

FALL/WINTER CATALOG '25

PROJECT ABL



Project ABLE (Achieving a Better Life through Education) is a program for adults with disabilities that provide social, recreational and educational opportunities. Project ABLE's staff is delighted to be back for another season!

Tips to help our activities run successfully:

- Please preregister for each class. (Help us be prepared for class and let us know that you are coming.)
- Missing a class that you have signed up for? To receive a refund, you must inform the Project ABLE staff 12 hours in advanced that you will not be there.
- Transportation is not provided for any event unless specified in the course description.
- Please do not show up more than 15 minutes early to an event.
- If you have any questions regarding Project ABLE, please call our new Project ABLE Cell Phone Number at 507-201-5134.

Bowling League

J-MO'S BOWL (FORMERLY FARIBOWL)

Grab those bowling balls and let's go bowling. The price includes two games and bowling shoes. Weekly bowling results will be given each evening. Lanes will be assigned based on requests and needs. Please be sure to arrive on time. Participants that arrive late will not be guaranteed original lane assignments or two games.

Location: J-Mo's Bowl (Formerly Faribowl)

Instructors: Project ABLE Lead **Times:** 4:00 PM - 5:30 PM

Cost: \$11 per night

1802 4th St. NW, Faribault MN

HOW TO REGISTER:

UPDATE: Please send all Project ABLE Registration Forms to the Faribault District Office.

Faribault District Office Attn: Monica Leichtnam 710 17th ST SW, Faribault, MN 55021

Project ABLE is always looking for volunteers. If you are interested, please call 507-333-6472.

Tuesdays: (14 total nights)	Thursdays: (14 total nights)							
September 2nd	September 4th							
September 9th	September 11th							
September 16th	September 18th							
September 23rd	September 25th							
September 30th	October 2nd							
October 7th	October 9th							
October 21st	October 23rd							
October 28th	October 30th							
November 4th	November 6th							
November 11th	November 13th							
November 18th	November 20th							
December 2nd	December 4th							
December 9th	December 11th							
December 16th	December 18th							

SCHOLARSHIPS AVAILABLE

Having trouble paying for Project ABLE enrichment activities? Due to the Rice County Area United Way, the Hannah Lips Foundation and an anonymous donor, we have scholarships available for Project ABLE.

Call Monica or Linda at 507-333-6070 for more details.

ARTS & CRAFTS

Join us in creating a variety of seasonal art projects.

SEPTEMBER: GUYS' NIGHT

Movies, Walking Tacos & Chill. Kick back and let's keep it simple—but epic. We're rolling out a solid Guys' Night with the essentials: a killer movie and the ultimate snack—walking tacos. Grab a bag and load it up with all the taco goodness (meat, cheese, salsa, whatever your stomach desires).

Location: Faribault Education Center **Date:** Wednesday, September 3rd

Time: 4:30 PM - 6:00 PM

Cost: \$6

*Sponsored by the United Way

OCTOBER: CRYSTAL BALLS AND CREEPY CLAWS

Add a touch of eerie magic to your Halloween setup with these Color-Changing Crystal Balls!

Location: Faribault Education Center **Date:** Wednesday, October 8th

Time: 4:30 PM - 6:00 PM

Cost: \$6

*Sponsored by the United Way

CERAMIC PAINTING

Celebrate the season with beautifully crafted holiday ceramics that bring warmth and festive spirit to any home.

Location: Make It Waterville

103 3rd Street South, Waterville

Date: Wednesday, November 12th

Time: 4:30 PM - 6:00 PM

Cost: \$20

Registration cutoff is Monday, November 10th

DECEMBER: MAKE ROOM FOR HOLIDAY MAGIC!

Let's use up what we have and make your own holiday decorations. It's all in the "eye of the beholder". Hot cocoa and a light snack will be provided.

