Dear **Spaulding and McAlister** Families,

School days move fast, and we're here to keep students fueled and focused every step of the way. As your school's nutrition partner, we're *Powering Potential* this year with meals that deliver real flavor, real balance, and real energy for busy minds. Each meal, designed with student feedback in mind, also exceeds USDA guidelines for whole grains, limited sodium, sugar and fat, fueling student potential all day.

Here's what to expect in the cafeteria:

Breakfast & Lunch Goals: Achieved

We understand that students want variety and flavor. That's why our cafeteria menus are filled with student favorites and fresh options that change regularly to keep things exciting. Whether it's a fan favorite or something new to try, there's always something to satisfy every appetite.

You can view our current menus anytime here. Menus - Suffield Public Schools

Meal Prices for 2025–26

Breakfast: $2.10
Reduced: $0.30
Lunch: $3.25
Reduced: $0.40

Families may qualify for free or reduced-price meals. Find out more or apply at
2025-26 Application for Free and Reduced-price School Meals or Free Milk and Summer EBT

Paying is just a click away

Make sure the kids are covered. You can pay in advance, online today:
MySchoolBucks

Have questions? Special diet request?

Find more information on our website at: https://www.suffield.org/departments/food-services

Or contact us at:
860-668-3810 x.3115
jjanson@suffield.org

Whether it's tackling a tough test or just needing a mid-day reset, a great meal can change everything. Every tray we serve is built to support confidence, focus, and growth, because powering potential means more than just food. It's about showing up for students, every day.

Cheers to a great school year.

What's Cooking This School Year?

Your student's day deserves the right fuel, and we're here to deliver it—one meal at a time.

Our team is fired up and ready to serve not just food, but fuel for success. As your district's dedicated nutrition partner, we're proud to be part of your student's journey—powering potential for a great day, every day.

HERE'S WHAT WE ARE SERVING UP FOR THE 2025–2026 SCHOOL YEAR:

FLAVOR-FILLED FUN

We're bringing excitement to mealtime all year long with **global flavors**, special event **promotions, limited-time offerings**, and **taste tests** that engage students.

aramark STUDENT NUTRITION

STUDENT-APPROVED HEALTHY MEALS

Each meal, designed with **student feedback** in mind, also exceeds **USDA guidelines** for whole grains, limited sodium, sugar and fat, fueling student potential all day.

FRESH INGREDIENTS

We're committed to including **fresh** and **local** items whenever possible, supporting both student **health** and our **community**.

2025–2026 MEAL PRICES:

Breakfast: $2.10
Reduced: $0.30
Lunch: $3.25
Reduced: $0.40

Free meals are available for eligible students through the Free & Reduced Meals Program.

2025-26 Application for Free and Reduced-price School Meals or Free Milk and Summer EBT

QUESTIONS?

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