



PISD Elementary COMPREHENSIVE SCHOOL COUNSELING PROGRAM

Smith Elementary

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Foundation

Comprehensive School Counseling Program (CSCP) Mission Statement:

The mission of Princeton ISD's Counseling Program and Smith Elementary is to help students create an anchor for life by connecting them, as well as parents, schools and the community with the tools and resources for academic, social and emotional success, college and career readiness.



Program Definition

Below are the defining elements of our CSCP:

Delivery

Princeton ISD Counselors are led on delivering the comprehensive school counseling program along with administration, campus staff, guest speakers and parents. This is collaboratively done for the success of the comprehensive school counseling program.

Competencies

Student Competency: Students have a positive self-concept

- Become aware of their personal traits
- Become aware of the importance of liking themselves

Student Competency: Students utilize effective executive functioning skills

- Become aware of the need to use time effectively
- Describe the steps in a goal setting process

Student Competency: Students behave appropriately to the situation and environment

- Behave appropriately in various school settings
- Be able to follow rules and directions and complete tasks

Student Competency: Students incorporate wellness practices into daily living

- Describe feelings related to stress
- Identify healthy activities to do when alone

Student Competency: Students demonstrate resilience and positive coping skills

- Identify changes that have occurred in themselves
- Find strategies for feeling secure in a new class or school

Clients

Students on Princeton ISD Elementary School Campuses are the primary focus. However, other clients that are served are parents and staff members.

Organizational Elements

Princeton ISD Elementary Counselors focus on scheduling and planning prior to school starting. They track their time in the following program components: Guidance Curriculum, Responsive Services, Individual Planning and System Support. Princeton ISD counselors, teachers, parents and principals collaborate together to help create a fluid calendar.

Program Rationale

Below are the 6 statements that make up the rationale for our CSCP:

1. The comprehensive counseling program is an integral component of the school's academic mission. The comprehensive school counseling program, driven by student data, is based on standards in academic, career, and personal/social development, which promote and enhance the learning process for all students.
2. The school counseling program ensures equity and access to a comprehensive counseling program which is based on the TEA standards in academic, career, and personal/social development.
3. The comprehensive school counseling program is data-driven and provided by a state-credentialed school counselor who systematically delivers instruction to all students.
4. The rationale for the comprehensive counseling program can be determined by reviewing data, including but not limited to, needs assessment, behavior referrals, academic performance, and attendance.
5. Goals for the school counseling program include academic success, safety, acceptance, equity, empowerment, personal growth, and respect.
6. Current theories and professional trends of our school counseling program include Solution-Focused Brief Counseling, Play-Therapy, and Cognitive Behavior counseling, and other appropriate methods for school counselors.

Program Assumptions – see completed checklists in Texas Model Guide on page 56

Program Goals and Process

Needs Assessment Results: Increase Positive Student Behavior, Foster Emotional Resilience and Coping Strategies, Assess Program Balance using Time Tracking

We reviewed the following data points:

- 3rd – 5th Student Campus Climate Survey
- Kinder – 5th Parent Campus Climate Survey
- Counselor Time Tracker

The following patterns will be evaluated in our data:

- Students treating each other with kindness (in person & online)
- Students behave so teachers can teach
- Teachers give useful information about how to help my student(s) do well in school
- Parents are kept informed about what their student(s) are learning in school
- Types of non-counseling duties

We found the following areas of significance in our data points:

2024-2025 School Year

- **Student Campus Climate Survey** –

-Students treat each other with kindness both in person and online. The following percentages are from students in 3-5 with a total of 272 students completing the survey.

3rd Grade – 89 3rd grade students completed the survey.

- Never – 3.4%
- A Little Bit – 15.7%
- Most Of The Time – 43.8%
- Always – 37.1%

4th Grade – 76 4th grade students completed the survey.

- Never – 6.6%
- A Little Bit – 32.9%
- Most of The Time – 46.1%
- Always – 14.5%

5th Grade – 107 5th grade students completed the survey.

- Never – 13.1%
- A Little Bit – 28%
- Most Of The Time – 43%
- Always – 15.9%

-Students in my class behave so that teachers can teach. The following percentages are from students in 3-5 with a total of 272 students completing the survey.

3rd Grade – 89 3rd grade students completed the survey.

- Never – 3.4%
- A Little Bit – 15.7%
- Most Of The Time – 43.8%
- Always – 37.1%

4th Grade – 76 4th grade students completed the survey.

- Never – 7.9%
- A Little Bit – 30.3%
- Most of The Time – 50%
- Always – 11.8%

5th Grade – 107 5th grade students completed the survey.

- Never – 14%
- A Little Bit – 22.4%
- Most Of The Time – 55.1%
- Always – 8.4%

• **Parent Campus Climate Survey –**

-Teachers give me useful information about how to help my students do well in school. The following percentages are from parents in K-5 with a total of 78 parents completing the survey.

- Strongly Agree – 38.5%
- Agree – 32.1%
- Disagree – 16.7%
- Strongly Disagree – 11.5%
- Don't Know – 1.3%

-I am kept informed about my student's learning and classroom activities. The following percentages are from parents in K-5 with a total of 78 parents completing the survey.

- Strongly Agree – 37.2%
- Agree – 33.3%
- Disagree – 20.5%
- Strongly Disagree – 9%
- Don't Know – 0%

• **Counselor Time Tracker –**

Goal – Guidance Curriculum 35%, Responsive Services 40%, Individual Planning 10%, System Support 15% & Non-Counseling 0%

-2024-2025

- Guidance Curriculum – 9%
- Responsive Services – 38%
- Individual Planning – 7%
- System Support – 45%
- Non-Counseling – 1%

The most significant needs identified in needs assessments were:

2024-2025 School Year

Counselor Time Tracker

Consolidated numbers allowed area(s) of concern/growth needed to come to light, as well as area(s) that need a decline.

Guidance Curriculum, Responsive Services and Individual Planning need growth. (increase of student time)

System Support needs a decrease of time. (not student direct)
Non-Counseling has declined, but by state requirements should be 0%.

