



Meet Your Nutritious Friend:
At Peace Apple

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
			Cheese Pizza or Pepperoni Pizza Bagel Meal FEATURED VEGGIES Cold Veggie Patch	Double Cheese Burger Turkey & Cheese Wrap FEATURED VEGGIES Cheesy Broccoli
8	9	10	11	12
Chicken Nuggets with Roll Ham & Cheese Wrap FEATURED VEGGIES Sweet Peas	All Beef Nachos Grande with Tortilla Chips Fiesta Taco Salad FEATURED VEGGIES Rice & Beans Lettuce & Tomato	Breakfast Sandwich on a Bagel w/ Egg, Cheese & Choice of Meat Garden Salad FEATURED VEGGIES Potato Wedges	Cheese Pizza or Pepperoni Pizza Bagel Meal FEATURED VEGGIES Mixed Veggie Patch	BBQ Pulled Pork Sandwich Turkey & Cheese Wrap FEATURED VEGGIES Corn Salad
15	16	17	18	19
Classic Sloppy Joe on Roll Ham & Cheese Wrap FEATURED VEGGIES Baked Beans	Walking Taco with Doritos Fiesta Taco Salad FEATURED VEGGIES Corn	Breakfast Burrito Wrap Garden Salad FEATURED VEGGIES Tater Tots	Cheese Pizza or Pepperoni Pizza Bagel Meal FEATURED VEGGIES Side Salad	Crispy Chicken Patty on a Bun Turkey & Cheese Wrap FEATURED VEGGIES Steamed Broccoli
22	23	24	25	26
Hot Ham & Cheese on Pretzel Bun Ham & Cheese Wrap FEATURED VEGGIES Sweet Carrots	Chicken Soft Tacos Fiesta Taco Salad FEATURED VEGGIES Golden Corn	French Toast Sticks with Breakfast Sausage Garden Salad FEATURED VEGGIES French Fries	Cheese Pizza or Pepperoni Pizza Bagel Meal FEATURED VEGGIES Side Salad	All Beef Bacon Hot Dog Turkey & Cheese Wrap FEATURED VEGGIES Baked Beans
29	30			
Chicken & Mashed Potato Bowl Ham & Cheese Wrap FEATURED VEGGIES Mashed Potatoes	Penne Pasta w/ Meat or Marinara Sauce Fiesta Taco Salad FEATURED VEGGIES Sweet Peas			

What is a Meal?

Students must choose at least 3 of the 5 components available for the school lunch price.

- Choice of Whole Grain
- Choice of Protein
- Choice of Vegetable
- Choice of Fruit
- Choice of Milk

A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch.

Choice of Vegetable

Hot vegetable,, seasonal fresh vegetables

Choice of Fruit

Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice

Choice of Milk

1% white, fat-free chocolate, fat-free strawberry

Daily Alternates

Cheese Burger on a Bun

Uncrustables

Your Team

Richele Boyce, Food Service Director
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Meal Price

Student Lunch	\$3.30
Reduced Lunch	\$0.00
Faculty Lunch	\$5.00



NUTRI-SERVE
FOOD MANAGEMENT, INC. by Metz