Location: Faribault Education Center **Date:** Wednesday, December 17th

Time: 4:30 PM - 6:00 PM

Cost: \$6

*Sponsored by the United Way

NOVEMBER:

MUSIC GET-TOGETHER

For all Music Lovers! We will sing and hopefully be able to use some instruments for the first 30 minutes. Take a 10 minute break where snacks and refreshments will be provided. Then followed by another 30 minutes of songs.

Dates: Mondays I Sept. 29th, Oct. 13th, Nov. 10th, Dec. 15th

Time: 4:30 PM - 6:00 PM

Location: Faribault Education Center

Instructor: Debbie McBride

Cost: \$5

*Sponsored by the United Way



^{*}Sponsored by the United Way

FOOD FINDS

Do you like to cook? If so, come and join us in making some great new or classic dishes and fabulous treats. Once a month, we will be creating and cooking up a storm! Learning about what it takes to put a wonderful meal together. Water and lemonade will be provided most nights. Feel free to bring your own if you prefer. Staff members can choose to pay and eat with us. Please register ahead of time.

SEPTEMBER: ACORN DONUT HOLES

These bite-sized treats capture the season's essence, offering a perfect blend of warm spices and sweet, sugary goodness.

Location: Faribault Education Center **Date:** Wednesday, September 10th

Time: 4:30 PM - 6:00 PM

Cost: \$6

*Sponsored by the United Way

NOVEMBER: FRIENDSGIVING

Everyone brings a dish to share and celebrate each other's company.

Location: Faribault Education Center **Date:** Wednesday, November 19th

Time: 4:30 PM - 6:00 PM

Cost: FREE

*Linda will call homes couple days before to get a list of what dishes are being shared.

OCTOBER:

HALLOWEEN FRIGHTFUL TREATS

Sink your fangs into these frightfully delicious Halloween chocolate-covered strawberries! Each juicy berry is hand-dipped in rich, premium chocolate and decorated with spooky flair. Next Up....make some Dracula teeth

Location: Faribault Education Center

Date: Wednesday, October 1st

Time: 4:30 PM - 6:00 PM

Cost: \$6

SCHOLARSHIPS AVAILABLE

Having trouble paying for Project ABLE enrichment activities? Due to the Rice County Area United Way, the Hannah Lips Foundation and an anonymous donor, we have scholarships available for Project ABLE. Call 507-333-6070 and speak with Monica or Linda for more details.

SPECIAL EVENTS

SEPTEMBER: COMMUNITY MOVIE NIGHT

Escape the weather and enjoy a cozy night out with friends and neighbors at our **Free Indoor Community Movie Night!**

Location: Faribault Middle School Auditorium

Date: Friday, September 12th

Time: 6:00 PM to approximately 8 PM

Cost: FREE

*Please pre-register by September 10th so we

can plan for seating in the auditorium.

OCTOBER: HALLOWEEN DANCE

Costumes encouraged, good vibes required. Don't miss the spookiest dance of the year!

Location: Faribault Middle School

Date: Friday, October 24th **Time:** 5:00 PM - 7:30 PM

Cost: \$5

NOVEMBER: ELIVS ROCK 'N' REMEMBER

Come celebrate the legacy of Elvis Presley with a night of nostalgia, excitement, and pure rock 'n' roll!

Location: Paradise Center for the Arts

Faribault, MN

Date: Saturday, November 8th

Time: 7:30 PM - 9:00 PM (Approximately)

Cost: \$32

*Registration cut off is Thursday, October 23rd.

*No Refunds will be provided.

NOVEMBER: COMMUNITY MOVIE NIGHT

Escape the weather and enjoy a cozy night out with friends and neighbors at our **Free Indoor Community Movie Night!**

Location: Faribault Middle School **Date:** Friday, November 21st **Time:** 5:00 PM - 7:30 PM

Cost: FREE

*Please pre-register by November 19th so we can plan for seating in the auditorium.

DECEMBER: COMMUNITY MOVIE NIGHT

Escape the weather and enjoy a cozy night out with friends and neighbors at our **Free Indoor**

Community Movie Night!

