

OUTSIDE OF SCHOOL SPORTS/PROGRAMS

Extra-curricular activities outside of school sports or programs are neither encouraged nor discouraged, but these activities should not interfere with the regularly scheduled cheer activities. Game schedules and practice dates are given far in advance to make sure nothing interferes. These activities are considered unexcused absences from practices, games, or performances. Consequences will be issued for any unexcused absences.

FRIDAY GAME DAYS – VARSITY ONLY

The cheerleaders are invited to attend church and breakfast with the football players. They should arrive at the church no later than 6:45 am. Breakfast will be served, and the cost is approximately \$75.00 for the regular season. Attendance is not mandatory but highly encouraged. The payment is due on August 15th.

CLASSROOM CREDIT

During our class period, we will prepare for pep rallies, make signs, practice cheers, chants, stunting, and dance routines. Here is the breakdown of our schedule.

- 12:57 – Class Starts
- 1:02 – Dressed Out and Stretching on the Mat
- 1:07 – Run through Cheers, Stunts, Dances, Pep Rally Preparations...etc.
- 1:37 – Break Out – Roll Up Mats – Change Clothes
- 1:46 – Class Ends – Bell Rings

The calculation of grades is as follows:

- Weekly Participation Grade is 40% (Practice Participation, Pep Rallies Preparations, etc.)
- Weekly Test Grade is 60% (Performance/Participation at Events and Games)

CHEER CAPTAINS TRYOUTS:(WILL BE SCHEDULED IN MAY)

Captains will be held to a much higher standard than the rest of the squad members. Tryouts are open to all Juniors and Seniors who have been on the Varsity squad for a minimum of one year. Information about tryouts will be released in April.

The captain will, under coaches' supervision:

- work closely and cooperatively with the cheer sponsor
- start cheers/chants
- coordinate pep rally planning with cheer sponsor
- decide which uniforms will be worn for each event
- regularly monitor the weekly calendar for upcoming practices and changes
- regularly communicate details about games, practices, and events
- report complaints, uncooperative behaviors, squad problems, etc. to the cheer sponsor so they may be rectified
- always set good examples and follow the code of conduct in ALL situations
- report to practice at least ten minutes early and be the last to leave
- ensure mats are out and practice begins on time
- lead conditioning and stretching
- participate in ALL extra activities including fundraisers, community service, and volunteer opportunities
- lead the team by example:
 - early to practice
 - properly dressed, daily squad attire, hair up, no jewelry
 - zero unexcused absences
 - positive attitude always
 - jumps/tumbling/spiriting after every cheer/chant

CAPTAIN TRYOUTS BREAKDOWN:

Teacher Recommendations	10% of Score
Tryout Scores	20% of Score
Leadership Questions	20% of Score
Squad Votes	10% of Score
Panel Interview	40% of Score

MISCELLANEOUS

- Each member of the squad is responsible for doing their part in motivating the entire squad all year.
- Everyone must have self-motivation and self-discipline throughout the entire year.
- There must be successful communication between squad team members.
- Team members are carefully selected and are an elite group of students; therefore, they should each take pride in their attitudes, actions, dress, and citizenship.
- The cheerleading season is from tryouts of the current school year until tryouts of the next school year. If a team member is involved in school-related extracurricular activities, the team member and cheer sponsor must have constant communication regarding the activities and schedules.

SPECIAL CIRCUMSTANCES

- If at any time the cheer sponsor and administration find it necessary to alter any part of these policies and procedures for the good of the organization, they may do so without prior notice or discussion.
- Any special situation that may arise and is not specifically addressed in these policies and procedures will be dealt with on an individual basis by the cheer sponsor and administration.

ENCLOSURES SAMPLES FOR YOUR REVIEW:

- CHEER TRYOUT JUDGE SHEET
- MASCOT TRYOUT JUDGE SHEET
- UCA CAMP SCHEDULE
- CHEER INVOICE

ENCLOSURES TO SIGN AND RETURN BY 2/14/2024.

