

FALL ATHLETICS PARENT MEETING

8/27/25

Shelter Island Athletics

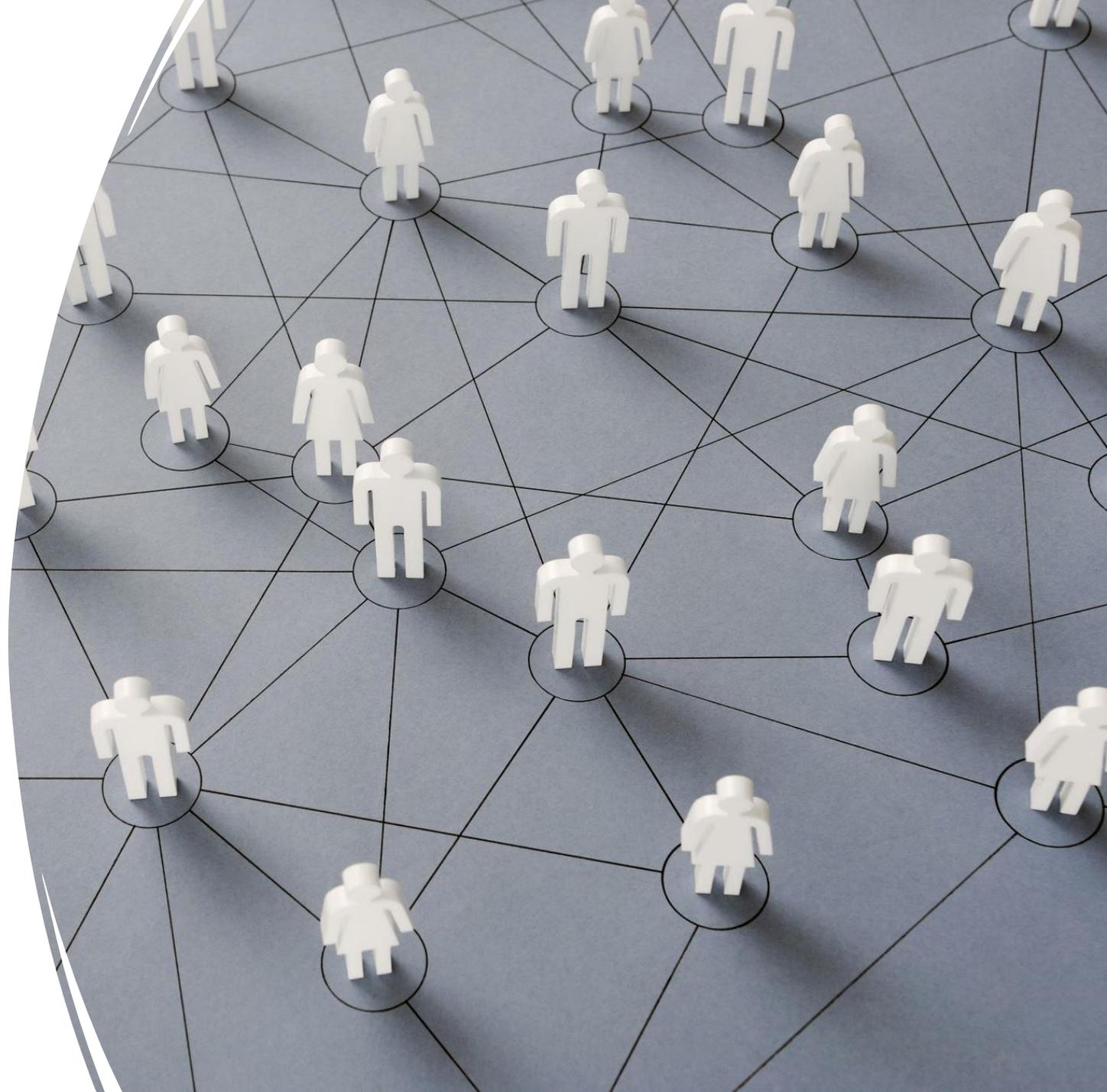
WELCOME BACK



ISLANDERS

Overview

- Welcome Back
- Lines of Communication
- Athletics Website
- NYSPHSAA Recognition
- Anyone Can Save a Life
- Sportsmanship
- Practice Sessions
- Dual Participation Overview
- Transportation
- Tips to Help Your Student Athlete
- College Athletic Aspirations
- Team Breakout Meetings



