

ACQUAINTANCE RAPE/DATE RAPE

- AWARENESS QUIZ
- INDIANA STATE DEPARTMENT OF HEALTH, CDC, & RAPE PREVENTION EDUCATION

WHY

- Cultural shift to understanding blame & make prosecution possible
- Victim understand blame so to report and receive support to cope with event
- Reduce your own vulnerability

DATE RAPE:
BEING FORCED INTO
HAVING SEX — EVEN
IF IT'S SOMEONE YOU
KNOW — IS RAPE,
AND IT'S A CRIME.

At least 60 – 80% of all reported rape victims know their attacker: he was a date, steady boyfriend or casual friend. This is called **acquaintance rape**. It could be someone from a class, neighbor, or even a roommate's significant other.



It's hard to think of someone familiar as a rapist, and this familiarity makes you less willing to trust your self-protective instincts. Also, acquaintance rapists use psychological pressures, as well as physical force. Being forced into having sex — even if it's by someone you know — is still rape, and it's a crime.
Nothing you do, say or wear gives anyone the right to assault you, sexually or otherwise.

WHAT CAN I DO TO MAKE MYSELF LESS VULNERABLE?

When you first date someone you don't know well, check him or her out with friends. Plan to meet someplace where there are other people — a restaurant, a movie, a mall — or go with a group of friends.

Be prepared to find your own transportation home. Carry change for a phone call to your parents or a friend and enough cash for a taxi.

Don't get drunk or stoned. Remember, drugs and alcohol decrease your ability to take care of yourself and make sensible decisions.

Clearly and firmly, let your date know your limits before you get into a situation you can't control.

Leave social events with friends, not with someone you just met or don't know well.

Always watch your drink and never leave it unattended. Don't accept beverages from someone you don't know and trust.

Don't leave a party, a concert or a ball game with someone you just met.

Trust your instincts. If you think something's not quite right or you feel uneasy, get to where there are other people or tell your date to leave — now. Be assertive.

SHOULD I FIGHT BACK? YES! 4/5 THAT FIGHT BACK GET OUT OF IT.

Because each situation is different, no one can list actions that are guaranteed to protect you against acquaintance rape.

Make noise, be difficult, talk loudly, scream, honk the car horn. Perpetrators do not want to get caught.

Yell, bite, use physical defense device or whatever you need to the more used the better you chance of getting out and away.

PURDUE STUDENT MET RAPE VICTIM AT CAMPUS BAR, LURED HER TO APARTMENT, OFFICIALS SAY

- WEST LAFAYETTE, Ind. — Vincent Lembo and the woman who accused him of rape never met before Friday night, until a chance encounter at a West Lafayette bar on State Street, prosecutors say. The 21-year-old woman was in Indiana for a funeral and staying with a friend's family, according to prosecutors. The woman and her friend went to the bar about 9 p.m. Friday, and Lembo, also 21 years old, flirted with the two women, asking for their phone numbers. When he asked the women for sex, they said no, prosecutors said in a probable cause affidavit filed Monday. Lembo's accuser became separated from her friend, whom she believes left the bar with her purse and phone, according to the affidavit. Lembo offered to let her call from his phone, but first he needed to charge it at his apartment, according to the document. The two left the bar and walked to Lembo's apartment at River Road and Wood Street. Once inside his apartment, he led the woman to his bedroom, then punched her in the face and began assaulting her, according to prosecutors. He forcibly removed her clothes and put his hand over the woman's mouth as she screamed for help and tried to push him away, but Lembo continued his sexual assault, according to the court document. After the assaults, the woman dressed and ran from Lembo's apartment to a neighboring apartment, where police were called about midnight, prosecutors allege. Besides the physical trauma from the alleged sexual assault, the woman also suffered scrapes, bruising and swelling from the attacks, the probable cause affidavit stated. Police arrested Lembo on Saturday night, and he remains in jail on suspicion of rape and criminal confinement. During a brief hearing Monday afternoon, Tippecanoe Magistrate Sarah Wyatt approved prosecutors' request for a 72-hour extension to file formal charges, giving prosecutors until 2 p.m. Thursday.

WHAT IF IT HAPPENS TO ME?