- CHEER TEAM HANDBOOK AND CODE OF CONDUCT ACKNOWLEDGMENT
- PARENT ACKNOWLEDGEMENT / RELEASE FORM
- EXTRACURRICULAR STANDARDS OF BEHAVIOR CONTRACT

**Keep the handbook for your records.
Return only the signature pages.**



POTH HIGH SCHOOL CHEER TEAM HANDBOOK AND CODE OF CONDUCT ACKNOWLEDGMENT 2024-2025

PHS CHEER TEAM CODE OF CONDUCT:

I understand the importance of being a member of the cheer team. I see the value in my assignment as a role model to other students at my school and the importance of representing Poth High School. Today, as always, I promise to do my best to uphold the high standards of my cheer-leadership position. I will conduct myself in a way that promotes a positive image of the school, the community, and me. Acts that reflect negatively include but are not limited to, academic fraud or cheating, plagiarism, criminal activity, harassment, intimidation, and bullying. Such acts may occur during school or non-school activities performed either on- or off-campus. I completely understand that as a leader at Poth High School, I am not allowed to participate in any type of gathering where substances of any kind or criminal activity are present. I understand that I am not allowed to use substances or participate in criminal activities at any time while holding this leadership position. This time frame begins at the time of application until the conclusion of the school year. If I act in a way that reflects negatively upon the school, the community, or myself, I will be held accountable for my actions.

We have read and fully understand the code of conduct. We have received, read, and fully understand the rules and regulations presented in the Poth High School Cheer Team Handbook.

Student's Printed Name: _____

Student's Signature: _____ **Date:** _____

Parent's Printed Name: _____

Parent's Signature: _____ **Date:** _____

FORM MUST BE TURNED IN BY Wednesday, February 14th at 4 PM



POTH HIGH SCHOOL CHEER
Parent Acknowledgement / Release Form
2024-2025

Student's Name _____ Grade _____

I hereby give my consent to my daughter/son, _____, to sign up as a member of the cheer team at Poth High School and recognize their responsibilities and the requirements as a leader of their school.

I understand that, if elected, my daughter/son will be required to pay for summer cheerleading/mascot camp, and personal cheer items needed for the year. A reasonable estimate of these expenditures for a first-year cheerleader is \$1,700.00 or a first-year mascot is \$750.00. The first installment of \$615.00 will be due May 15, 2024. The balance will be due on or before August 15th as outlined in the PHS Cheer Team Handbook.

I, the undersigned, have read and fully understand the rules and regulations that will govern my daughter/son if she/he chooses to represent Poth Independent School District as a cheerleader/mascot. I understand that this is an extracurricular activity and that attendance at all practices, games, special events, and summer camp is mandatory and a requirement of the elected cheerleader/mascot.

Liability Waiver - I do hereby agree to release, discharge, and hold harmless, the Poth Independent School District, its officers, agents, and employees of and from all causes, liabilities, damages, claims, or demands resulting from injury or accidents involving said my minor child while participating in the Poth High School Cheer program.

Parent's Printed Name _____

Parent's Signature _____ Date _____

Address: _____

Email: _____

Phone: _____

FORM MUST BE TURNED IN BY Wednesday, February 14th at 4:00 pm



POTH HIGH SCHOOL CHEER
Extracurricular Standards of Behavior Contract
2024-2025

I, _____, understand that I must conduct myself with utmost integrity and honesty as a student involved in extracurricular activities in the Poth Independent School District. I understand that my position as a student involved in extracurricular activities means that I am held to a higher standard of behavior, and therefore, may receive greater consequences than those outlined in the Poth ISD Student Code of Conduct regardless of whether such conduct occurs on or off school property and/or at a school-sponsored or school-related event. I understand that if I represent my organization in an unfavorable, questionable, or illegal manner through electronic media (i.e., websites, personal home pages, blogs, camera phones, digital photos, electronic descriptions, text messages, chat rooms, social media, or similar websites/filed accessible through a server or Internet), I will be subject to the disciplinary action determined appropriate by school officials.

I understand that if I violate the Poth ISD Student Code of Conduct, I may receive consequences outlined in the Code of Conduct, as well as additional consequences because of my participation in extracurricular activities. I understand and agree that consequences assigned under this contract will be assigned at the discretion and determination of the campus administrator and sponsor of the activity and may include, but are not limited to, disciplinary consequences in, suspension form, removed from and/or prohibition from future participation in all extracurricular activities.

I understand that as a participant in an extracurricular activity, I must follow the Poth ISD Student Code of Conduct in addition to all rules, regulations, and schedule commitments, as required by the sponsor of the activity.

I have read the Poth Extracurricular Standards of Behavior Contract and agree to all the terms and consequences stated herein.

Student's Printed Name: _____

Student's Signature: _____ Date: _____

Parent's Printed Name: _____

Parent's Signature: _____ Date: _____

FORM MUST BE TURNED IN BY Wednesday, February 14th at 4:00 pm