Department Plans 2025-2026

Overview

Department: HEALTH PROGRAMS

Objective:
To strengthen the educational process by helping each student reach their full potential in physical, mental, and social growth through the provision of health services and programs.

Roles and Services

Department Organizational Chart (Please list names and Titles)

Director	RIA APODACA
Administrative Assistant	SHARON BONNER
Wellness Coordinator	KATIA AHMED
Senior Community Advocate	GUILLERMINA ECHAURI
Farm to School Coordinator	JILL MCARTHUR
Substance Abuse Prevention Specialist	ERIN WOLPER
Credentialed School Nurse	LISA COLLINS CINDY SEGURA ARIANA VALDEZ ELSA SAENZ YADIRA GUERRERO KARINA HERNANDEZ JANETH RODRIGUEZ MARY LAUDERDALE KAREN BUTLER ZAYDA VALLADARES

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Licensed Vocational Nurse	DENISE JOHNSON ADRIANA FLORES CLAUDIA MENDEZ JING HU
Health Clerk	AMELIA GONZALEZ ANGELICA ARIAS CAMEO BATES DEBBIE CARTER ERIKA PICKENS GABRIELLA GUILLEN GUADALUPE LEAL JENEE CHAU JENNIFER CISNEROS JOSELIN MACHADO KEMBERLY CANTERO KEREN HERNANDEZ BURCIAGA LAURA YOUNG LILIANA CHAVEZ LISA LAU LUCIA MENDEZ LUCIA ROBLES MADGALENA GARCIA MARAL NASHALIA MARCIA DURAN MIEIAN ESPINAL OMAR MUNOZ PAMELA LEAVITT RAQUEL DE LA TORRE YAMILY MARTINEZ TERESA RAMIREZ
Home Hospital Teacher	DIANA STERN JESUS GOMEZ MARLA KASEFF

Services provided by the Health Programs Department:

1. Implement student specialized health care plans
2. Conduct mandated health screenings
3. Complete health assessments for students receiving special education services and candidates for services
4. Provide daily first aid care and emergency care for ill or injured students
5. Maintain student health records to ensure compliance with state regulations
6. Provide education on nutrition, chronic disease prevention, substance use and prevention

7. Provide services and resources to address food insecurity
8. Provide immunizations, physicals, and health care referrals for PUSD uninsured and underinsured students
9. Provide TB tests for PUSD staff, volunteers, and students

Prior Year Reflection

Accomplishments in 2024-2025 include:

- All schools except 1 met the state immunization reporting requirements
- Vision, hearing, oral, and Scoliosis screenings conducted for designated grade levels to identify and address potential health issues
- 3,369 boxes of fresh produce distributed to families in need
- 1,000 third graders participated in Water Safety Program and learned swim and drowning prevention skills

Next Steps/ Continued Actions for 2024-2025:

- Continue providing preventative health care and screenings
- Expand services for students in need of substance use intervention services
- Expand programs that promote health through outdoor learning programs
- Expand program and services that address food insecurity among families

Department Priorities & Goals

Actions/Strategies/Projects/Priorities for 25-26

PRIORITY: Improve student health in order for students to attend and succeed in school.

Item #1	Budget Allocation	Timeline for Outcome/ Implementation
Hire one credentialed school nurse to support students in 1-3 schools to provide first aid, specialized medical procedures, medical screenings, emergency medical	LCAP $105,018 LEA $327,581 MAA $475,353	August 2025 - June 2026

care, medication administration, substance use assessments and support, health guidance, and Special Education and 504 Plan services.		

Data Used to Determine (Prior Year Data)	Alignment to Strategic Plan	LCAP Alignment	
End of Year Health Services Report	Quality learning environment	Goal 3	Action 3.4
Annual Immunization Reports	Quality learning environment	Goal 3	Action 3.4
Monthly attendance Reports	Quality learning environment	Goal 3	Action 3.4
Preventative Health Screenings	Quality learning environment	Goal 3	Action 3.4

Success Indicators	Data Used to Determine Success	Key Performance Indicators (KPIs)	
Increase student attendance Preventative Health Screenings provided for designated grade levels	Monthly attendance reports Number of health screenings	Current	Goal
			Not Met

Actions/Strategies/Projects/Priorities for 25-26

Item #2	Budget Allocation	Timeline for Outcome/ Implementation
Hire one .75FTE Health Clerk for each school to provide first aid, medication administration, emergency medical care, health record maintenance, referrals for health care services, and parent/guardian communication	LCAP $1,040,565 LEA $96,765 SMAA $176,515	August 2025 - June 2026

Data Used to Determine (Prior Year Data)	Alignment to Strategic Plan	LCAP Alignment	
Daily medical logs	Quality learning environment	Goal 3	Action 3.4
Annual immunization reports	Quality learning environment	Goal 3	Action 3.4

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Success Indicators	Data Used to Determine Success	Key Performance Indicators (KPIs)	
Increase student attendance	Monthly attendance reports	Current	Goal
			Not Met

Actions/Strategies/Projects/Priorities for 25-26

Item #4	Budget Allocation	Timeline for Outcome/ Implementation
Provide education, intervention, and resources on healthy behaviors, nutrition, substance use, environmental awareness and sustainability in flexible learning spaces including outdoors.	MAA $93,432 Grants	August 2025 - June 2026

Data Used to Determine (Prior Year Data)	Alignment to Strategic Plan	LCAP Alignment	
Monthly attendance Reports	Quality learning environment	Goal 3	Action 3.4
California Healthy Kids Survey	Quality learning environment	Goal 3	Action 3.4
Mapping Youth Health Behavior Survey	Quality learning environment	Goal 3	Action 3.4
Produce Distribution schedule and amount	Quality learning environment	Goal 3	Action 3.4
Number of classes participating in agriculture and food production lessons in the school gardens	Quality learning environment	Goal 3	Action 3.4

Success Indicators	Data Used to Determine Success	Key Performance Indicators (KPIs)	
Substance use intervention services provided for all referred students Monthly intervention services to address food insecurity provided for all referred families Every school has a maintained production garden accessible to all students	Number of referrals Student Participation Rate Family Participation Rate Number of students accessing the school gardens	Current	Goal

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		Not Met

Actions/Strategies/Projects/Priorities for 25-26

Item #3	Budget Allocation	Timeline for Outcome/ Implementation
Increase the amount of licensed vocational nurses hired to provide care and support for students in need of specialized medical procedures and monitoring on a daily basis to 7	LEA $278,528	August 2025 - September 2025

Data Used to Determine (Prior Year Data)	Alignment to Strategic Plan	LCAP Alignment	
Student health care plans	Quality learning environment	Goal 3	Action 3.4

Success Indicators	Data Used to Determine Success	Key Performance Indicators (KPIs)	
		Current	Goal
			Not Met

Spending Priorities

Spending Plan for 25-26 (lists year over year changes, **if any**) with 2 prior years spending.