- Don't feel guilty and don't just try to forget about it. You didn't ask to be raped. Any rape is a violent attack that can have traumatic effects on the victim for months, and even years, afterward.
- The single most important action you can take is to tell someone — your parents, the police, a school counselor, the family doctor, or any adult you trust. Call your community's rape hotline or crisis center. Go to the emergency room or local women's clinic to be tested for STIs and pregnancy.
- All rape victims usually feel rage, guilt, anger and helplessness. The best way cope with professional counselors and professional treatment.

WHO CAN HELP?

- Even if you don't have this problem, someone you know may. Find out about the services in your community that help victims of rape. In addition to law enforcement, some places to look include rape crisis centers, community mental health centers, school counselors, women's clinics, legal aid agencies, and social services agencies.

DATE RAPE: A POWER TRIP

- Nothing — not even previous consensual sex — entitles anyone to force others to perform sexual acts. Without consent, forcing sexual contact is a crime. Date rape is a betrayal of trust and causes long-lasting emotional injuries. Date rape or acquaintance rape is about power, control and anger — not romance.
- Why does this happen?
 - **Myth:** rape motivated by sexual desire and the perpetrator cannot control their sexual urges. THIS IS FALSE.
 - **Truth:** Rape is an act of power, anger and dominance over another person. Sex is the weapon used to gain control.

RAPE HAPPENS
TO ALL AGES,
RACES,
EDUCATIONAL
LEVELS,
RELIGIONS,
SEXUAL
ORIENTATIONS,
AND PHYSICAL
DESCRIPTIONS.

- The FBI estimates that one out of three women will be sexually assaulted in her lifetime.
- The FBI estimates 1 in 12 men are raped during their lifetime.
- These numbers are probably higher....Only 1 in 100 is reported when the perpetrator is known. Only 30 in 100 are reported when a stranger.
- Why don't people report?

THE FOX HOLLOW MURDERS

WESTFIELD INDIANA

Herb Baumeister

American serial killer



An 18-acre property in Westfield, Indiana, is known as the former home of suspected serial killer Herb Baumeister. It's the subject of a new [docuseries](#) that dropped on Hulu this week.

It's where authorities discovered the charred and decomposing remains of an estimated 25 people. The sheriff's office would eventually recover more than 10,000 bone fragments scattered across the woodsy farmland, according to the Hamilton County Coroner's Office.

Detectives believed [Baumeister](#), a business man who owned the property, played a hand in the murder and dismembering of the victims, who were mostly young, gay men that he lured to his property north of Indianapolis, according to the coroner.

Advertisement

WHAT DO I DO IF IT HAPPENS TO ME

Get help immediately. Phone the police, a friend, a rape crisis center, a relative. Don't isolate yourself, don't feel guilty or ashamed, and don't try to ignore it. It is a crime that should be reported.

Get medical attention as soon as possible. Do not shower, wash, douche or change your clothes. Valuable evidence could be destroyed.

Get counseling to help you through the recovery process. Rape is a traumatic experience, and trained counselors can make recovery easier and quicker.

If you think you've been sexually assaulted under the influence of a date rape drug, get medical help immediately. Try not to urinate before providing any urine samples. If possible, collect any containers from which you drank.

WHAT ARE DATE RAPE DRUGS

- **Rohypnol and GHB** are called “date rape drugs” because when slipped into someone’s drink, a sexual assault can take place without the victim being able to remember what happened.
 - **Rohypnol** — also known as roofies, roopies, circles, the forget pills — works like a tranquilizer. It causes muscle weakness, fatigue, slurred speech, loss of motor coordination and judgment, and amnesia that lasts up to 24 hours. It looks like aspirin — small, white and round.
 - **GHB** — also known as Liquid X, salt water, scoop — also causes quick sedation. Its effects include drowsiness, nausea, vomiting, headaches, dizziness, coma and death. Its most common form is a clear liquid, although it also can be a white, grainy powder.

SEXUAL ASSAULT MYTHS & WHY WE MUST EDUCATE IN ORDER TO HELP VICTIM ADVOCATE FOR THEMSELVES TO SEEK HELP AND TO PROSECUTE PERPETRATORS.

T/F

1. Rapists may look normal and cannot be easily identified.
2. A person cannot charge their spouse or date with rape because by consenting to be with them they have consented to intercourse.
3. The way a person dresses and behaves socially causes rape.
4. A person can usually talk a rapist out of the attack by telling them he or she has an STI or is pregnant.
5. Adult women are the only victims of rape.
6. Rapes are usually committed by strangers.
7. Personals who do not resist their attackers secretly want to be raped.
8. Victims initially fight the rape but often end up enjoying it.