

## Emotional, Mental and Physical Health Building Supports

**Student Assistance Program (SAP) / CARE Team** is a systematic process to assist school personnel in identifying issues, including problems with alcohol and drugs, which pose a barrier to student learning and success in school. Working with community agencies, SAP teams identify school supports and assist families in accessing community services.

**Small Groups Counseling Sessions** focus on educating students about stressors and healthy ways of coping.

**Clinical Interviews** assess the level of functioning, risk factors, protective factors and need for ongoing treatment. When appropriate, Mental Health Specialists provide guidance and make connections to therapeutic and/or community supports and resources.

**Student Attendance Improvement Plans (SAIP)** are developed for [students at risk for truancy](#). A multi-disciplinary team meeting with parents is held to create a plan to improve student attendance.

**Multi-tiered Intervention Program** is a program that includes a continuum of regular education supports and services to improve academic performance.

**Special Education** is specially designed instruction, at no cost to the parent, to meet the unique needs of a child with a disability. Psychoeducational evaluations are conducted by a school psychologist to determine eligibility for an Individualized Education Plan, (IEP).

**Section 504 Service Agreement** is a plan which outlines accommodations for students with a documented disability to enable them to successfully access the curriculum. Upon parent request, school counselors will evaluate for need.

### ELEMENTARY COUNSELORS

Judith Root	Beaumont	610-240-1407
Tami Noel	Devon	610-240-1458
Karen Kilby	Hillside	610-240-1504
Robyn Michael	New Eagle	610-240-1556
Carolyn Swetkowski	Valley Forge	610-240-1605
Brett Hargest	<b>All Elementary Schools:</b> HargestB@tesd.net	

### T/E MIDDLE SCHOOL COUNSELORS

Ruby Lee	5th Grade	610-240-1212
Marguerite Gordon	6th Grade	610-240-1209
Maria Marano	7th grade	610-240-1217
Kristin Abell	8th Grade	610-240-1214

### VALLEY FORGE MIDDLE SCHOOL COUNSELORS

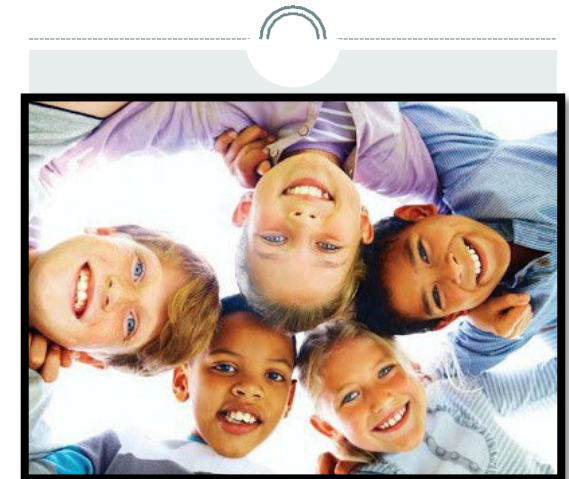
Andy Mullen	5th Grade	610-240-1319
Meredith Marshall/ Kelly Moyer LTS	6th Grade	610-240-1314
Kelly Neary	7th grade	610-240-1317
Bob Sola	8th Grade	610-240-1318

### CONESTOGA HIGH SCHOOL COUNSELORS

Student Last Name	School Counselor	Phone
A – Brou	Laureen Stohrer	610-240-1008
Brov – Deh	Justin Beasley-Turner	610-240-1015
Dei – Gi	Rachel Reavy	610-240-1007
Gj – Joh	Brian Samson	610-240-1012
Joi – Liu	Melissa McMenamin	610-240-1051
Liv – Meo	Jennifer Kratsa	610-240-1010
Mep – Ph	Danielle Yucis	610-240-1011
Pi – Sch	Dan McDermott	610-240-1009
She – Va	Katherine Barthelmeh	610-240-1038
Ve – Z	Megan Smyth	610-240-1013

# Student Emotional Well-Being

*Resources for Promoting the  
Social and Emotional Well-  
Being of Students in the T/E  
Schools*



