



Carl Ben Eielson

School Counseling Lesson Plan



Lesson Plan Title	Counseling Office Intro/Dream Sheets
Grade	6th Grade

Evidence Base
☐ Best Practice (<i>Commonly used and believed to be of high quality</i>) ☐ Action Research (<i>Individual investigates own practice to improve content/delivery</i>) ☐ Research-Informed (<i>a review of research provides foundation for content/delivery</i>) ☐ Evidence-Based (<i>highest level of evidence, results published in peer-reviewed journal</i>)

Mindsets & Behaviors			
ASCA Student Standards targeted: <i>Identify 1-2 student standards relevant for this targeted group and goal.</i>		Student Learning Objectives: <i>For each of the selected student standards, write or select 1-2 learning objectives</i>	
M & B #:	B-SS 3: Positive relationships with adults to support success	Student(s) will:	
M & B #:		Student(s) will:	

Materials	
Counseling Office Virtual Tour PPT Dream Sheet for each student Writing utensil	
Describe how you will	
Introduce Lesson Topic/Focus:	Send all students in different alpha chunk to the assigned room for their counselor. We will be taking a virtual tour of the counseling office, meeting the counseling office staff and letting students know what counselors are for, how to access us and about confidentiality. We will then do a Career-focused activity to get to know new students better.
Communicate the Lesson objective:	Become familiar with the counseling office Complete a get to know you activity to build relationships with students and counselors
Teach content:	1. Introduce yourself 2. Begin Counseling Office Virtual Tour a. Location of counseling office b. Introduction/Fun Fact about each counseling office adult



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	c. What do counselors do d. Confidentiality e. Accessing your counselor f. Intro ABC Ice Cream
Practice Content:	3. Talk about Dream Sheet a. First Career activity in middle school b. See again when you are in 8th grade c. And, again when you are a senior d. Fun to see how things stay the same and change during different points of educational career
Summarize/Close:	4. To turn in Dream Sheets to Counselor: a. Introduce yourself to your counselor b. Give high five c. Tell your fun fact 5. If time allows: a. Have students go around the classroom sharing with all classmates their fun fact b. Repeat as many times as allows

Data Collection Plan	
Participation Data Plan:	
Anticipated number of students:	All 6th Graders
Planned length of lesson:	44 minutes across 3 days
ASCA Student Standards Data Plan: <i>For each lesson, school counselors will administer pre-/post- assessment aligned with the selected ASCA Student Standards and student learning objectives.</i>	
Pre-/Post-Assessment items:	
Outcome Data Plan: <i>Achievement: School counselor will compare reading levels of students before and after delivery of lesson.</i> <i>Attendance: School counselor will compare number of absences last year to this year.</i> <i>Discipline: School counselor will compare total number of disciplinary reports for peer-on-peer conflict first quarter to second quarter.</i>	
☐ Achievement (describe): ☐ Attendance (describe): ☐ Discipline (Describe):	