



Meet Your Nutritious Friend:
At Peace Apple

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4 Cheese Pizza or Pepperoni Pizza Bagel Meal FEATURED VEGGIES Cold Veggie Patch	5 Double Cheese Burger Turkey & Cheese Wrap FEATURED VEGGIES Cheesy Broccoli
8 Chicken Nuggets with Roll Ham & Cheese Wrap FEATURED VEGGIES Sweet Peas	9 All Beef Nachos Grande with Tortilla Chips Fiesta Taco Salad FEATURED VEGGIES Rice & Beans Lettuce & Tomato	10 Breakfast Sandwich on a Bagel w/ Egg, Cheese & Choice of Meat Garden Salad FEATURED VEGGIES Potato Wedges	11 Cheese Pizza or Pepperoni Pizza Bagel Meal FEATURED VEGGIES Mixed Veggie Patch	12 BBQ Pulled Pork Sandwich Turkey & Cheese Wrap FEATURED VEGGIES Corn Salad
15 Classic Sloppy Joe on Roll Ham & Cheese Wrap FEATURED VEGGIES Baked Beans	16 Walking Taco with Doritos Fiesta Taco Salad FEATURED VEGGIES Corn	17 Breakfast Burrito Wrap Garden Salad FEATURED VEGGIES Tater Tots	18 Cheese Pizza or Pepperoni Pizza Bagel Meal FEATURED VEGGIES Side Salad	19 Crispy Chicken Patty on a Bun Turkey & Cheese Wrap FEATURED VEGGIES Steamed Broccoli
22 Hot Ham & Cheese on Pretzel Bun Ham & Cheese Wrap FEATURED VEGGIES Sweet Carrots	23 Chicken & Cheese Quesadilla Fiesta Taco Salad FEATURED VEGGIES Golden Corn	24 French Toast Sticks with Breakfast Sausage Garden Salad FEATURED VEGGIES French Fries	25 Cheese Pizza or Pepperoni Pizza Bagel Meal FEATURED VEGGIES Side Salad	26 All Beef Hot Dog Turkey & Cheese Wrap FEATURED VEGGIES Baked Beans
29 Chicken & Mashed Potato Bowl Ham & Cheese Wrap FEATURED VEGGIES Mashed Potatoes	30 Penne Pasta w/ Meat or Marinara Sauce Fiesta Taco Salad FEATURED VEGGIES Sweet Peas			

What is a Meal?

Students must choose at least 3 of the 5 components available for the school lunch price.

- Choice of Whole Grain
- Choice of Protein
- Choice of Vegetable
- Choice of Fruit
- Choice of Milk

A minimum 1/2 cup serving of fruit or vegetable must accompany a reimbursable lunch.

Choice of Vegetable

Hot vegetable,, seasonal fresh vegetables

Choice of Fruit

Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice

Choice of Milk

1% white, fat-free chocolate, fat-free strawberry

Daily Alternates

Cheese Burger on a Bun
Uncrustables

Your Team

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Meal Price

Student Lunch \$3.30
Reduced Lunch \$0.00
Faculty Lunch \$5.00

