

# APPLETON NORTH YOUTH WRESTLING CLUB

**\*\*SIGN UP NOW FOR THE 2025-26 SEASON\*\***

The Appleton North Youth Wrestling Club is accepting registrations for its upcoming wrestling season. We are committed to providing a youth wrestling program stressing wrestling **FUNDamentals**, life skills, a positive experience, and good sportsmanship on and off the mat. We look forward to introducing the sport of wrestling to our members in an exciting and fun atmosphere! The program is available to all students in **K-5th grade**. Practices **will begin Monday, December 8th** and will run until **Thursday, March 12th**. Wrestlers will meet twice per week (Mondays and Thursdays) with an optional practice (Friday). All practices will take place in the Appleton North Wrestling room. Practices will be divided into 2 groups:

## **Little Bolts (K-2nd Grade)**

- Monday/Thursday Nights: 6:15-7:00 pm
- Friday Nights: 6:00-7:15 pm
- Practices: 12/8 (M), 12/12 (F), 12/15 (M), 12/18 (TH), 12/19 (F), 12/22 (M), 1/5 (M), 1/9 (F), 1/12 (M), 1/15 (TH), 1/16 (F), 1/19 (M), 1/22 (TH), 1/23 (F), 1/26 (M), 1/30 (F), 2/2 (M), 2/5 (TH), 2/9 (M), 2/12 (TH), 2/13 (F), 2/16 (M), 2/19 (TH), 2/20 (F), 2/23 (M), 2/26 (TH), 2/27 (F), 3/2 (M), 3/5 (TH), 3/9 (M), 3/12 (TH)
- Cost \$75 per wrestler

The registration fee is \$75.00 and includes the following:

- Quality wrestling instruction/supervision
- Safe and excellent facilities (Appleton North wrestling room)
- The club will pay for 2 youth wrestling tournament entry fees

## **Thunder Bolts (3rd-5th Grade)**

- Monday/Thursday Nights: 7:00-8:15 pm Friday Nights: 6:00-7:15 pm Practices: 12/8 (M), 12/12 (F), 12/15 (M), 12/18 (TH), 12/19 (F), 12/22 (M), 1/5 (M), 1/9 (F), 1/12 (M), 1/15 (TH), 1/16 (F), 1/19 (M), 1/22 (TH), 1/23 (F), 1/26 (M), 1/30 (F), 2/2 (M), 2/5 (TH), 2/9 (M), 2/12 (TH), 2/13 (F), 2/16 (M), 2/19 (TH), 2/20 (F), 2/23 (M), 2/26 (TH), 2/27 (F), 3/2 (M), 3/5 (TH), 3/9 (M), 3/12 (TH)
- Cost \$75 per wrestler

**REGISTER NOW!!!**

You can register for the season by visiting <http://lightningwrestling.wix.com/sparks-wrestling> and click the "REGISTER NOW" link at the top of the page

OR

Go directly to the registration page using the link

<https://bit.ly/41z20EX>



If you have any questions, please contact Appleton North Head Coach Scott Clough at [cloughscott@asds.k12.wi.us](mailto:cloughscott@asds.k12.wi.us)