

NASSAU  
COUNTY



POLICE ACTIVITY LEAGUE  
WANTAGH-SEAFORD UNIT

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PAL CALENDAR OF EVENTS AND REGISTRATIONS  
FOR FALL, WINTER AND EARLY SPRING '25-'26

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**DUE TO LIMITED SPACE SOME ACTIVITIES MAY CLOSE BEFORE THE FINAL REGISTRATION. TRY TO REGISTER AS SOON AS POSSIBLE. VISIT <https://ncpalwantaghseafordunit.leagueapps.com/leagues> FOR MORE INFORMATION ON ANY OF OUR SPORTS AND TO REGISTER ONLINE.**

**SEPTEMBER**

**BOWLING**- for information visit the site above. You can go down on Sat morning 9:30am 9/21 (the 1<sup>st</sup> day of bowling) at Wantagh Lanes to see if there are any openings. Runs thru mid-March. There is a lane fee each week. It is for ages 5-18. To register visit VISIT <https://ncpalwantaghseafordunit.leagueapps.com/leagues>

**SOCCER** – For information on any soccer program VISIT [WWW.WANTAGHSEAFORDPAL.ORG](http://WWW.WANTAGHSEAFORDPAL.ORG)

**BASKETBALL**--reg will be on online only starting on 9/1 at the site above thru 11/27, then a wait list starts until midnight 11/28. VISIT [WWW.WANTAGHSEAFORDPAL.ORG](http://WWW.WANTAGHSEAFORDPAL.ORG) for all info and to register VISIT <https://ncpalwantaghseafordunit.leagueapps.com/leagues>

**KARATE** – Fridays at 7pm at Wantagh Elementary, 1765 Beech St, Wantagh, NY 11793. It is for boys and girls ages 7 to 18. After the initial 10 weeks another session will begin. To register VISIT <https://ncpalwantaghseafordunit.leagueapps.com/leagues> . Highly qualified instructors.

**OCTOBER - (NO REGISTRATION)**

**NOVEMBER**

**LACROSSE**— online registration will start on 11/1. No in person registrations. Go VISIT <https://ncpalwantaghseafordunit.leagueapps.com/leagues> for more information or to register online. It is for boys' and girls' grades k – 8 (K are clinics). Sport runs from March to June.

**DECEMBER - NO REGISTRATION**

The distribution of this flyer by the Seaford School Dist. And the Wantagh school district is a courtesy extended to the activities of this organization. In no way does Seaford or Wantagh Schools sponsor or accept any responsibility for these activities.

IT IS BETTER TO BUILD YOUTH THAN TO MEND ADULTS