Advisory council input/insight to be incorporated into CSCP goals:

- Share 3 CSCP goals at leadership meeting to elicit revisions/additions
- Continue Peace Day reward system to maximize positive office referrals
- Continue Positive Office Referrals (treasure box, calls home & pictures posted)
- Continue to use Staff Campus Climate Survey (MOY)
- Continue to use 3-5 Student Campus Climate Survey (BOY & EOY)
- Continue to use K-5 Parent Campus Climate Surveys (EOY)
- Continue to use Staff Counseling Program Feedback Survey at the end of each school year for staff perspectives of counseling program

Program SMART Goals for the 2025-26 Year

1. By May 2026, school counselors will work to increase positive student behavior by twenty percent through positive office referrals and special recognition during awards ceremonies and/or morning announcements.

2. By May 2026, school counselors will work to foster emotional resilience and coping strategies by ten percent through individual, group and classroom guidance counseling, along with teacher support.

3. By May 2026, school counselors will increase the amount of time spent with students by thirty percent by providing individual, group and classroom guidance counseling, along with teacher support.

CSCP Design Priorities

Clients - ranked by importance according to our goals (1 is most important):

1. Students
2. Parents
3. Teachers
4. Administrators
5. Stakeholders

Student Needs - ranked by importance according to our goals (1 is most important):

1. Developmental Needs
2. Preventive Needs
3. Remedial Needs
4. Crisis Needs

Student Competencies - ranked by importance according to our goals (1 is most important):

1. Interpersonal Effectiveness
2. Intrapersonal Effectiveness
3. Personal Health and Safety

4. Post-Secondary Education and Career Readiness

School Counselor Competencies - ranked by importance according to our goals (1 is most important):

1. Counseling
2. Guidance
3. Advocacy
4. Consultation
5. Program Mana
6. Professional Behavior
7. Professional Standards
8. Leadership
9. Coordination

Counselor Time/Program Component- ranked by importance according to our goals (1 is most important):

1. Guidance Curriculum - 35-45%
2. Responsive Services - 30-40%
3. System Support - 10-15%
4. Individual Planning - 5-10%

Program Design

Guidance Curriculum Services

1. Strategic Content Area-Intrapersonal Effectiveness

Needs Assessment Findings - discipline referrals, attendance, and teacher/community input indicate need for the following topics

Guidance Curriculum Lesson Topic/s-Respect, Self-Respect, Anti-bullying, Hygiene, puberty, germs, personal safety/safe touch, drug prevention, College & Career lesson, Smart Goal/Growth Mindset

SMART Goal/s-

- By May 2026, school counselors will work to increase positive student behavior by twenty percent through positive office referrals and special recognition during awards ceremonies and/or morning announcements.
- By May 2026, school counselors will work to foster emotional resilience and coping strategies by ten percent through individual, group and classroom guidance counseling, along with teacher support.
- By May 2026, school counselors will increase the amount of time spent with students by thirty percent by providing individual, group and classroom guidance counseling, along with teacher support.

2. Strategic Content Area-Interpersonal Effectiveness: Anxiety

Needs Assessment Findings - discipline referrals, attendance, and teacher/community input indicate need for the following topics

Guidance Curriculum Lesson Topic/s- Respect, Conflict Resolution, Anti-bullying

SMART Goal/s-

- By May 2026, school counselors will work to increase positive student behavior by twenty percent through positive office referrals and special recognition during awards ceremonies and/or morning announcements.
- By May 2026, school counselors will work to foster emotional resilience and coping strategies by ten percent through individual, group and classroom guidance counseling, along with teacher support.
- By May 2026, school counselors will increase the amount of time spent with students by thirty percent by providing individual, group and classroom guidance counseling, along with teacher support.

3. Strategic Content Area-Personal Health & Safety: Emotional Regulation

Needs Assessment Findings - discipline referrals, attendance, and teacher/community input indicate need for the following topics

Guidance Curriculum Lesson Topic/s- Anti-Bullying, Hygiene, puberty, germs, personal safety/safe touch, drug prevention, social media safety

SMART Goal/s-

- By May 2026, school counselors will work to increase positive student behavior by twenty percent through positive office referrals and special recognition during awards ceremonies and/or morning announcements.
- By May 2026, school counselors will work to foster emotional resilience and coping strategies by ten percent through individual, group and classroom guidance counseling, along with teacher support.
- By May 2026, school counselors will increase the amount of time spent with students by thirty percent by providing individual, group and classroom guidance counseling, along with teacher support.

4. Strategic Content Area-Post Secondary Education and Career Readiness

Needs Assessment Findings - discipline referrals, attendance, and teacher/community input indicate need for the following topics

Guidance Curriculum Lesson Topic/s- College & Career lesson, Smart Goal/Growth Mindset, Successful in Sixth

SMART Goal/s-

- By May 2026, school counselors will work to increase positive student behavior by twenty percent through positive office referrals and special recognition during awards ceremonies and/or morning announcements.
- By May 2026, school counselors will work to foster emotional resilience and coping strategies by ten percent through individual, group and classroom guidance counseling, along with teacher support.
- By May 2026, school counselors will increase the amount of time spent with students by thirty percent by providing individual, group and classroom guidance counseling, along with teacher support.

Campus Responsive Services

Identified Need #1- Family Changes

Preventative, Remedial, or Crisis- Remedial & Crisis

Intervention/Plan of Action- Counseling services based on student need

Written by PISD Elementary Counselors

Updated: 08/26/2024

Outcome/Follow Up- Open communication with family and student to provide check-in as needed

Identified Need #2- Anxiety

Preventative, Remedial, or Crisis- Preventative, remedial, and crisis

Intervention/Plan of Action- counseling support through individual, group, and guidance lessons

Outcome/Follow Up- Open communication with family, teacher, and student to provide check-in as needed

Identified Need #3- Emotional Regulation

Preventative, Remedial, or Crisis- Preventative, remedial, and crisis

Intervention/Plan of Action- counseling support through individual, group, and guidance lessons

Outcome/Follow Up- Open communication with family, teacher, and student to provide check-in as needed

Individual Planning Priorities

Domain- Personal

Goal- Identify attributes for achievement and growth

School Counselor Considerations- Grade level diversification

Advocacy- Equity for all students

Domain- Education

Goal- Understanding the importance of education

School Counselor Considerations- Grade level diversification

Advocacy- Equity for all students

Domain- Career

Goal- Introduction to different options

School Counselor Considerations- Grade level diversification

Advocacy- Equity for all students

System Support Tools

Monthly Calendar- see attached calendar at end of this CSCP.

Program Balance Chart/Weekly Schedule- see next page.

KEY for the following tools:

GC: Guidance Curriculum

RS: Responsive Services

IP: Individual Planning

SS: System Support

NCD: Non-counseling duty

Program Balance Chart/Weekly Schedule Template

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8-8:30	Non-counseling	Non-counseling	Non-counseling	Non-counseling	Non-counseling
8:30-9	Non-counseling	Non-counseling	Non-counseling	Non-counseling	Non-counseling
9-9:30	Individual Planning	Individual Planning	Individual Planning	Individual Planning	Individual Planning
9:30-10	Individual Planning	Individual Planning	Individual Planning	Individual Planning	Individual Planning
10-10:30	Guidance Curriculum	Guidance Curriculum	Guidance Curriculum	Guidance Curriculum	Guidance Curriculum
10:30-11	Guidance Curriculum	Guidance Curriculum	Guidance Curriculum	Guidance Curriculum	Guidance Curriculum
11-11:30	Guidance Curriculum	Guidance Curriculum	Guidance Curriculum	Guidance Curriculum	Guidance Curriculum
11:30-12	Guidance Curriculum	Guidance Curriculum	Guidance Curriculum	Guidance Curriculum	Guidance Curriculum
12-12:30	Responsive Services	Responsive Services	Responsive Services	Responsive Services	Responsive Services
12:30-1	Responsive Services	Responsive Services	Responsive Services	Responsive Services	Responsive Services
1-1:30	Responsive Services	Responsive Services	Responsive Services	Responsive Services	Responsive Services
1:30-2	Responsive Services	Responsive Services	Responsive Services	Responsive Services	Responsive Services

2-2:30	System Support	System Support	System Support	System Support	System Support
2:30-3	Non-counseling	Non-counseling	Non-counseling	Non-counseling	Non-counseling
3-3:30	Non-counseling	Non-counseling	Non-counseling	Non-counseling	Non-counseling
3:30-4	Non-counseling	Non-counseling	Non-counseling	Non-counseling	Non-counseling

Counseling Department Monthly Calendar

This calendar is based on the following guidelines.

1. The Texas Model School Counseling Program Guide Components and Content Areas of:

<u>Components</u> Guidance Curriculum Responsive Services Individual Planning System Support	<u>Content Areas</u> Interpersonal Effectiveness Intrapersonal Effectiveness Personal Health and Safety Post-Secondary Planning and Career Readiness
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2. The program goals of the Comprehensive School Counseling Program:

Counseling Program Goals for the 2025-2026 Year

- Goal 1: By May 2026, school counselors will work to increase positive student behavior by twenty percent through positive office referrals and special recognition during awards ceremonies and/or morning announcements.
- Goal 2: By May 2026, school counselors will work to foster emotional resilience and coping strategies by ten percent through individual, group and classroom guidance counseling, along with teacher support.
- Goal 3: By May 2026, school counselors will increase the amount of time spent with students by thirty percent by providing individual, group and classroom guidance counseling, along with teacher support.

3. Campus Improvement Plan Goals: 2025-2026

Goal 1: To excel in state and local assessments.

Goal 2: Increase Attendance - Average daily attendance during the 2025-2026 school year: 97% Elementary

Goal 3: Decrease Drop-Out Rate

Goal 4: Provide a safe and orderly school climate, conducive to learning.

Goal 5: Increase parental and community involvement.

Goal 6: Provide for special populations.

Goal 7: Provide for the growth and ever-changing demographics of Princeton ISD.

Mrs. Aldridge's Calendar

August

Content Area: Introduction to PISD/Smith Elementary Counseling Program and Purpose, as well as the Smith Elementary Counselor.

-Interpersonal Effectiveness & Intrapersonal Effectiveness

CSCP Goals Addressed:

- Goal 1: By May 2026, school counselors will work to increase positive student behavior by twenty percent through positive office referrals and special recognition during awards ceremonies and/or morning announcements.
- Goal 2: By May 2026, school counselors will work to foster emotional resilience and coping strategies by ten percent through individual, group and classroom guidance counseling, along with teacher support.
- Goal 3: By May 2026, school counselors will increase the amount of time spent with students by thirty percent by providing individual, group and classroom guidance counseling, along with teacher support.

Domain: Personal & Social

Guidance Curriculum (GC):

Guidance Lessons:

- ★ **Lesson Target Grade(s):** K-1
 - ★ **Lesson Topic:** Meet the School Counselor
 - ★ **Lesson Name:** Meet the School Counselor – The Rabbit Listened
 - ★ **Lesson Origin:** Counselor Created – Teachers Pay Teachers – Music City Counselor
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- ★ **Lesson Target Grade(s): 2**
 - ★ **Lesson Topic: Meet the Counselor**
 - ★ **Lesson Name: Pineapple Meet the Counselor**
 - ★ **Lesson Origin: Counselor Created – Teachers Pay Teachers – Counselor Keri**
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- ★ **Lesson Target Grade(s): 3**
 - ★ **Lesson Topic: Meet the Counselor**
 - ★ **Lesson Name: Fun In The Sun -a deep dive into “What does the school counselor do?”**
 - ★ **Lesson Origin: Counselor Created – Teachers Pay Teachers – Counselor Keri**
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- ★ **Lesson Target Grade(s): 4**
 - ★ **Lesson Topic: Meet the Counselor**
 - ★ **Lesson Name: Fun In The Sun -a deep dive into “What does the school counselor do?”**
 - ★ **Lesson Origin: Counselor Created – Teachers Pay Teachers – Counselor Keri**
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- ★ **Lesson Target Grade(s): 5**
 - ★ **Lesson Topic: Meet the Counselor**
 - ★ **Lesson Name: Fun In The Sun -a deep dive into “What does the school counselor do?”**
 - ★ **Lesson Origin: Counselor Created – Teachers Pay Teachers – Counselor Keri**
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Major Projects/Events:

- ❖ Back to School Staff Theme Bulletin Board
- ❖ Meet the Counselor Bulletin Board
- ❖ Positive Office Referral Bulletin Board
- ❖ Back to School/Meet the Teacher Night
- ❖ PurposeFull People Tuesdays Kick Off #ppt
- ❖ Positive Thought Thursdays Kick Off #positivITEethursday
- ❖ August Counselor Meeting
- ❖ CAT (counseling advisory team) Member Set Up
- ❖ PLC Meetings Begin -involved when necessary
- ❖ Staff BOY Compliance Trainings
- ❖ PurposeFull People Family Newsletter
- ❖ Smith Elementary Website
- ❖ Smith W.A.G. (week at a glance)

- ❖ Celebration/Awareness Days
 - Left Handers Day, National Tell a Joke Day, National College Colors Day

Individual Planning:

Character Strong Character Traits (1st 9WKS): Respect & Responsibility

- ❖ Includes the following: PurposeFull People Tuesdays, Tuesday Character Trait Specific Announcements, Student Character Dares, School to Home Communication via Smith Website, Teacher Resources & Recognition Certificates at the end of the 9WKS.

