



**Meet Your Nutritious Friend:**  
At Peace Apple

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
			Cheese Pizza or Pepperoni Pizza	Double Cheese Burger
			<b>FEATURED VEGGIES</b> Cold Veggie Patch	<b>FEATURED VEGGIES</b> Cheesy Broccoli
8	9	10	11	12
Chicken Nuggets with Roll	All Beef Nachos Grande with Tortilla Chips	Breakfast Sandwich on a Bagel w/ Egg, Cheese & Choice of Meat	Cheese Pizza or Pepperoni Pizza	BBQ Pulled Pork Sandwich
<b>FEATURED VEGGIES</b> Sweet Peas	<b>FEATURED VEGGIES</b> Rice & Beans Lettuce & Tomato	<b>FEATURED VEGGIES</b> Potato Wedges	<b>FEATURED VEGGIES</b> Mixed Veggie Patch	<b>FEATURED VEGGIES</b> Corn Salad
15	16	17	18	19
Classic Sloppy Joe on Roll	Walking Taco with Doritos	Breakfast Burrito Wrap	Cheese Pizza or Pepperoni Pizza	Crispy Chicken Patty on a Bun
<b>FEATURED VEGGIES</b> Baked Beans	<b>FEATURED VEGGIES</b> Corn	<b>FEATURED VEGGIES</b> Tater Tots	<b>FEATURED VEGGIES</b> Side Salad	<b>FEATURED VEGGIES</b> Steamed Broccoli
22	23	24	25	26
Hot Ham & Cheese on Pretzel Bun	Chicken Fajitas w/ Peppers & Onions	French Toast Sticks with Breakfast Sausage	Cheese Pizza or Pepperoni Pizza	All Beef Bacon Hot Dog
<b>FEATURED VEGGIES</b> Sweet Carrots	<b>FEATURED VEGGIES</b> Golden Corn	<b>FEATURED VEGGIES</b> French Fries	<b>FEATURED VEGGIES</b> Side Salad	<b>FEATURED VEGGIES</b> Baked Beans
29	30			
Chicken & Mashed Potato Bowl with Roll	Penne Pasta w/ Meat or Marinara Sauce			
<b>FEATURED VEGGIES</b> Mashed Potatoes	<b>FEATURED VEGGIES</b> Sweet Peas			

## What is a Meal?

Students must choose at least 3 of the 5 components available for the school lunch price.

- Choice of Whole Grain
- Choice of Protein
- Choice of Vegetable
- Choice of Fruit
- Choice of Milk

A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch.

## Choice of Vegetable

Hot vegetable,, seasonal fresh vegetables

## Choice of Fruit

Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice

## Choice of Milk

1% white, fat-free chocolate, fat-free strawberry

## Daily Alternates

Fresh Entree Salads  
Hoagies & Wraps  
Hot Sandwiches  
Pizza  
Uncrustables

## Your Team

**Richele Boyce, Food Service Director**  
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## Meal Prices

Student Lunch	\$3.80
Reduced Lunch	\$0.00
Faculty Lunch	\$5.00



**NUTRI-SERVE**  
FOOD MANAGEMENT, INC. by Metz