



Meet Your Nutritious Friend:
At Peace Apple

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4 Assorted Cereal Bars Assorted Cereals with Graham Crackers	5 Cini Mini Pastry Assorted Cereals with Graham Crackers
8 Nutri-Grain Bar Assorted Cereals with Graham Crackers	9 Mini Maple Pancakes Assorted Cereals with Graham Crackers	10 Assorted Cereal Bars Assorted Cereals with Graham Crackers	11 Chocolate Chip French Toast Assorted Cereals with Graham Crackers	12 Cini Mini Pastry Assorted Cereals with Graham Crackers
15 Nutri-Grain Bar Assorted Cereals with Graham Crackers	16 Mini Maple Pancakes Assorted Cereals with Graham Crackers	17 Assorted Cereal Bars Assorted Cereals with Graham Crackers	18 Chocolate Chip French Toast Assorted Cereals with Graham Crackers	19 Cini Mini Pastry Assorted Cereals with Graham Crackers
22 Nutri-Grain Bar Assorted Cereals with Graham Crackers	23 Mini Maple Pancakes Assorted Cereals with Graham Crackers	24 Assorted Cereal Bars Assorted Cereals with Graham Crackers	25 Chocolate Chip French Toast Assorted Cereals with Graham Crackers	26 Cini Mini Pastry Assorted Cereals with Graham Crackers
29 Nutri-Grain Bar Assorted Cereals with Graham Crackers	30 Mini Maple Pancakes Assorted Cereals with Graham Crackers			

What is a Meal?
Students must choose at least 3 of the 4 components available for the school breakfast price.

- Choice of Whole Grain
- Choice of Protein
- Choice of Fruit or Vegetable
- Choice of Milk

A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable breakfast.

Whole Grain Cereals
(served with graham crackers)

Cinnamon Toast Crunch, Trix, Cocoa Puffs, Lucky Charms, Froot Loops, Cheerios

Choice of Fruit

Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice

Choice of Milk

1% white, fat-free chocolate, fat-free strawberry

Your Team

Richele Boyce, Food Service Director
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Meal Prices

Student Breakfast	\$2.00
Reduced Breakfast	\$0.00
Faculty Breakfast	\$2.50