Lines of Communication

Student Athlete → Coach → Athletic Director

Student Athlete → Parent → Coach → Athletic Director



Websites to Bookmark

Shelter Island School Athletic Webpage

<https://www.shelterisland.k12.ny.us/domain/102>

Section XI

<https://sectionxi.org/>

<https://68254.digitalsports.com/>

Final Forms

<https://shelterislandunion-ny.finalforms.com/>

NFHS Network

<https://www.nfhsnetwork.com/schools/shelter-island-high-school-shelter-island-ny>

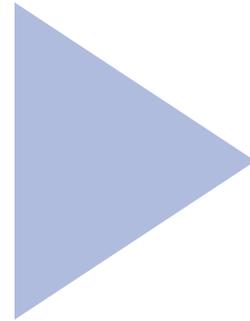
NYSPHSAA Recognition



**NYSPHSAA School of
Distinction
(10th Consecutive)**

Anyone Can Save a Life

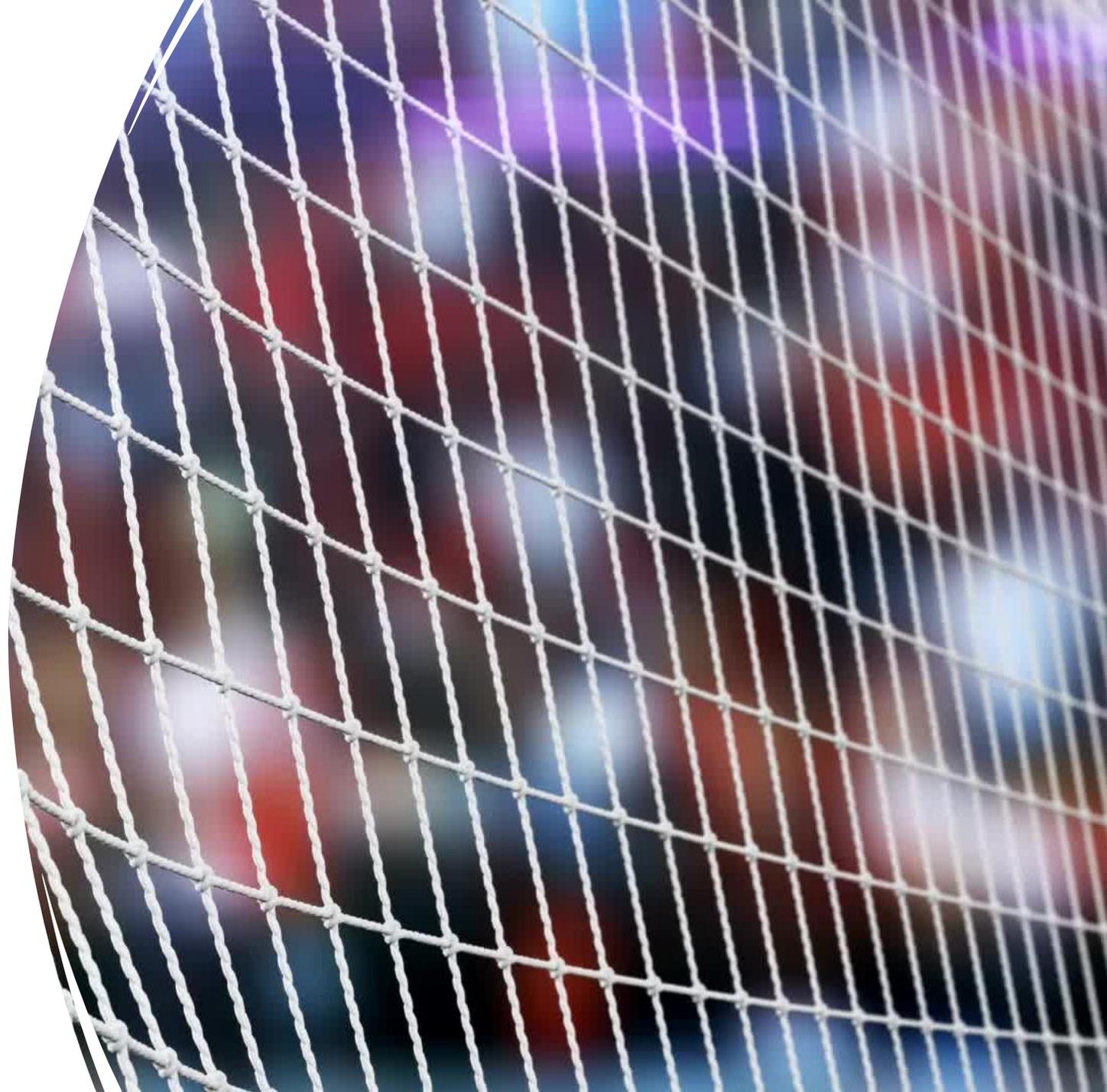
Teams will
provide their
emergency
plans this
week.



