



2025-26 High School Profile

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School and Community

- Founded in 1908
- All-girls, private international school
- Instruction in English

Accreditation

- Council of International Schools (CIS)
- Western Association of Schools and Colleges (WASC)

All-Girls Advantage

As girls' school students, ISSH girls are more likely to:

- Hold leadership positions
- Develop greater self-confidence
- Major in STEM
- Display mental resilience
- Be frequently active in volunteer work

[Learn more here →](#)



Class of 2026

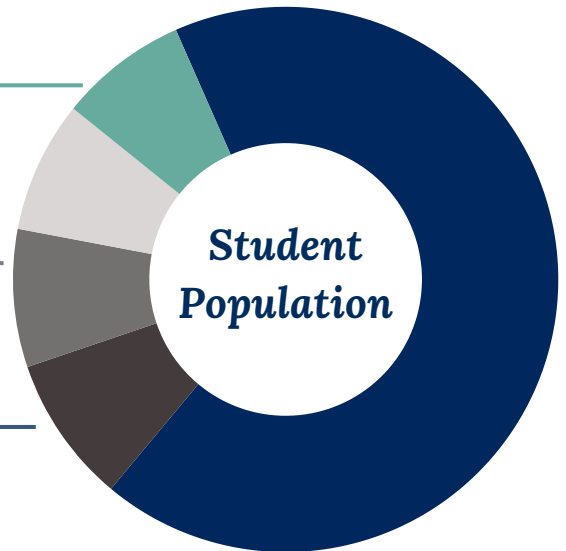
46 students
15 nationalities

High School

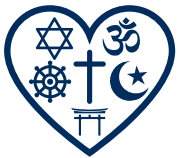
187 students
28 nationalities

Whole School

582 students
43 nationalities



The Five Goals of the Sacred Heart Philosophy of Education



A personal and active faith in God



A deep respect for intellectual values



A social awareness which impels to action



The building of community as a Christian value



Personal growth in an atmosphere of wise freedom

Religious Diversity

ISSH is home to students who identify with nearly 20 unique religions, denominations, and belief systems. We receive with open arms students of all religious traditions and those who do not identify with a particular religion. All are welcome at ISSH!

Academic Programs

A course load can go up to a maximum of six core courses with a variety of additional courses, including Art, Personal Education, Physical Education, Values and Options.

Academic Schedule

The school year consists of two 18-week semesters using a modified block schedule over an eight period day, 40 minutes per period. Each core course has at least one double/block period per week of 85 minutes.

Academic Policy

In order to pass the year and be promoted to the next level in Grades 7-11, students must:

- Pass at least two out of the three major assessment categories. The major assessment categories are Semester 1, Semester 2 and the Final Exam
- Pass English
- Pass at least two of these four academic subjects: Math, Science, Social Studies, Language

Sacred Heart does not allow MS/HS students to repeat a grade.

Reports

K-12 Semester 1 reports are available in February, and Semester 2 reports in June. ISSH maintains an open gradebook year-round and does not issue progress reports.

Advanced Placement

Sacred Heart offers 24 College Board Advanced Placement courses. They represent the highest level of classes students can take at the school. Additionally, some students take other AP exams for which they prepare by independent study. We do not require prerequisite test scores or grades to take AP classes.

English Language and Composition	Precalculus	Studio Art: Drawing Portfolio
	Calculus AB	
English Literature and Composition	Calculus BC	Studio Art: 2D Design
	Statistics	Studio Art: 3D Design
Macroeconomics	Computer Science A	Music Theory
Microeconomics	Biology	Japanese Language
World History	Chemistry	French Language
European History	Physics 1	Research
Art History	Physics 2	Seminar

Graduation Requirements

ISSH requires a total of 21.75 credits to receive a graduation diploma:

English	4 credits	1 per year
Mathematics	3 credits	1 per year
Language	3 credits	1 per year
Science	2 credits	1.5 per year
Social Studies	2 credits	1 per year
Elective Subjects	3 credits	G11 &12 only
Values	1 credit	½ per year
Art	1 credit	½ per year
Physical Education	1 credit	½ per year
Options	1 credit	½ per year
Personal Education	½ credit	¼ per year

Parent-Teacher Conferences

Conferences are scheduled in November and March for parents and teachers to discuss the student's academic progress. In cases where parents are unable to attend the scheduled conferences, teachers will contact those parents and schedule a conference as needed.

May 2025 Results	
Total Exams	301
Average Score	4.27
Percentage of Exams Scoring 3 or Above:	93%

English Language Acquisition

Students who apply to study at Sacred Heart are required to have a high level of English language proficiency. If a student is not a native speaker of English, she may be accepted into one of the two English Language Acquisition (ELA) programs that the school offers to a small number of students who show academic promise.

In Grades 9 and 10, students may enter the Modified ELA program (for those who are new to studying in English) or the Regular ELA program (for those students who need to fine-tune their academic reading and writing skills). In Grades 11 and 12, students are accepted into the regular ELA program only.

Students may exit the program once their ELA teacher and their mainstream subject teachers believe that the student's academic English language skills are grade appropriate. Depending on their grade level and language proficiency, students may remain in the ELA program for a maximum of three years.

University Applications

Students are limited to 10 university applications. All recommendations are confidential. The British Universities and Colleges Admissions Service counts individually (up to five), and the University of California Application is also counted individually. Students are not limited to the number of countries they can apply to. Please see the next page for the acceptance data.

GPA and Class Rank

The International School of the Sacred Heart does not calculate class rank or GPA. We provide semester grades that reflect the work through both semesters and a final cumulative grade that reflects the final exam and the overall year.