Location: Faribault Middle School **Date:** Friday, December 19th **Time:** 5:00 PM - 7:30 PM

Cost: FREE

*Please pre-register Decmeber 17th so we can plan for seating in the auditorium.

Information for Community Movie Nights

All movies will be PG or PG13. Linda will not know the title of movies until approximately one week before. Linda can call homes if needed to inform the movie title. A bottle of water and popcorn will be provided.



FOOD ACTIVITIES

PIZZA BINGO

Spend the evenings with your friends playing BINGO, eating pizza and having fun. Pizza and beverages will be served. Pizza is pre-ordered. To ensure that we have enough, preregistration is highly recommended.

Location: Faribault Education Center

Instructor: Project ABLE Lead Dates: Sept. 5th, 19th | Oct. 3rd | Nov. 7th, 14th | Dec. 5th, 12th

*ASL Interpreted Events -September 5th I October 3rd November 7th I December 5th

Times: 5:00 PM - 6:30 PM

Participant Price: \$13 (Includes two pieces of pizza, one

beverage, and prizes)

Staff Price: \$7 (Includes two pieces of pizza, one beverage) *Staff, please wait to eat until all participants have been served. Please Note - Project ABLE is no longer collecting money at events. Please hold onto your money and you will be invoiced. This helps alleviate processing and

to avoid any chances of losing money. Thank You!

~ATTENTION PIZZA BINGO PARTICIPANTS AND STAFF~ To avoid overcrowding at Pizza Bingo, we encourage pre-registration. If you forgot to pre-register, please

call Monica at 507-333-6070 by 12 PM on the day of the event to check for availability. Walk-ins are not encouraged. If the event reaches its maximum capacity of 40 people, you may unfortunately be turned away at the door.

NIGHT OUT OF EATING

Join great friends for laughs and food. Experience one of Faribault's many wonderful restaurants. Staff must pay at the venue separately and directly to the restaurant.

Location: TBD

Instructor: Project ABLE Lead

Dates: Wednesdays | Sept. 24th | Oct. 29th | Nov. 5th |

Dec. 10th

Time: 5:00 PM - 6:30 PM Participant Price: \$20

Staff Price: Staff pay individually at the venue.

Project ABLE is sponsored by the **Rice County Area United Way**



It is highly recommended that individuals preregister for activities as this helps us in getting needed materials as well as holding event. You will not be invoiced until after the event. If you preregister and pay before activity and do not call within 12 hours that you can not make event, refund may not be available. Each cancellation will be looked at individually based on circumstance. Thank you for understanding.



Project ABLE is always looking for gently used/new small donations to help support our bingos. Some ideas are: crayons, coloring books, boxed theater candy, matchbox cars, CD, movies, seasonal, cookie/brownie mixes. Cash donations are also welcomed and appreciated very much and are used as scholarships for participants.