Practice drills
will take
place prior to
the first
contest

Sportsmanship

- Sportsmanship
 - Will be increased focus in 25-26
 - Penalties for coaches and players increased to 2 games minimum
 - Spectators that are ejected will have a 2 game suspension as well with class certificate to return
 - Treatment of officials



My Parents Embarrass Me When They.....

Try to coach from the sidelines

Argue and yell inappropriate comments

Use aggressive language

Show up to practices

Approach the bench

Argue with officials

Complain about coaching

Try to coach

When they think they understand something they don't

Try to talk to me right after the game on the court/field

Yell at opposing players

Approach my coach

Argue about playing time

Cheer for me at the wrong time

Get too involved with coaches



Practice Sessions

- Minimum number of practices to compete in a contest
 - Golf- No Minimum
 - Volleyball, XC, Track, Cheerleading, Basketball, Soccer, Softball- 6
 - Baseball- 10
- What counts as a practice?
 - Only one practice session a day and only six days of a calendar week may be counted toward the total practice sessions required. A practice session conducted on the same day as a game cannot be counted to meet the minimum practice requirement to be eligible for that day's contest. All required practice sessions shall be organized and planned for a reasonable length of time and shall include vigorous activity specific to the sport for the purpose of improving the physical condition of the players. Warm-ups prior to a game/ contest are not considered "practice." Each of the required number of practices for an individual must include vigorous activity.

Dual Participation Overview



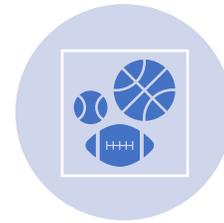
THE PROGRAM FOR GRADES
9-12 ONLY.



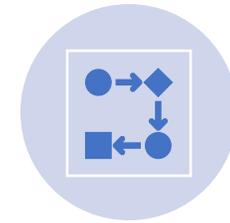
ATHLETES SELECT WHICH
SPORT IS PRIMARY AND
WHICH SPORT IS
SECONDARY.



IF THERE IS A CONFLICT IN
PRACTICES, THE ATHLETE
GOES TO THEIR PRIMARY
SPORT.



IF THERE IS A CONFLICT
WHERE BOTH TEAMS HAVE
GAMES, THE ATHLETE GOES
TO THEIR PRIMARY SPORT
UNLESS IT IS A PLAYOFF
CONTEST BEING PLAYED IN
THE SECONDARY SPORT. IF
JUST THE SECONDARY SPORT
HAS A GAME, THE ATHLETE
GOES TO THE SECONDARY
GAME INSTEAD OF THE
PRIMARY PRACTICE.