Extracurricular Activities

Leadership: Student Council

Each HS student belongs to one of six Councils:

- Academic
- Fine Arts
- Social Service
- Sports
- Well-being
- World

Each grade and council has three leadership positions, along with an Executive Student Council.

Athletics (Varsity and JV)

Fall Season

Cross Country
Tennis
Volleyball

Spring Season

Soccer
Track and Field

Winter Season

Basketball

Fine Arts

Music

- Choir
- Honor Choir
- Vocal Ensemble
- Orchestra
- Honor Orchestra
- Chamber Strings
- Chamber Ensemble

Film and Theatre

- Drama Festival
- Film Festival

Public Speaking

- Debate
- Speech Contest

Others

Service and Social Action

- Amnesty International
- Animal Rights Club
- Gender and Sexuality Alliance
- Girls Club
- Rooftop Garden Club
- Tassel Club

STEM and Academic

- Brain Bowl
- Medical Society
- Math Lab
- Math Field Day

Interests and Hobbies

- Art Club
- Boosters
- Dance Club
- Sports Club
- Investment Alliance
- ... and many more

University Acceptances, 2023–25

Australia

Griffith University
Macquarie University
Monash University
RMIT University
The University of Sydney
University of Melbourne
University of New South Wales

Canada

Brock University
Carleton University
Concordia University
Laval University
McGill University
Mount Allison University
Simon Fraser University
The University of British Columbia
Toronto Metropolitan University
University of Montreal
University of Ottawa
University of Sherbrooke
University of Toronto
University of Victoria
University of Waterloo
University of Windsor
Western University
Wilfrid Laurier International
College
York University

China

Peking University

France

The American University of Paris

Germany

Constructor University

Greece

American College of Greece

Hong Kong

The Hong Kong University of
Science and Technology

Hungary

Semmelweis University of Medical
Sciences
University of Debrecen
University of Pécs
University of Szeged

Ireland

Queen's University Belfast

Japan

Tokyo International University
International Christian University
Keio University
Kyoto University of Advanced
Science
Lakeland University
Nagoya University
Nagoya University of Commerce
and Business

Ritsumeikan Asia Pacific
University
Ritsumeikan University
Sophia University
Temple University, Japan Campus
The University of Tokyo
Tokyo International University
United International Business
School
University of Tsukuba
Waseda University
iCLA Yamanashi Gakuin University

Netherlands

Amsterdam University College
Erasmus University College
University College Maastricht
University College Roosevelt
University of Amsterdam
University of Groningen
Utrecht University
Vrije Universiteit Amsterdam

United Kingdom

BIMM University
Brunel University London
Cardiff University
City, University of London
Durham University
Goldsmiths, University of London
King's College London
Kingston University
Liverpool Institute for Performing
Arts
Newcastle University
Oxford Brookes University
Queen Mary University of London
Royal Holloway, University of
London
SOAS University of London
The University of Edinburgh
University College London
University of Bath
University of Birmingham
University of Brighton
University of Bristol
University of Cambridge
University of Exeter
University of Glasgow
University of Gloucestershire
University of Greenwich
University of Leicester
University of Liverpool
University of Manchester
University of Nottingham
University of Plymouth
University of Reading
University of Sheffield
University of Southampton
University of Strathclyde
University of Surrey
University of the Arts London

University of Warwick
University of Westminster,
London
University of York
UWE Bristol

United States

American University
Arizona State University
Art Center College of Design
Bard College
Barnard College
Bennington College
Boston College
Boston University
Brandeis University
Brigham Young University
Brown University
Butler University
California Polytechnic State
University - San Luis Obispo
Case Western Reserve University
Chapman University
Colby College
Colorado College
Cornell College
Cornell University
Dartmouth College
Drew University
Emerson College
Emory University
Fordham University
Franklin and Marshall College
George Mason University
George Washington University
Georgetown University
Grinnell College
Hampshire College
Harvard University
Indiana University - Bloomington
Iowa State University
Ithaca College
Johns Hopkins University
Kenyon College
La Salle University
Laguna College of Art and Design
Lehigh University
Lewis & Clark College
Loyola University Chicago
Michigan State University
New York University
Northeastern University
Oberlin College
Occidental College
Oregon Institute of Technology
Pace University
Pennsylvania State University
Pepperdine University
Pratt Institute
Purdue University
Reed College
Ringling College of Art & Design

Rochester Institute of Technology
Rutgers University - New
Brunswick
San Diego State University
San Jose State University
Santa Clara University
Sarah Lawrence College
Savannah College of Art and
Design
School of Visual Arts
Smith College
Stony Brook University
SUNY at Albany
Syracuse University
The New School
Tufts University
University of Arizona
University of Buffalo
University of California, Berkeley
University of California, Davis
University of California, Irvine
University of California, LA
University of California, Merced
University of California, Riverside
University of California, San Diego
University of California, Santa
Barbara
University of California, Santa
Cruz
University of Hawaii at Manoa
University of Illinois Urbana
Champaign
University of Iowa
University of Massachusetts
Amherst
University of Massachusetts
Boston
University of Michigan - Ann Arbor
University of Minnesota Twin
Cities
University of New Hampshire
University of North Carolina at
Chapel Hill
University of North Carolina at
Charlotte
University of Notre Dame
University of Pennsylvania
University of Pittsburgh
University of Rochester
University of San Diego
University of San Francisco
University of Southern California
University of Washington, Seattle
Campus
University of Washington
University of Wisconsin - Madison
Virginia Polytechnic Institute and
State University
Woodbury University
Yale University