September

Content Area: Interpersonal Effectiveness & Intrapersonal Effectiveness

CSCP Goals Addressed:

- ❖ Goal 1: By May 2026, school counselors will work to increase positive student behavior by twenty percent through positive office referrals and special recognition during awards ceremonies and/or morning announcements.
- ❖ Goal 2: By May 2026, school counselors will work to foster emotional resilience and coping strategies by ten percent through individual, group and classroom guidance counseling, along with teacher support.
- ❖ Goal 3: By May 2026, school counselors will increase the amount of time spent with students by thirty percent by providing individual, group and classroom guidance counseling, along with teacher support.

Domain: Personal & Social

Guidance Curriculum (GC):

Guidance Lessons:

- ❖ **Lesson Target Grade(s): K**
- ❖ **Lesson Topic: Secrets & Strangers**
- ❖ **Lesson Name: Who Knows**
- ❖ **Lesson Origin: WHO – We Help Ourselves – Developed by Mental Health America of Greater Dallas**

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- ❖ **Lesson Target Grade(s): 1**
 - ❖ **Lesson Topic: Feelings**
 - ❖ **Lesson Name: Feeling Experts**
 - ❖ **Lesson Origin: Counselor Created – Teachers Pay Teachers – The Responsive Counselor**

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- ❖ **Lesson Target Grade(s): 2**
 - ❖ **Lesson Topic: Problems**
 - ❖ **Lesson Name: How Big Is The Problem?**

❖ **Lesson Origin: Counselor Created – Teachers Pay Teachers – The Responsive Counselor**

❖ **Lesson Target Grade(s): 3**

❖ **Lesson Topic: In & Out of my Control**

❖ **Lesson Name: Circle of Control**

❖ **Lesson Origin: Counselor Created – Teachers Pay Teachers – The Responsive Counselor**

❖ **Lesson Target Grade(s): 4**

❖ **Lesson Topic: Self-Talk**

❖ **Lesson Name: Coach Yourself**

❖ **Lesson Origin: Counselor Created – Teachers Pay Teachers – The Responsive Counselor**

❖ **Lesson Target Grade(s): 5**

❖ **Lesson Topic: Being Organized / Time Management**

❖ **Lesson Name: What does it mean to be organized?**

❖ **Lesson Origin: Counselor Created – Teachers Pay Teachers – The Responsive Counselor**

Major Projects/Events:

- ❖ #positivITEThursdays continue
- ❖ PurposeFull People Tuesdays continue #ppt
- ❖ Staff BOY Compliance Trainings
- ❖ BOY 3-5 Student Campus Climate Survey
- ❖ WatchDog Program Set Up Begins
- ❖ WatchDog Bulletin Board Update
- ❖ NTX Food Bank Peanut Butter Drive
- ❖ Fun Run Kick Off
- ❖ Homecoming Week
- ❖ 4th Grade YES Program
- ❖ September Counseling Meeting
- ❖ MTSS Meetings Begin -involved when necessary
- ❖ PurposeFull People Family Newsletter
- ❖ Smith Elementary Website
- ❖ Smith W.A.G. (week at a glance)
- ❖ Celebration/Awareness Days
 - Childhood Cancer Awareness Month #weargold, National Hispanic Heritage Month, IT Professionals Day, Grandparent's Day

Individual Planning:

Character Strong Character Traits (1st 9WKS): Respect & Responsibility

- ❖ Includes the following: PurposeFull People Tuesdays, Tuesday Character Trait Specific Announcements, Student Character Dares, School to Home Communication via Smith Website, Teacher Resources & Recognition Certificates at the end of the 9WKS.

October

Content Area:

-Personal Health and Safety, Interpersonal Effectiveness & Intrapersonal Effectiveness

CSCP Goals Addressed:

- ❖ Goal 1: By May 2026, school counselors will work to increase positive student behavior by twenty percent through positive office referrals and special recognition during awards ceremonies and/or morning announcements.
- ❖ Goal 2: By May 2026, school counselors will work to foster emotional resilience and coping strategies by ten percent through individual, group and classroom guidance counseling, along with teacher support.
- ❖ Goal 3: By May 2026, school counselors will increase the amount of time spent with students by thirty percent by providing individual, group and classroom guidance counseling, along with teacher support.

Domain: Personal & Social

Guidance Curriculum (GC):

Guidance Lessons:

- ❖ **Lesson Target Grade(s): K-1**
- ❖ **Big Problems and Small Problems**
- ❖ **Lesson Name: Kelso's Choice**
Kelso's Choice -Kelso and friends help students up to grade 5 tell the difference between a big problem and a small problem, and give tools that empower them to solve conflicts on their own.
- ❖ **Lesson Origin: Kelso's Choice Conflict Management 4th Edition by Barbara Clark, PH.D. & Diane Hipp, CPS**

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- ❖ **Lesson Target Grade(s): 2**
 - ❖ **Lesson Topic: Self-Talk + Perseverance**
 - ❖ **Lesson Name: Self-Talk + Perseverance**
 - ❖ **Lesson Origin: Counselor Created – Teachers Pay Teachers – The Responsive Counselor**

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- ❖ **Lesson Target Grade(s): 3-5**
 - ❖ **Lesson Topic: Healthy Choices & Personal Safety**
 - ❖ **Lesson Name: Healthy Choices & Personal Safety**
 - ❖ **Lesson Origin: Healthy Choices & Personal Safety** -Books by Erainna Winnett are used to provide students with healthy choice & personal safety ideas during the month of October, so that they may understand Red Ribbon Week using age appropriate vocabulary. **Book Titles** ~ Sarah's Sick Day (2-3) / Charlie and the Curious Club (4-5)
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Major Projects/Events:

- ❖ #positivITEThursdays continue
- ❖ PurposeFull People Tuesdays continue
- ❖ Staff BOY Compliance Trainings
- ❖ PISD PAL Program Set Up Begins/PAL Meeting & Tour
- ❖ PISD PALs begin at Smith
- ❖ WatchDog Program Begins
- ❖ PISD Food Drive
- ❖ PISD Angel Tree
- ❖ BOY CAT Meeting *Oct. 22nd
- ❖ Red Ribbon Week
- ❖ October Counseling Meeting
- ❖ PurposeFull People Family Newsletter
- ❖ Smith Elementary Website
- ❖ Smith W.A.G. (week at a glance)
- ❖ Celebration/Awareness Days
 - National Bullying Prevention Month, Breast Cancer Awareness Month #wearpink, PEIMS Appreciation Day, School Custodian Appreciation Day, World Teachers' Day, National Coaches Day (academic & instructional), Dyslexia Awareness Week, National Walk & Bike to School Day, Unity Day, 50th Day of School, Occupational Therapy Day, National Boss's Day, National Principal's Month (We celebrate in April & May.)

Individual Planning:

Character Strong Character Traits (2nd 9WKS): Gratitude & Empathy

- ❖ Includes the following: PurposeFull People Tuesdays, Tuesday Character Trait Specific Announcements, Student Character Dares, School to Home Communication via Smith Website, Teacher Resources & Recognition Certificates at the end of the 9WKS.

November

Content Area:

-Personal Health and Safety, Interpersonal Effectiveness & Intrapersonal Effectiveness

CSCP Goals Addressed:

- Goal 1: By May 2026, school counselors will work to increase positive student behavior by twenty percent through positive office referrals and special recognition during awards ceremonies and/or morning announcements.
- Goal 2: By May 2026, school counselors will work to foster emotional resilience and coping strategies by ten percent through individual, group and classroom guidance counseling, along with teacher support.
- Goal 3: By May 2026, school counselors will increase the amount of time spent with students by thirty percent by providing individual, group and classroom guidance counseling, along with teacher support.

Domain: Personal & Social

Guidance Curriculum (GC):

Guidance Lessons:

★ **Lesson Target Grade(s): K-1**

★ **Lesson Topic: Big Problems and Small Problems**

★ **Lesson Name: Kelso's Choice**

Kelso's Choice -Kelso and friends help students up to grade 5 tell the difference between a big problem and a small problem, and give tools that empower them to solve conflicts on their own.

★ **Lesson Origin: Kelso's Choice Conflict Management 4th Edition by Barbara Clark, PH.D. & Diane Hipp, CPS**

★ **Lesson Target Grade(s): 2**

★ **Lesson Topic: Friendship**

★ **Lesson Name: Friendship & the Social Filter**

★ **Lesson Origin: Counselor Created – Teachers Pay Teachers – The Responsive Counselor**

★ **Lesson Target Grade(s): 3-4**

★ **Lesson Topic: Hygiene**

Lesson Name: Brush Up on Hygiene

Young viewers will be entertained as they learn about cleanliness and good hygiene with zany host, Dr. Tidy. The humorous presentation is packed with practical, age-appropriate hygiene tips, and delivers the message that keeping your body clean is an important part of staying healthy and feeling good about yourself.

★ **Lesson Origin: Human Relations Media**

★ **Lesson Target Grade(s): 5**

★ **Lesson Topic: Puberty**

★ **Lesson Name: The Puberty Workshop**

The Puberty Workshop delivers the essential lessons of puberty: what changes to expect, why they happen and how to deal with them. Real young people share their questions, concerns and experiences; children's health experts explain the most important biological and psychological lessons of puberty. Boys and Girls will come away with a clear understanding of the changes ahead. The videos will help empower students to face the challenges and opportunities of growing up.

★ **Lesson Origin: Human Relations Media**

Major Projects/Events:

- ❖ #positivITEethursdays continue
- ❖ PurposeFull People Tuesdays continue
- ❖ Staff BOY Compliance Trainings
- ❖ WatchDogs continue
- ❖ Nana Puddin' (Dennis Lee) Performance -K-3 students will laugh out loud as they learn: Honesty, Kindness, Fairness, Respect & Responsibility.
- ❖ PISD Food Drive Continues...
- ❖ PISD Angel Tree Continues...
- ❖ 3rd & 4th -Brush Up on Hygiene
- ❖ 5th -The Puberty Workshop
- ❖ Fall Book Fair
- ❖ November Counseling Meeting
- ❖ PurposeFull People Family Newsletter
- ❖ Smith Website
- ❖ Smith W.A.G. (week at a glance)
- ❖ Celebration/Awareness Days
 - National Career Development Month, Veterans Day, World Kindness Day, Education Support Professionals Day, Substitute Educators Day

Individual Planning:

Character Strong Character Traits (2nd 9WKS): Gratitude & Empathy

- ❖ Includes the following: PurposeFull People Tuesdays, Tuesday Character Trait Specific Announcements, Student Character Dares, School to Home Communication via Smith Website, Teacher Resources & Recognition Certificates at the end of the 9WKS.

December

Content Area:

-Interpersonal Effectiveness & Intrapersonal Effectiveness

CSCP Goals Addressed:

- Goal 1: By May 2026, school counselors will work to increase positive student behavior by twenty percent through positive office referrals and special recognition during awards ceremonies and/or morning announcements.
- Goal 2: By May 2026, school counselors will work to foster emotional resilience and coping strategies by ten percent through individual, group and classroom guidance counseling, along with teacher support.
- Goal 3: By May 2026, school counselors will increase the amount of time spent with students by thirty percent by providing individual, group and classroom guidance counseling, along with teacher support.