REGISTRATION FORM

Name:															
Address:		_					Phone N	lumber							
Guardian Name:				_											
Group Home (if ap	plica	ble	e):	_											
FALL - Tuesday Night Bowling League 4-5:30 pm								FALL - Thursday Night Bowling League 4-5:30 pm							
				elec	Participant	Date	<u> </u>			•	Select		Participant		
September 2				\$11 per night			_	September 4						\$11 per night	
September 9				\$11 per night				September 11						\$11 per night	
September 16					Ħ	\$11 per night		ember 18					\overline{h}	\$11 per night	
September 23				t	Ħ	\$11 per night		September 25						\$11 per night	
September 30				t	$\overline{\sqcap}$	\$11 per night		October 2					$\overline{\sqcap}$	\$11 per night	
October 7				T	$\overline{\Box}$	\$11 per night	Octol	October 9					$\overline{\Box}$	\$11 per night	
October 21				t		\$11 per night	Octol	October 23						\$11 per night	
October 28				T		\$11 per night	Octol	October 30						\$11 per night	
November 4						\$11 per night	Nove	November 6						\$11 per night	
November 11	November 11					\$11 per night	Nove	November 13						\$11 per night	
November 18						\$11 per night	Nove	November 20						\$11 per night	
December 2						\$11 per night	Dece	December 4						\$11 per night	
December 9						\$11 per night	Dece	mber 11						\$11 per night	
December 16						\$11 per night	Dece	mber 18						\$11 per night	
		N	ight Out of Eating 5-6:30 pm								Pizza Bingo 5-6:30 pm				
Dates	Sele	ct	Participant	s	elec	t Staff	Date	s	Se	elect	Participant	s	elect	Staff	
September 24]	\$20.00			*Pay venue	Septe	ember 5**			\$13.00			\$7.00	
October 29]	\$20.00			*Pay venue	Septe	ember 19th	T		\$13.00			\$7.00	
November 5]	\$20.00	T		*Pay venue	Octol	ber 3**			\$13.00			\$7.00	
December 10]	\$20.00	T		*Pay venue	Nove	mber 7**			\$13.00			\$7.00	
	•		,				Nove	mber 14			\$13.00			\$7.00	
ı	Music	G	et-Together with D	eb	bie		Dece	mber 5**			\$13.00			\$7.00	
			4:30-6:00 pm			Dece	mber 12			\$13.00			\$7.00		
Dates	Sele	ct	Participant	S	elec	t Staff	**AS	L Interpreted Events							
September 29]	\$5.00			Free			,		Special Events				
October 13]_	\$5.00			Free	Date	s	Se	lect	Participant	S	elect	Staff	
November 10	L	<u></u>	\$5.00	1	<u> </u>	Free	Septe	ember 12 - Movie			\$0.00		П	\$0.00	
December 15		_	\$5.00		Ш	Free				_					
							Octo	ber 24 - Dance	_		\$5.00	_		\$0.00	
Arts & Crafts 4:30-6:00 pm						Nove	mber 8 - Elvis			\$31.50			\$31.50		
Dates Select Participant			s	elec	t Staff	Nove	mber 21 - Movie		$\overline{}$	\$0.00	1	П	\$0.00		
September 3 - Guy's				Ť			<u> </u>	mber 19 - Movie	+	Ħ	\$0.00	+	౼	\$0.00	
Night]	\$6.00			Free	Dece	INDEL 13 WIOVIE			\$0.00			70.00	
October 8 - Creepy Claws]	\$6.00			Free	Three	Three Ways to Register							
November 12 - Ceramic Painting]	\$20.00			Free	'	Drop off or mail completed form to: Faribault District Office, 710 17th St SW, Faribault, MN 55021							
December 17 -		1				_		all us at 507-333-607							
Holiday Magic	_	_	\$6.00		Ш	Free	3.) Re	egister and pay online	e: fa	ribaı	ult.ce.eleyo.com (n	ot avail	lable for	staff)	
			Food Finds				Total	Amount Owed							
	,	4:30-6:00 pm					Partio	cipant Total:						Check #	
Dates	Sele	ct	Participant	S	elec	Staff	Staff	Total:			\$			Check #	
September 10]_	\$6.00	1		\$6.00	Credi	it Card Info							
October 1		<u></u>	\$6.00	1	$\underline{\sqcup}$	\$6.00	Name	e:							
November 19	L		\$0.00		Ш	\$0.00	'	Number:							
								Date:			Sec. Code:				
							_	eceived Date:			PA Initials	:			
Special Requests/Accommodations							Scholarship Info								
Food Allergies:			Yes			No		Please call 507-333-6070 to ask about our scholarships.							
List food allergies:							Refund Policy								
ASL Interpreter Needed: Yes No								To receive a full refund, you must call or text the Project ABLE team at (507) 201-5134 twelve hours prior to the event. All refunds will be applied as credit towards your next							
Bumpers for Bowling: Yes						invoice unless requested otherwise.									
Wheelchair:			Yes			No	ı I								

Other:



