Meet Your Wellness Center Social Worker

Ms. Thron :)



About Me:

Hello! My name is Laura Thron. I am the Wellness Center Social Worker at Stanford Middle School. I am excited for another wonderful school year!

I earned my Masters of Social Work at San Diego State University and a Bachelor's in Human Services at the University of Delaware.

Favorites: surfing, hiking, camping, traveling, coffee, baking and burritos!

How can I support:

- Short Term Counseling
- Group Counseling
- Lunch & after school Workshops/activities
- Community resources
- Safe space
- Food pantry
- And more!

Contact Me:

Email: lthron@lbschools.net

phone: (562) 594-9793, ext. 2917

Referral Form

Schedule: Monday-Friday 7:45am to 3:15pm

Closed on Wednesdays for counseling

OUR MISSION IS TO EMPOWER STUDENTS TO PROMOTE AND MANAGE THEIR OWN SOCIAL, EMOTIONAL, AND PHYSICAL HEALTH WHILE STRIVING TO SUPPORT ALL AREAS OF THEIR LIVES THAT MAY IMPACT THEIR ACADEMIC POTENTIAL

- SHORT-TERM COUNSELING AND GROUPS
- CLASSROOM PRESENTATIONS & WORKSHOPS
- RESOURCES (FOOD PANTRY, HYGIENE PRODUCTS, CLOTHING, & MENTAL HEALTH, HOUSING, ETC.)
- COMMUNITY SERVICE PROJECTS
- CARE COORDINATION
- SEL GROUP ACTIVITIES
- CRISIS MANAGEMENT
- HOME VISITS
- AND MORE!

MONDAY-FRIDAY
7:45AM-3:30PM
CONFERENCE P2
CLOSED ON WEDNESDAYS FOR SHORT TERM COUNSELING

Wellness Center



Ms. Thron

Open: Monday - Friday
7:45am-3:00pm
Closed Wednesdays for counseling appointments
Room 917

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WELLNESS CENTER
MS. THRON

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ABOUT ME

- Pronouns: she/her
- From the East Coast
- I earned a Masters of Social Work at SDSU.
- Looking forward to the 2024-2025 school year!

FUN FACTS

- I hiked the tallest peak in the U.S.
- I surfed with a great white shark
- I love to travel and have been to 33 states!

LIKES

The beach, surfing, baking, hiking, travel, camping, dogs, nature & coffee

CONTACT INFO:

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