Domain: Personal & Social

Guidance Curriculum (GC):

Guidance Lessons:

- ★ **Lesson Target Grade(s): K**
 - ★ **Lesson Topic: Showing Someone You Care**
 - ★ **Lesson Name: Showing Someone You Care**
 - ★ **Lesson Origin: Counselor Created – Teachers Pay Teachers – The Responsive Counselor**
-

- ★ **Lesson Target Grade(s): 1**
 - ★ **Lesson Topic: Take Turns + Take a Break**
 - ★ **Lesson Name: Take Turns + Take a Break**
 - ★ **Lesson Origin: Counselor Created – Teachers Pay Teachers – The Responsive Counselor**
-

- ★ **Lesson Target Grade(s): 2**
 - ★ **Lesson Topic: Talk It Out/I-Messages**
 - ★ **Lesson Name: Talk It Out/I-Messages**
 - ★ **Lesson Origin: Counselor Created – Teachers Pay Teachers – The Responsive Counselor**
-

- ★ **Lesson Target Grade(s): 3**
 - ★ **Lesson Topic: Time Management**
 - ★ **Lesson Name: Using Time Wisely**
 - ★ **Lesson Origin: Counselor Created – Teachers Pay Teachers – The Responsive Counselor**
-

- ★ **Lesson Target Grade(s): 4**
- ★ **Lesson Topic: Identity**

- ★ **Lesson Name: Who are you?**
- ★ **Lesson Origin: Counselor Created – Teachers Pay Teachers – The Responsive Counselor**

-
- ★ **Lesson Target Grade(s): 5**
 - ★ **Lesson Topic: Friendship Boundaries**
 - ★ **Lesson Name: Friendships & Problems**
 - ★ **Lesson Origin: Counselor Created – Teachers Pay Teachers – The Responsive Counselor**

Major Projects/Events:

- ❖ #positivITEethursdays continue
- ❖ PurposeFull People Tuesdays continue
- ❖ PISD PALs continue
- ❖ WatchDogs continue
- ❖ Holly Jolly Spirit Month
- ❖ PurposeFull People Family Newsletter
- ❖ Smith Website
- ❖ Smith W.A.G. (week at a glance)
- ❖ Celebration/Awareness Days
 - National SPED Day, Computer Science Education Week

Individual Planning:

Character Strong Character Trait (2nd 9WKS): Gratitude & Empathy

- ❖ Includes the following: PurposeFull People Tuesdays, Tuesday Character Trait Specific Announcements, Student Character Dares, School to Home Communication via Smith Website, Teacher Resources & Recognition Certificates at the end of the 9WKS.

WINTER BREAK

January

Content Area:

-Postsecondary Planning and Readiness, Interpersonal Effectiveness & Intrapersonal Effectiveness

CSCP Goals Addressed:

- Goal 1: By May 2026, school counselors will work to increase positive student behavior by twenty percent through positive office referrals and special recognition during awards ceremonies and/or morning announcements.
- Goal 2: By May 2026, school counselors will work to foster emotional resilience and coping strategies by ten percent through individual, group and classroom guidance counseling, along with teacher support.

- Goal 3: By May 2026, school counselors will increase the amount of time spent with students by thirty percent by providing individual, group and classroom guidance counseling, along with teacher support.

Domain: Educational, Career, Personal & Social

Guidance Curriculum (GC):

Guidance Lessons:

- ★ **Lesson Target Grade(s):** K
- ★ **Lesson Topic:** Understanding + Expressing Happy, Proud, Excited, Angry, Sad Worried
- ★ **Lesson Name:** Understanding + Expressing
- ★ **Lesson Origin:** Counselor Created – Teachers Pay Teachers – The Responsive Counselor

-
- ★ **Lesson Target Grade(s):** 1
 - ★ **Lesson Topic:** Talk It Out + Apologize - Walk Away + Conflict Resolution Review (Kelso)
 - ★ **Lesson Name:** Talk It Out + Apologize
 - ★ **Lesson Origin:** Counselor Created – Teachers Pay Teachers – The Responsive Counselor

-
- ★ **Lesson Target Grade(s):** 2
 - ★ **Lesson Topic:** Teamwork & Sportsmanship &/or Giving and Receiving Compliments
 - ★ **Lesson Name:** Teamwork & Sportsmanship &/or Compliments
 - ★ **Lesson Origin:** Counselor Created – Teachers Pay Teachers – The Responsive Counselor

-
- ★ **Lesson Target Grade(s):** 3
 - ★ **Lesson Topic:** Empathy
 - ★ **Lesson Name:** The Golden Rule
 - ★ **Lesson Origin:** Counselor Created – Teachers Pay Teachers – The Responsive Counselor

-
- ★ **Lesson Target Grade(s):** 4
 - ★ **Lesson Topic:** Conflict Resolution
 - ★ **Lesson Name:** Solving Problems Peacefully & Respectfully
 - ★ **Lesson Origin:** Counselor Created – Teachers Pay Teachers – The Responsive Counselor

-
- ★ **Lesson Target Grade(s):** 5
 - ★ **Lesson Topic:** Perspective Taking

★ **Lesson Name: Just Kidding**

★ **Lesson Origin: Counselor Created – Teachers Pay Teachers – The Responsive Counselor**

Major Projects/Events:

- ❖ #positivITEethursdays continue
- ❖ PurposeFull People Tuesdays continue
- ❖ PISD PALs continue
- ❖ WatchDogs continue
- ❖ Trusted World Coat/Hoodie Drive
- ❖ The NED Show Performance -The character education program centers around NED, a loveable cartoon character whose name is an acronym for Never Give Up, Encourage Others, and Do your Best. NED is simple, relatable and kid-focused.
- ❖ PurposeFull People Family Newsletter
- ❖ Smith Website
- ❖ Smith W.A.G. (week at a glance)
- ❖ Celebration/Awareness Days
- ❖ School Board Appreciation Month, Law Enforcement Day *Officer Walker, World Typing Day, National Hat Day, MLK Day, 100th Day, 101st Day, National Compliment Day

Individual Planning:

Character Strong Character Traits (3rd 9WKS): Perseverance & Honesty

- ❖ Includes the following: PurposeFull People Tuesdays, Tuesday Character Trait Specific Announcements, Student Character Dares, School to Home Communication via Smith Website, Teacher Resources & Recognition Certificates at the end of the 9WKS.

