



**Holland Central School District
Athletic and Extracurricular Code of Conduct
2025-2026**

The Holland Central School District's Mission is to cultivate active learners through a meaningful and relevant educational experience that prioritizes student well-being, builds resiliency, and prepares them to be engaged, contributing members of society.

A. Students and Parents/Guardians:

Participation in the extracurricular programs at Holland Central School is a privilege, which should elicit great pride in both the student and his/her family. It is also an acceptance of responsibility, which requires an extra commitment from those who wear our school colors and represent their organization, team, coaches, school and community. Standards of behavior are necessarily high and a willingness to meet these standards is a condition for being a member of one of our organizations/teams.

B. Application of the Code

This Code of Conduct will apply to each member of an extracurricular organization and/or student athlete for one calendar year (including summer) from the date of his/her most recent signature and will be always in effect, in all locations, including non-school activities. Violation of this Code will result in penalties, which are consistent with those identified within the code as determined by the Athletic Director or Administrators. Each advisor/coach also has the prerogative to establish and implement additional guidelines specific to his/her team.

All violations of this Code will be cumulative beginning with a student's initial participation in an extracurricular organization and/or athletic team.

C. Conditions for Participation in Extracurricular Activities or Athletic Teams

Student extracurricular members/athletes are expected to commit themselves to their organization or team, attendance at school and at practices/contests for the duration of the season. When this commitment is not fulfilled, the student's membership and position on the team shall be reviewed by the advisor/coach with the student and a recommendation of action will be made by the advisor/coach to the Athletic Director or Junior/Senior High School Principal for review.

1. All student extracurricular members/athletes must adhere to the District Code of Conduct adopted by the Holland Central School Board of Education.
2. In addition, during the school year or season if a student uses, possesses, sells, or remains in the unauthorized presence of tobacco products, electronic cigarettes/vapor cigarettes, alcohol, marijuana, or any recreational, illegal, or controlled substances, including performance-enhancing drugs, he/she will be penalized according to the procedures noted in Section D "Penalties for Non-academic Violations."
3. Student extracurricular members/athletes who are members of any extracurricular organizations/teams are expected to be in school on time daily. Students participating in any athletic or extra-curricular events must be in attendance for one-half (1/2) of the school day or the equivalent of four (4) full periods and have a doctor's note to participate in the activity. Student extracurricular members/athletes are expected to attend all practices and contests unless excused by the coach/advisor. It is the student's responsibility to notify the coach/advisor, in advance, of any circumstances, which would prohibit attendance at a scheduled activity/practice/event other than absence from school. Failure to comply may result in disciplinary action ranging from a verbal warning to dismissal from the team/organization dependent upon the nature and/or frequency of the offense.
4. The extracurricular advisor/coach will establish rules for practice/game attendance and participation. All members will be given a written copy of the rules, and the advisor/coach will review the rules with

the team members. All members are expected to comply with and abide by the rules established for their organization/team.

5. As a member of an organization or interscholastic team, it is expected that your top priority is to your organization or team. Participation in non-school related activities or athletic teams in the same time or season of participation is permissible as long as such participation does not conflict with fulfilling your responsibilities to the organization or interscholastic team or violates team rules.
6. We highly recommend our students avoid inappropriate use of social media sites such as Facebook, Myspace, YouTube, Twitter, Instagram, Snapchat, Pinterest or any other such sites. Any identifiable image, photo, video or posted on-line conversation (including phone/text messages) discovered which implicates a student will be investigated.

D. Academic Eligibility

All students will have their academic progress monitored every five (5) weeks. If a student-athlete has unsatisfactory marks, he/she will be placed in ECIP.

Extra-Curricular Intervention (ECIP)

This is a proactive eligibility program for our students involved in extra-curricular activities. Students placed in ECIP must complete a student contract, communicate, and cooperate with the ECIP coordinator to successfully complete their academic work. Student will be required to serve a required amount of time before being released from the program. The criteria for being placed in ECIP are based on eight (8) benchmark times at 5-week interim and 4 report card marking periods.

