Sophomore Year	SHS School Counseling College/Career Readiness Calendar
September Tip Write down specific goals for the year to have clear objectives and motivation to work towards throughout the year.	• Focus on a strong academic start; make academics a priority and seek extra help when needed. All final grades count toward your high school transcript. • Apply time management strategies from 9th grade to stay organized and maintain balance between academics, activities, and wellness. • Schedule a meeting with your school counselor to review your academic plan and make any necessary adjustments for the year ahead. • If enrolled in a UConn ECE course, register with UConn to be eligible for credit. Connect with your school counselor to complete the process and confirm registration deadlines. • Complete the Naviance AchieveWorks Personality Assessment with your school counselor during Wildcat. Use your results to begin exploring future career and college interests. • Prepare for the upcoming College Fair by researching participating colleges and planning questions to ask representatives.
October Tip: Personality Assessments help students identify their personality type to help students gain insight into their personal strengths and areas for growth.	• Attend College Financial Aid Night with your family to deepen your understanding of how to pay for college, including financial aid, scholarships, and planning strategies. • Schedule a meeting with your school counselor to prepare for the upcoming SHS College Fair and develop questions to ask college reps that align with your career and academic interests. • Use your AchieveWorks Personality Assessment results to research potential careers and explore how your academic choices support your long-term goals. Discuss your findings with your counselor. • Take the PSAT to gain experience with standardized testing and begin identifying areas to strengthen for future SAT/ACT exams. • Attend the SHS College Fair to engage with college representatives, ask informed questions, and collect materials that will help guide future decisions. • Reflect on your current academic progress and advocate for yourself by seeking support or extra help in challenging subjects.
November Tip Goal of Resume building: to create a working document that students can update and refine over time.	• Complete your Brag Sheet in Advisory to begin identifying your achievements, skills, and experiences. This will serve as a foundation for future resume and college application work. • Participate in Naviance Resume Building Lessons with your school counselor during Wildcat to begin creating a professional resume you can update throughout high school. • Reflect on your experience at the SHS College Fair and continue exploring careers and colleges that align with your strengths and interests. • Strengthen relationships with teachers and mentors by actively engaging in class and seeking support when needed; these connections are key for future recommendations. • Stay involved in extracurricular activities that build your leadership, time management, and teamwork skills. Evaluate how your commitments align with your long-term goals. • Maintain balance between academics and outside activities to support both success and well-being.

December Tip: The College and Future Planning evening helps you make informed decisions, answers your questions, and connects you with valuable resources for your future.	• Attend College Future Planning Night with your family to gain a deeper understanding of post-secondary options and how to begin preparing for life after high school. • Meet with your school counselor to reflect on your academic and personal growth during the first semester. Identify strengths, areas for improvement, and set goals for the second half of the year. • Participate in Advisory lessons on the course selection process to begin thinking critically about how your academic choices align with your future college and career plans. • Continue practicing time management and organization strategies to finish the semester strong and prepare for upcoming midterms or projects.
January Tip Start thinking about courses for your Junior year and have conversations with your Teachers.	• Meet individually with your SHS teachers to discuss course recommendations for junior year. Review placement suggestions and ask questions to ensure your selections align with your future goals. • Begin entering your course requests into PowerSchool based on teacher recommendations, graduation requirements, and your personal interests and post-secondary plans. • Use the Course Selection Portal to finalize and submit your course requests for the next school year. Make thoughtful choices that support your academic growth and career exploration. • Prepare for midterm exams by creating a study schedule, reviewing exam procedures, and using effective test-taking strategies. Reach out for help early if needed.
February Tip: Prior to the College Admission Panel Night, students and parents can submit questions. Admission Representatives will provide key info and answer questions.	• Meet with your school counselor to review and update your 4-Year Course Plan and Career Goals. Reflect on your progress and revise your plan to support evolving interests and post-secondary options. • Finalize your course requests for junior year. Consider rigor, balance, and how each course supports your long-term academic and career goals. • Choose electives that align with your interests, strengths, and potential career paths. Use this opportunity to explore new subjects or deepen skills in specific areas.
March/April Tip Visiting a college representative during lunch provides a great opportunity to learn about potential schools, ask questions, and make valuable connections that could help with your college decision process.	• Schedule a meeting with your school counselor to explore post-secondary planning options, including college, career, technical programs, and other pathways that match your interests and goals. • Engage with college representatives who visit SHS during lunch periods. Take initiative to ask questions, gather materials, and learn about admissions requirements and academic programs. • Attend the National College Fair at the Hartford Convention Center or Big E Fairgrounds to connect with college admissions representatives, explore a variety of institutions, and start building your college list. • Begin researching admission criteria, programs of interest, and application requirements for schools or pathways you're considering.
April Tip Visiting college campuses gives you a feel for the environment and helps you determine if it's the right fit for you academically, socially,	• Use April break to visit college campuses while classes are in session. Campus visits give you a firsthand look at academic programs, student life, and campus culture. • Meet with your school counselor to review your academic schedule for junior year and discuss strategies for setting goals that will support your continued success. • Attend the National College Fair at the Big E Fairgrounds to explore a wide range of post-secondary options and connect with college representatives.

and culturally.	
April/May/June Tip Register early with the NCAA Eligibility Center to ensure you meet academic requirements for eligibility for college sports.	• Schedule a meeting with your school counselor to begin your college search using Naviance. Explore schools that match your interests, goals, and academic profile. • If you plan to play a sport at the Division I or II level, register with the NCAA Eligibility Center to begin the certification process. Visit NCAA.org • to create an account, complete your registration, and request a transcript. • Finish the school year strong by staying organized, completing all final projects and assignments, and preparing for exams. Use checklists or planners to manage deadlines and stay on track. • Reflect on your accomplishments this year and start thinking ahead to the goals you want to set for junior year; academic, career, personal.
June/July Tip Enjoy Your Summer!	• Finish the school year strong by staying organized, completing all assignments, and preparing thoroughly for final exams. Use checklists or planners to keep track of deadlines and tasks. • Explore colleges by visiting campuses whenever possible. The more campuses you see, the better you'll understand what you want in a school and where you might want to apply in the future.