February

Content Area:

-Interpersonal Effectiveness & Intrapersonal Effectiveness

CSCP Goals Addressed:

- Goal 1: By May 2026, school counselors will work to increase positive student behavior by twenty percent through positive office referrals and special recognition during awards ceremonies and/or morning announcements.
- Goal 2: By May 2026, school counselors will work to foster emotional resilience and coping strategies by ten percent through individual, group and classroom guidance counseling, along with teacher support.
- Goal 3: By May 2026, school counselors will increase the amount of time spent with students by thirty percent by providing individual, group and classroom guidance counseling, along with teacher support.

Domain: Personal & Social

Guidance Curriculum (GC):

Guidance Lessons:

- ★ **Lesson Target Grade(s): K**
 - ★ **Lesson Topic: Coping Skills**
 - ★ **Lesson Name: Understanding Others' Feelings**
 - ★ **Lesson Origin: Counselor Created – Teachers Pay Teachers – The Responsive Counselor**
-

- ★ **Lesson Target Grade(s): 1**
 - ★ **Lesson Topic: Choices and Consequences**
 - ★ **Lesson Name: Making Helpful Choices at School**
 - ★ **Lesson Origin: Counselor Created – Teachers Pay Teachers – The Responsive Counselor**
-

- ★ **Lesson Target Grade(s): 2**
 - ★ **Lesson Topic: Listening Skills**
 - ★ **Lesson Name: Super Student Skills**
 - ★ **Lesson Origin: Counselor Created – Teachers Pay Teachers – The Responsive Counselor**
-

- ★ **Lesson Target Grade(s): 3**
 - ★ **Lesson Topic: Types of Conflict**
 - ★ **Lesson Name: Being an Upstander**
 - ★ **Lesson Origin: Counselor Created – Teachers Pay Teachers – The Responsive Counselor**
-

- ★ **Lesson Target Grade(s): 4**
 - ★ **Lesson Topic: Being Assertive**
 - ★ **Lesson Name: Tone of Voice**
 - ★ **Lesson Origin: Counselor Created – Teachers Pay Teachers – The Responsive Counselor**
-

- ★ **Lesson Target Grade(s): 5**
 - ★ **Lesson Topic: Self Destruction**
 - ★ **Lesson Name: Self Talk / Self Worth**
 - ★ **Lesson Origin: WHO – We Help Ourselves – Developed by Mental Health America of Greater Dallas**
-

Major Projects/Events:

- ❖ #positivITEethursdays continue
- ❖ PurposeFull People Tuesdays continue
- ❖ PISD PALs continue

- ❖ WatchDogs continue
- ❖ National School Counseling Week
- ❖ February Counselor Meeting
- ❖ MOY CAT Meeting *Feb. 11th
- ❖ PSTAAR Support -involved as necessary
- ❖ PurposeFull People Family Newsletter
- ❖ Smith Website
- ❖ Smith W.A.G. (week at a glance)
- ❖ Celebration/Awareness Days
 - Black History Month, Career & Technical Education Month, Heart Health Month, Ramadan Begins (17th), Groundhog Day, National Random Acts of Kindness Week & Day, Valentine's Day, UIL

Individual Planning:

Character Strong Character Traits (3rd 9WKS): Perseverance & Honesty

- ❖ Includes the following: PurposeFull People Tuesdays, Tuesday Character Trait Specific Announcements, Student Character Dares, School to Home Communication via Smith Website, Teacher Resources & Recognition Certificates at the end of the 9WKS.

March

Content Area:

-Postsecondary Planning and Readiness, Interpersonal Effectiveness & Intrapersonal Effectiveness

CSCP Goals Addressed:

- Goal 1: By May 2026, school counselors will work to increase positive student behavior by twenty percent through positive office referrals and special recognition during awards ceremonies and/or morning announcements.
- Goal 2: By May 2026, school counselors will work to foster emotional resilience and coping strategies by ten percent through individual, group and classroom guidance counseling, along with teacher support.
- Goal 3: By May 2026, school counselors will increase the amount of time spent with students by thirty percent by providing individual, group and classroom guidance counseling, along with teacher support.

Domain: Educational, Personal & Social

Guidance Curriculum (GC):

Guidance Lessons:

- ★ **Lesson Target Grade(s): K**
- ★ **Lesson Topic: Playing Together**
- ★ **Lesson Name: I-Messages**
- ★ **Lesson Origin: Counselor Created – Teachers Pay Teachers – The Responsive Counselor**

- ★ **Lesson Target Grade(s): 1**
 - ★ **Lesson Topic: Helpful Choices**
 - ★ **Lesson Name: Making Helpful Choices at School**
 - ★ **Lesson Origin: Counselor Created – Teachers Pay Teachers – The Responsive Counselor**
-

- ★ **Lesson Target Grade(s): 2**
 - ★ **Lesson Topic: Staying on Task**
 - ★ **Lesson Name: Ignoring Distractions**
 - ★ **Lesson Origin: Counselor Created – Teachers Pay Teachers – The Responsive Counselor**
-

- ★ **Lesson Target Grade(s): 3-4**
 - ★ **Lesson Topic: Trauma & Emotional Resilience**
 - ★ **Lesson Name: Resilience**
 - ★ **Lesson Origin: WHO – We Help Ourselves – Developed by Mental Health America of Greater Dallas**
-

- ★ **Lesson Target Grade(s): 5**
 - ★ **Lesson Topic: Self-Care and Self-Advocacy**
 - ★ **Lesson Name: Peer Pressure and Decision Making**
 - ★ **Lesson Origin: Counselor Created – Teachers Pay Teachers – The Responsive Counselor**
-

Major Projects/Events:

- ❖ #positiviTEEthursdays continue
- ❖ PurposeFull People Tuesdays continue
- ❖ PISD PALs continue
- ❖ WatchDogs continue
- ❖ Open House
- ❖ Read Across America Day *Happy Birthday Dr. Seuss!
- ❖ PSTAAR Support -involved as necessary
- ❖ March Counseling Meeting
- ❖ PurposeFull People Family Newsletter
- ❖ Smith Website
- ❖ Smith W.A.G. (week at a glance)
- ❖ Celebration/Awareness Days
 - Music in our Schools Month, Maintenance Worker Appreciation Day, National Crayon Day, Educational Diagnostician Week, Ramadan ends (19th)

Individual Planning:

Character Strong Character Traits (3rd 9WKS): Cooperation & Creativity

- ❖ Includes the following: PurposeFull People Tuesdays, Tuesday Character Trait Specific Announcements, Student Character Dares, School to Home Communication via Smith Website, Teacher Resources & Recognition Certificates at the end of the 9WKS.