The following are the criteria:

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|----------------------------------|---------------------------------|
| - Failing one subject | ECIP once a week for 5 weeks |
| - Failing two subjects | ECIP twice a week for 5 weeks |
| - Failing three or more subjects | ECIP 3 times a week for 5 weeks |

Failure to attend ECIP:

- | | |
|----------------------------------|-------------------------------------|
| - One unexcused absence | Warning |
| - Two unexcused absences | One-week suspension from team |
| - Three unexcused absences | Two weeks' suspension from team |
| - More than 3 unexcused absences | Principal/Athletic Director Meeting |

** Interscholastic contests are considered excused absences.

E. Penalties for Non-academic Violations

Penalties resulting from a violation of the Code will be imposed by the building principal. Depending on the violation, students will have the option of participating in a cessation program or receive professional assistance to reduce suspension time and/or regain eligibility after a second or third violation. Once enrolled, the student must prove completion of the program to be eligible for games beginning the 4th

week of the suspension. If a student does not complete the entire program offered, any penalty will be enforced for the following sports season.

In order to determine appropriate penalties, the principal shall be guided as follows:

Athletics:

1. First Offense (Athletics)
 - a. Effective on the date when penalties under the code are imposed, the athlete will be suspended for 8 weeks. Student athletes are required to be at practices and games but may not participate.
 - b. Penalties, which cannot be served during the sport season in which they are imposed, will be carried over for completion in the next sports season in which the athlete participates in.
2. Second Offense (Athletics)
 - a. If a second offense occurs within one calendar year of the signed code, the athlete should be removed from participation in all interscholastic athletics for one calendar year, beginning the date of the penalty for the second offense is imposed.
 - b. It should be noted, notwithstanding the above chart of penalties, that the facts of an incident may warrant immediate removal from the team if the Athletic Director and the administration believe that the offense committed by the athlete warrants such action.
3. Reduction in Suspension Time (Athletics)
 - a. The student athlete and/or parent(s)/guardian(s) have the right to ask for a reduction in suspension time for a violation. A school/community service project (and/or other suitable activity), initiated and organized wholly by the suspended student athlete will be considered by the Principal and Athletic Director. If the proposed project is approved by the Principal and Athletic Director, then the following reduction will be implemented:
 - i. First violation may be reduced to 2 weeks of no participation. Student athletes will be eligible to practice on the 1st day of the 3rd week from the violation and may begin to participate in athletic contests on the 1st day of the 4th week from the violation.
 - ii. A second violation within one year of the signed Code may be reduced by the principal with participation and completion in a cessation/counseling program.

Other Extracurricular Activities:

1. First Offense (Musical, Clubs and Organizations)
 - a. 1. Effective on the date when penalties under the code are imposed, the student will be placed on probation for one calendar year.
 - b. 2. During the period of probation, the student will be denied the privilege to participate in all performances or activities of the organization for twenty (20) school days.
2. Second Offense (Musical, Clubs and Organizations)
 - c. 1. If a second offense occurs during the probationary period, the student shall be removed from participation in all
 - d. extracurricular activities for one calendar year beginning on the date the penalty for the second offense is imposed.

F. Self/Parental Referral

Students and parents may employ a self-referral procedure, allowing the student an avenue to seek guidance, counseling and/or treatment. Holland Central School will maintain a current list of treatment and evaluation providers, which will be available to students and parents who choose to seek our assistance, as well as to any student who violates our Code of Conduct for Members of Extracurricular Activities and Athletics. The cost of assessment and or treatment is the sole responsibility of the student, parent/guardian.

G. Due Process

Prior to the imposition of any penalty under the Code, the Athletic Director and/or Principal will notify the student extracurricular member/athlete of the nature of the infraction and the athlete will be given an opportunity to explain his/ her side of the issue.

H. Appeal Procedure

The extracurricular member/athlete and/or parent/guardian has the right to appeal penalties to the Junior/Senior High School Principal. Appeals must be made in writing within three (3) days of assignment of a penalty for a violation of the code.

