



# **PITMAN BREAKFAST MENU**

## **BREAKFAST BITES**

**WE USE THE HEALTHIER WHOLE GRAIN VERSIONS OF YOUR  
BREAKFAST FAVORITES!**

**BREAKFAST MEAL PAID ~ \$2.00**

**BREAKFAST MEAL FREE/REDUCED ~ \$0.00**

**INCLUDES MILK, FRUIT, PROTEIN/GRAIN**

**ALL CHOICES AVAILABLE DAILY**

**HOT EGG AND CHEESE SANDWICH ON A BAGEL**

**(YOU CHOOSE: SAUSAGE, BACON OR HAM)**

**ASSORTED MUFFINS**

**PILLSBURY PASTRIES**

**ASSORTED CEREAL WITH GRAHAM CRACKERS**

**KELLOGG'S POP-TART WITH CHEESE STICK**

**MAPLE FLAVORED WAFFLE**

**YOGURT, CHEESE STICK, BAGEL MEAL**

**YOU MAY TAKE 1 OR 2 FRUITS & YOUR CHOICE OF MILK.**

**FRESH FRUIT, CUPPED FRUIT AND 100% FRUIT JUICE**

**(YOU MUST TAKE 1 FRUIT CHOICE)**

**MILK: 1 % WHITE, FAT FREE WHITE, FAT FREE CHOCOLATE, FAT  
FREE**

**This Institution is an Equal Opportunity Provider.**