April

Content Area:

-Interpersonal Effectiveness & Intrapersonal Effectiveness

CSCP Goals Addressed:

- Goal 1: By May 2026, school counselors will work to increase positive student behavior by twenty percent through positive office referrals and special recognition during awards ceremonies and/or morning announcements.
- Goal 2: By May 2026, school counselors will work to foster emotional resilience and coping strategies by ten percent through individual, group and classroom guidance counseling, along with teacher support.
- Goal 3: By May 2026, school counselors will increase the amount of time spent with students by thirty percent by providing individual, group and classroom guidance counseling, along with teacher support.

Domain: Personal & Social

Guidance Curriculum (GC):

Guidance Lessons:

- ★ **Lesson Target Grade(s): K-1**
- ★ **Lesson Topic: Apologies &/or Self-Esteem and Self-Love**
- ★ **Lesson Name: Taking Responsibility**
- ★ **Lesson Origin: Counselor Created – Teachers Pay Teachers – The Responsive Counselor**

-
- ★ **Lesson Target Grade(s): 2**
 - ★ **Lesson Topic: Identifying Emotions**
 - ★ **Lesson Name: Emotions**
 - ★ **Lesson Origin: Counselor Created – Teachers Pay Teachers – The Responsive Counselor**
-

- ★ **Lesson Target Grade(s): 3**
 - ★ **Lesson Topic: Apologies and Forgiveness**
 - ★ **Lesson Name: Apologies and Forgiveness**
 - ★ **Lesson Origin: Counselor Created – Teachers Pay Teachers – The Responsive Counselor**
-

- ★ **Lesson Target Grade(s): 4-5**
 - ★ **Lesson Topic: Reputation**
 - ★ **Lesson Name: Reputation**
 - ★ **Lesson Origin: Counselor Created – Teachers Pay Teachers – The Responsive Counselor**
-

Major Projects/Events:

- ❖ #positivITEethursdays continue
- ❖ PurposeFull People Tuesdays continue
- ❖ PISD PALs continue
- ❖ WatchDogs continue
- ❖ Onion Festival
- ❖ April Counseling Meeting
- ❖ STAAR Support -involved as necessary
- ❖ PurposeFull People Family Newsletter
- ❖ Smith Website
- ❖ Smith W.A.G. (week at a glance)
- ❖ Celebration/Awareness Days
 - Occupational Therapy Month, National Autism Awareness Month & Day #wearblue, National Kindergarten Day, GT Awareness Week, National Assistant Principal Week, School Librarian Appreciation Day, School Bus Driver Appreciation Day, National Administrative Professionals Day

Individual Planning:

Character Strong Character Traits (4th 9WKS): Cooperation & Creativity

- ❖ Includes the following: PurposeFull People Tuesdays, Tuesday Character Trait Specific Announcements, Student Character Dares, School to Home Communication via Smith Website, Teacher Resources & Recognition Certificates at the end of the 9WKS.

May

Content Area:

-Postsecondary Planning and Readiness, Interpersonal Effectiveness & Intrapersonal Effectiveness

CSCP Goals Addressed:

- Goal 1: By May 2026, school counselors will work to increase positive student behavior by twenty percent through positive office referrals and special recognition during awards ceremonies and/or morning announcements.
- Goal 2: By May 2026, school counselors will work to foster emotional resilience and coping strategies by ten percent through individual, group and classroom guidance counseling, along with teacher support.
- Goal 3: By May 2026, school counselors will increase the amount of time spent with students by thirty percent by providing individual, group and classroom guidance counseling, along with teacher support.

Domain: Educational, Personal & Social

Guidance Curriculum (GC):

Lesson Target Grade(s): K-1

- ★ **Lesson Topic: Student Growth**
 - ★ **Lesson Name: From Caterpillar to Butterfly**
 - ★ **Lesson Origin: Counselor Created - Elementary School Counselor Exchange**
-

Lesson Target Grade(s): 2-3

- ★ **Lesson Topic: End of the Year Affirmations**
 - ★ **Lesson Name: Positive Thinking Stones**
 - ★ **Lesson Origin: Counselor Created - Confident Counselors**
-

Lesson Target Grade(s): 4-5

- ★ **Lesson Topic: Goal Setting for the next school year.**
 - ★ **Lesson Name: Rubber Duck Goals**
 - ★ **Lesson Origin: Counselor Created - Elementary School Counselor Exchange**
-

Major Projects/Events:

- ❖ #positivITEethursdays continue
- ❖ PurposeFull People Tuesdays continue
- ❖ PISD PALs continue
- ❖ WatchDogs continue
- ❖ May Counseling Meeting
- ❖ EOY CAT Meeting *May 13th
- ❖ PurposeFull People Family Newsletter
- ❖ Smith Website

- ❖ Smith W.A.G. (week at a glance)
- ❖ Celebration/Awareness Days
 - Mental Health Awareness Month, Teacher Appreciation Week, School Principal Day, CTC Appreciation Day, School Lunch Hero Day, School Nurse Day, National Speech Language Pathologist Day

Individual Planning:

Character Strong Character Traits (4th 9WKS): Cooperation & Creativity

- ❖ Includes the following: PurposeFull People Tuesdays, Tuesday Character Trait Specific Announcements, Student Character Dares, School to Home Communication via Smith Website, Teacher Resources & Recognition Certificates at the end of the 9WKS.

June

Content Area: Review

CSCP Goals Addressed:

Review Goals, Data and Progress Achieved

- Goal 1: By May 2026, school counselors will work to increase positive student behavior by twenty percent through positive office referrals and special recognition during awards ceremonies and/or morning announcements.
- Goal 2: By May 2026, school counselors will work to foster emotional resilience and coping strategies by ten percent through individual, group and classroom guidance counseling, along with teacher support.
- Goal 3: By May 2026, school counselors will increase the amount of time spent with students by thirty percent by providing individual, group and classroom guidance counseling, along with teacher support.

Domain: NA

Guidance Curriculum (GC): NA

Major Projects/Events:

- ❖ CSCP -evaluation, analysis, revisions, creation for the next year
- ❖ EOY Needs Assessment, so that I may plan/prepare for the following school year.

Individual Planning: NA

Character Trait: NA