THIS NOT A PICK AND
CHOOSE OR WHAT THEY FEEL
LIKE DOING EACH DAY.

Student Athlete Transportation

You may bring your own child home from a contest. We do not encourage it as it detracts from the team experience

All other transportation requires a form on file and approved by Athletic Director prior to bus departure. Forms can be found on our athletic webpage.

Tips To Help Your Student Athlete

Don't enable excuses

Give them the opportunity to be responsible

Help to make his/her experience positive by encouraging responsibility and self advocacy.

Be a positive presence at contests.

Encourage them to develop proper exercise, nutrition and sleeping habits.

Help them to develop time management skills.

Use proper lines of communication.

Encourage attending all practices and games, exhibiting teamwork and maximum effort

Aspirations of College Athletics

- If this is a true aspiration, make an appointment with myself and Mrs. Prior.
- For those that already have, we will be scheduling update appointments once we are underway with school.

Estimated Probability of Competing in College Athletics

	High School Participants	NCAA Participants	Overall % HS to NCAA	% HS to NCAA Division I	% HS to NCAA Division II	% HS to NCAA Division III
Men						
Baseball	478,451	38,849	8.1%	2.4%	2.4%	3.2%
Basketball	537,438	19,213	3.6%	1.0%	1.0%	1.5%
Cross Country	240,201	14,787	6.2%	2.1%	1.7%	2.4%
Football	1,028,761	77,204	7.5%	3.0%	2.0%	2.5%
Golf	150,175	8,602	5.7%	1.9%	1.6%	2.2%
Ice Hockey	33,013	4,388	13.3%	5.0%	0.8%	7.5%
Lacrosse	111,108	16,030	14.4%	3.3%	3.2%	8.0%
Soccer	450,455	27,284	6.1%	1.4%	1.7%	2.9%
Swim & Dive	116,741	9,945	8.5%	3.3%	1.5%	3.7%
Tennis	158,306	7,549	4.8%	1.5%	1.1%	2.2%
Track & Field	604,983	31,278	5.2%	1.9%	1.4%	1.9%
Volleyball	77,287	2,933	3.8%	0.7%	0.8%	2.3%
Water Polo	21,289	1,156	5.4%	3.1%	0.9%	1.4%
Wrestling	259,431	8,309	3.2%	1.0%	0.8%	1.3%
Women						
Basketball	373,366	16,668	4.5%	1.4%	1.3%	1.8%
Cross Country	197,630	14,621	7.4%	2.9%	1.9%	2.6%
Field Hockey	52,962	6,456	12.2%	3.6%	1.9%	6.7%
Golf	80,970	5,733	7.1%	2.8%	2.0%	2.3%
Ice Hockey	8,601	2,888	33.6%	10.2%	2.1%	21.3%
Lacrosse	98,014	13,481	13.8%	4.3%	3.2%	6.3%
Soccer	377,838	29,959	7.9%	2.7%	2.2%	3.0%
Softball	344,952	21,646	6.3%	2.0%	1.9%	2.4%
Swim & Dive	140,711	13,259	9.4%	4.2%	1.6%	3.6%
Tennis	191,036	8,343	4.4%	1.5%	1.1%	1.9%
Track & Field	486,355	31,475	6.5%	2.8%	1.7%	2.0%
Volleyball	470,488	18,569	3.9%	1.2%	1.1%	1.6%
Water Polo	18,728	1,337	7.1%	4.4%	1.2%	1.6%

Sources: High school figures from the [2022-23 High School Athletics Participation Survey](#) conducted by the National Federation of State High School Associations; data from [club teams](#) not included. College numbers from the NCAA [2022-23 Sports Sponsorship and Participation Rates Report](#).

SHELTER ISLAND ATHLETICS



We are dedicated to winning championships, creating unforgettable experiences and serving our community so that our athletes exemplify our core values throughout life.

