

Together We Soar

Counseling & Career Newsletter



SCHOOL COUNSELOR TALK!

Focusing on the theme “Charting the Course to Excellence: Believe, Lead, and Succeed” now that students are back in the swing of school life. We will begin classroom school counseling and career sessions in all Social Studies and Science classes starting this month. Please feel free to contact us if needed. We look forward to working with you and your child.

Communication between home and school is essential. Parents continue to help ensure your child finds success this year, here are some things to consider.

- **Communicate with your child’s teachers** – ask your child questions, clarify classwork and homework expectations, attend the open house, inform teachers of anything happening at home that may affect your child at school.
- **Communicate with your child** – remember to ask your child about his/her school day, their homework, their friends, and anything else they wish to share with you.
- **Parents, get involved** – at FMS, there are a variety of ways that both parents and students can be involved.
- **Students, get involved** – In addition, we urge our students to also get involved in extracurricular activities such as sports teams, clubs, ambassadors, etc. Your child will have an even greater experience in middle school by discovering his/her likes and passions through these activities.

Contact Information

Mrs. Gamble, **School Counselor**
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 803-635-4270 ext. 20526

GRIFFIN CAREER CORNER: 6 CAREER TIPS FOR FMS SCHOLARS

“Helping our Griffins soar toward their futures!”

1. 🔍 **Explore Your Interests**

Notice which subjects, hobbies, or activities excite you. Ask yourself: *What do I love doing? What am I good at?*

2. 🎒 **Connect School to Careers**

The skills you’re learning now—reading, math, technology, teamwork—are used in nearly every job.

3. 🖥️ **Try New Skills & Technology**

Experiment with coding, digital design, video editing, or other creative tools. Technology plays a role in almost every career today.

4. 🤝 **Build Your “Soft Skills”**

Practice teamwork, leadership, and problem-solving by joining clubs, sports, or volunteer opportunities.

5. 🗨️ **Talk to Career Role Models**

Ask family, teachers, or Career Day guests about their jobs and how they got started. Be curious and ask questions!

6. 🎯 **Set Small Goals**

Think about your future dreams and create small steps now—like developing good study habits or trying a new activity.

Contact Information

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Character Trait of the Month:

Character in Relationships:

How does your character influence relationships in your life?

Definition:

Character skills like caring, empathy, honesty, and communication are also important relationship skills

Upcoming Events:

- **Motivational Mornings (Mondays & Fridays 7:45-8:15)**
- **1st & 3rd Tuesday & Thursday (Chat & Chew w/ School Counselor for lunch)**
- **2nd & 4th Tuesdays - Griffin Parent Table Talk (PowerSchool info and Career Tips & Resources for Parents)**
- **2nd & 4th Wednesdays (Ever-Fi SEL, Ever-Fi Career, & Workforce Wednesday)**
- **September- Suicide Prevention Month (Focus on Mental Wellness)**
- **National Hispanic Heritage Month Sep 15, 2025-Oct 15, 2025**

Counseling Resources:

1. FMS 2025-2026 School Counseling Referral: https://docs.google.com/forms/d/e/1FAIpQLSfUbGZW_ogcKX4h61X5GbcXmDogF9nYdgtXvOsWXYOYQ/viewform?authuser=0
2. Anti-Defamation League: [11 Ways Schools Can Help Students Feel Safe in Challenging Times](#)
3. The Child Mind Institute: [How to Help Children Cope With Frightening News](#)
4. National Association of School Psychologists: [Guidance for Reinforcing Safe, Supportive and Positive School Environments for All Students](#)
5. NPR: [Five Ways to Help Students with Trauma](#)



Career Clusters of the Month: Arts, A/V Technology & Communication Information Technology

Arts, A/V Technology and Communication focuses on careers that involve designing, producing exhibiting, performing, writing, and publishing multimedia content.

Information Technology focuses on careers that involve designing, developing, supporting, and managing hardware, software, networks and data systems.

Related Careers:

- ✓ **Graphic Designer**
- ✓ **Sound Engineer**
- ✓ **Broadcast Journalist**
- ✓ **Actor or Musician**
- ✓ **Computer Programmer**
- ✓ **Cybersecurity Analyst**

College Feature of the Month:



Clemson University is one of the country's most selective research universities. Clemson serves as a uniquely driven and highly accomplished student body. Ranked as the 27th best national public university, Clemson is dedicated to teaching, research, and service. To learn more about Clemson, please visit link below.

<https://tour.concept3d.com/share/gJJML3nUW/stop/1>

For more information regarding career clusters and college feature of the month, please contact your career specialist, Ms. Miller.