**Tredyffrin/Easttown  
School District**

940 West Valley Road  
Suite 1700  
Wayne, PA 19087

[www.tesd.net](http://www.tesd.net)

August 2025



**Your School Counselor is a great resource. They can help direct your concerns and connect you with school and community supports. There are many reasons to call your school counselor, including:**

- I'm concerned about my child's academic performance
- My child has been bullied / threatened
- My child is showing signs of anxiety
- I suspect my child may have a disability
- My child has a mental health diagnosis and/or is meeting with a therapist outside of school
- My child is refusing to come to school
- My child seems lonely, sad, or worried very often

### **Concerns that Require Immediate Attention:**

#### **I'm concerned that my child, or one of my child's friends, may be having suicidal thoughts**

- ⇒ If during school hours, contact your child's school counselor or mental health specialist.
- ⇒ If outside of school hours, contact one of the 24/7 Crisis/Suicide Helplines listed below.
- ⇒ If you are concerned about another child, contact the other child's family immediately.

#### **My child was threatened online or in person off school grounds**

- ⇒ Contact the local police or call 911.
- ⇒ If online, you may also use the reporting/flagging mechanism for that social media platform.
- ⇒ Safe 2 Say Something [www.safe2saypa.org](http://www.safe2saypa.org)

#### **Abuse**

If you suspect a child is being physically or sexually abused or neglected, you may report your concerns to the [Childline Child Abuse Registry](http://Childline Child Abuse Registry) at 1-800-932-0313.

#### **Drug and Alcohol**

If you believe your child, or someone else, is using drugs or alcohol, you may call these numbers below directly for support:

- ⇒ Chester Co. Department of Drug and Alcohol Services 610-344-6620
- ⇒ Caron Treatment Centers 844-260-1324
- ⇒ Safe 2 Say Something [www.safe2saypa.org](http://www.safe2saypa.org)

#### **24/7 Crisis/Suicide Helplines**

- ⇒ [Valley Creek Crisis Center \(Exton\)](http://Valley Creek Crisis Center (Exton)): 610-280-+3270
- ⇒ [988 Suicide & Crisis Lifeline](http://988 Suicide & Crisis Lifeline): call or text
- ⇒ Call 911

#### **Mental/Behavioral Health Concerns**

- ⇒ Creative Health 610-948-6490
- ⇒ Community Services of Devereux 610-933-8110
- ⇒ Holcomb Behavioral Health Services 610-363-1488

## **Emotional, Mental and Physical Health Professional Staff**

**School Counselors** - School counselors are involved in a wide range of student and school issues including personal/social development, goal setting, student discussion groups, course selection and post-secondary planning, individual and group assessment, school climate and student activities.

**School Psychologists** - School psychologists conduct individualized assessments to determine students' learning strengths and needs, assist with determining appropriate interventions and consult with students, families and school personnel.

**Mental Health Specialists** - Certified specialists are available to all schools for coordination of private services, individualized counseling and consultation with student assistance and IEP teams.

- **Amanda Martinez** (BES, DES, HES) 610-240-1618
- **Jana Golboro** (HES, NEES, VFES) 610-240-1614
- **Melissa Korsin** (TEMS) 610-240-1215
- **Lindsay Hannigan** (VFMS) 610-240-1340
- **Christine Dunleavy** (CHS A-G) 610-240-1056
- **Grace Gara** (CHS H - O) 610-240-1077
- **Jenna Grabiak** (CHS P - Z) 610-240-1014

**School Nurses** Support student health needs and consult with school teams.

#### **Administration**

**Mark Cataldi**  
Director of Assessment and Accountability  
Supervisor of School Counselors  
610-240-1905  
[CataldiM@tesd.net](mailto:CataldiM@tesd.net)

**Chris Groppe, Ed. D.**  
Director of Safety and Student Services  
Supervisor of Mental Health Specialists & School Psychologists  
610-240-1919  
[GroppeC@tesd.net](mailto:GroppeC@tesd.net)

**Jacqui Rothera, Ed.D.**  
Community & Student Services Supervisor  
School Nurses  
610-240-1913  
[RotheraJ@tesd.net](mailto:RotheraJ@tesd.net)