Sierra High School Athletics

Home of the Timberwolves
1700 Thomas Street
Manteca, CA 95337

Steve Clark, Principal
Robert Posehn, Athletic Director
(209) 858-7410

Welcome to Sierra High School. We are looking forward to meeting you and having you become a part of our outstanding tradition of developing scholar-athletes.

If you are interested in playing a sport at Sierra High School next year, you must get a sport physical prior to the beginning of your athletic season. Please be sure to stop by the front office to pick up a physical form, prior to getting your physical as well as the instructions on how to make an athletic clearance account.

Many of our programs condition and hold camps and/or clinics during the summer and prior to the start of their sport season. You must have a physical on file at Sierra High School, in order to participate in these programs. If you would like more information about your specific sport, I encourage you to contact any of the coaches that are listed below.

Fall Sports

Cross Country	Mike Rosendin	mrosendin@sjcoe.net
Football	Jeff Abrew	jabrew@musd.net
Golf, Girl's	Isabella Garcia-Mendez	isabella@anahjavi.com
Tennis, Girl's	David Martin	terrellm4871@gmail.com
Water Polo Boys/Girls	Lauren Koury	lkoury@sjcoe.net
Volleyball, Girls	Danielle Deerinck	ddeerinck@musd.net
Girls Flag Football	Chris Zalunardo	chriszalunardo@yahoo.com
eSports	Irwin Ibarrientos	iibarrientos@musd.net

Winter Sport

Basketball, Boy's	Jalen Bourbon	jbourbon@musd.net
Basketball, Girl's	Rudy Valencia	rvalencia@musd.net
Soccer, Boy's	Joe Pires	mfcjoe1958@yahoo.com
Soccer, Girl's	Manuel Pires	pires77@yahoo.com
Wrestling	Alex Nuanez	Alex.Nuanez@Bunzlusa.com

Spring Sports

Baseball	Travis Thomson	tthomson@musd.net
Golf, Boy's	Greg Wilson	gwilson@musd.net
Softball	TBA	
Swimming	Lauren Koury	lkoury@sjcoe.net
Tennis, Boy's	Dan Duke	danduke4@gmail.com
Track & Field	Jeff Greene	jgreene@musd.net
Volleyball, Boys	Danielle Deerinck	ddeerinck@musd.net
Cheer	Morgan Haskell	mhaskell916@gmail.com

Athletic Director- Robert Posehn rposehn@musd.net