

**JEFFERSON HIGH SCHOOL**  
**2025 CROSS COUNTRY SCHEDULE**



Head Coaches: Tim Lees (interim: Anna Cunningham) and Molly McCarty

DATE	MEET NAME LOCATION	RACE TIMES
Sat - Aug 16 (Leave FH at 5:30am)	Apalachee Apalachee High School 940 Haymon Morris Road Winder, Georgia 30680	7:15 am - Varsity Boys (7 entries) 7:45 am - Varsity Girls (7 entries) 8:15 am - JV Boys (10 entries) 8:45 am - JV Girls (10 entries) 9:15 am - HS Combo (Unlimited) 9:45 am - High School Awards
Friday - Aug 29 (Parents to take - be there 1hr. prior)	Twilight Invitational North Oconee High School 1081 Rocky Branch Rd, Bogart, GA 30622	7:00 PM Open/Mixed 5K 7:50 PM JV Girls (10 entries) 8:30 PM JV Boys (10 entries) 9:00 PM Varsity Girls (7 entries) 9:40 PM Varsity Boys (7 entries)
Sat - Sep 6 (Leave FH at 5:30am)	Carrollton OrthoWest Invitational Carrollton High School 201 Trojan Dr, Carrollton, GA 30117	8:30 V Girls 9:00 V Boys 10:30 JV Girls 11:00 JV Boys
Thurs - Sep 11 (Leave JHS at 3:10pm)	Bill Woods Prideland HS Invitational Franklin County High School 475 High Rd Carnesville, GA 30521	5:00 PM V GIRLS 5K 5:30 PM V BOYS 5K 6:15 HS Mixed JV ( <b>2 mile</b> )
Sat - Sep 20 (Leave FH at 6:00am)	Apple Hawkins Invitational Apalachee High School 940 Haymon Morris Road Winder, Georgia 30680 (scheduled from September 18th)	8:00am Varsity Boys (10) 8:25am Varsity Girls (10) 8:55am JV Boys (unlimited) 9:25am JV Girls (unlimited)
Thurs - Sep 25 (Leave JHS at 3:00pm)	Elbert County 2063 Harmony Rd, Elberton, GA 30635 (Camp Harmony)	5:00pm Varsity Boys 5:30pm Varsity Girls 6:00 pm JV
Thurs - Oct 2 (Leave JHS at 1:30 or 2:00pm)	Mountain Invitational White County High School Unicoi State Park, 215 Unicoi Bottoms Road, Helen, GA 30545	3:30 HS Combo (Tentative) 4:00 JV Boys (10) 4:30 JV Girls (10) 5:00 Varsity Boys (Top 7) 5:30 Varsity Girls (Top 7)
Sat - Oct 12	Fall Break	OFF
Sat - Oct 18 (Leave FH at 6:30am)	Coach Wood McIntosh Nature Reserve 1046 W McIntosh Circle, Whitesburg, Ga 30185	10:05am – JV Blue Boys 10:35am - Varsity Girls 11:10am - Varsity Boys 11:35am - JV Cardinal Girls 12:05pm JV Cardinal Boys
Sat - Oct 25	Week Before Sectionals	OFF
Sat - Nov 1 (Leave FH at 5:30am)	GHSA Sectionals @ Heritage High School (Ringold, GA) <a href="#">Course Information</a>	Varsity Boys 9:30 a.m Varsity Girls 10:00 a.m. Combined JV 10:40 a.m
Fri/Sat - Nov 8 (Leave FH at 10am)	GHSA State Championships Carrollton High School <a href="#">Course Information</a>	2:00pm 3A BOYS 2:45pm 3A GIRLS