1. The High School Principal, Athletic Director and Coach (High School Principal and Advisor) meet within forty-eight (48) hours upon receipt of a written notice to appeal a penalty unless these individuals are unavailable. In such a circumstance the meeting will convene as soon as these individuals may be assembled.
2. In most cases, the student and his/her parent(s)/guardian(s) will be notified within forty-eight (48) hours of receipt of the written appeal.
3. Upon review of the appeal, the Junior/Senior High School Principal, Athletic Director and Coach (High School Principal and Advisor) will render a decision. The High School Principal will notify parents of the decision in writing.
4. If the accuser or the accused is dissatisfied with the principal's decision following the hearing, he/she may appeal the decision in writing to the Superintendent of Schools within five (5) days of the principal's decision. The Superintendent's ruling on the appeal will be given within five (5) school days of the submission of the appeal. The student will be allowed to participate in athletics and/or extracurricular activities while the appeal process is taking place.

I. Distribution of Policy

The advisor/coach will review this policy with all potential participants prior to the first official tryout session. During the tryout period, all participants are subject to all school and athletic policies and conditions under this code.

All student extracurricular members/athletes and parent(s)/guardian(s) will be required to sign and return the acknowledgement portion of the code to their respective advisor/coach. The signed acknowledgement will be kept on file by the Athletic Director/Advisor and is in effect for any sport/extracurricular activity in which a student participates in a calendar year. **No student will be allowed to participate in any team/organization activities until the signed acknowledgement is returned to the coach/advisor.**

J. Parent/Spectator Code of Behavior/Ethics

1. Please keep cheering positive.
2. There should be no profanity or degrading language or gestures.
3. Avoid actions that could offend visiting teams, officials, coaches, or individual players.
4. Learn the rules of the game to be a better-informed spectator.
5. Appreciate good play by both teams.
6. Accept the judgment of coaches and officials.
7. Allow 24 hours after a game before approaching a coach about game situations/playing time.

K. Selective Classification

It is the intent of the Holland School District to be involved in the Selective Classification program. It is our belief that the implementation of this program is to select those students who show readiness for interscholastic competition. It will be the discretion of the coaches and athletic director with approval of the parents to determine whether a student will be tested and placed at a different level. This will be done following the proper selective classification guidelines put forth by the NYSPHSAA.

L. Transportation

Transportation is provided by school bus as follows for all interscholastic sports.

1. From high school to middle school for after school practice.
2. To all away contests

To go to the middle school for practice students are encouraged to ride the bus. Self-transportation will only be allowed if they have personal vehicles and have a valid parking permit with the high school. No student shall bring other students to the middle school for practice.

For all away contests, students must ride the school bus. After away contests, parents may sign for their child out with the coach. Any student that wishes to ride with a teammate's parents, must have a note signed by the Principal or Athletic Director.

Athletics and Extracurricular Activity Student and Parent Signoff

I have read and understand the preceding rules and disciplinary actions concerning athletic and extracurricular participation at Holland Central Schools. Therefore, my son/daughter

_____ has permission to participate in school athletics and/or extracurricular activities.

Student Name (Printed)

Date

Student Signature

Parent Name (Printed)

Date

Parent Signature

Home Address: _____

Telephone: _____

For Athletics Only

The District will host MANDATORY meetings for student athletes and their parents to attend prior to the start of the fall, winter and spring sports seasons. These dates will be listed on the school's website: www.holland.wnyric.org. Various district athletic policies including our concussion management policy and procedures will be discussed. If a student participates in more than one sport, it is only necessary to attend one meeting per year. No student will be allowed to participate in athletics until he/she and his/her parent(s) have attended the mandatory meeting.

Holland Central School carries an excess injuries coverage program of athletic insurance. This pays doctor bills, x-rays and miscellaneous bills up to certain limitations. In case of injury requiring a doctor's care, all bills must be submitted to your family health insurance first. If there is a balance due, copies of payments and balance due may be submitted to the school's business office. The school athletic insurance is a scheduled policy with payments made according to their schedule. All claims over the limitations are the responsibility of the parent.

I have read and understand the risk of injury and insurance policy information concerning athletic participation at Holland Central School. My son/daughter, _____, has my permission to play sports. I understand that interscholastic athletic participation carries the risk of injury – including severe injuries such as fractures, brain injuries, paralysis or even death.

Student Name (Printed)

Date

Student Signature

Parent Name (Printed)

Date

Parent Signature

Home Address: _____

Telephone: _____