

# HEALTH!

Welcome to Health class! My goal for this class is to make it fun, engaging, relevant, and useful for the students. Please read through the syllabus with your student. Once you have read through the course syllabus, please have your student sign their name and you sign your name below. **Have students return to Mrs. Killips:**

Student (print): \_\_\_\_\_ Student (signature): \_\_\_\_\_  
Parent/Guardian(Signature): \_\_\_\_\_

Parent/Guardian contact is very important to me. If you have any questions or concerns, please do not hesitate to contact me. The best way to reach me is through the school email: [bkillips-sas@eupschools.org](mailto:bkillips-sas@eupschools.org)

## COURSE TOPICS



Nutrition &  
Physical Health



Social & Emotional  
Health



Alcohol, Tobacco, &  
Drug Prevention



Personal Health &  
Wellness



Safety

For more information about the required curriculum, please visit Michigan Health Education Standards and SHAPE America.

## EXPECTATIONS

- Come to class with a *good attitude*
- Be On Time - Be in the class before the bell rings.
- Be Ready to Learn - Have a writing utensil, assignments, file folder with current unit notes and assignments ready for class.
- Be **Respectful** - Demonstrate respect for teacher, classmates, materials, equipment and classroom.
- Be **Responsible** - Follow the instructions of Mrs. Killips, substitute, or guest speaker.
- Be SAFE- Keep hands and body parts to self.
- Students must check in with the teacher before using the washroom, getting a drink, or leaving the classroom, gym/field for any reason
- I will excuse you when the bell rings.

# HEALTH

## ***Recommended Materials:***

Pencil or Pen

Two Pocket Folder: Student will keep this in class as a Knowledge Folder (does not need to have prongs)

Loose Leaf Paper

**\*\*IMPORTANT: ALL STUDENTS NEED A PENCIL OR PEN FOR EVERY CLASS**

## **GRADING:**

* Daily Work	50%
* Projects	30%
* Guest speakers	20%



When a student is absent from class, it is their responsibility to communicate about missed work. If a student was gone during a guest speaker or activity that cannot be made up, the student must meet with the teacher to determine appropriate make-up assignments. **The student is responsible for communicating with the teacher to make up assignments and classes.**

## **Behavior & Discipline**

*Students* -> Please remember that my job is to teach and your job is to learn. I will do whatever it takes to help you succeed in this class, but please remember, my job is to help **everyone** be successful. If your behavior is getting in the way of your ability to learn or your classmates ability to learn, I will need to address that. The following steps will be taken:

1. Students will be given a verbal warning.
2. If behavior problems continue, the student will be given a ‘refocus’ where they will be asked to take a break to regroup and prepare themselves to return to activity.
3. If the behavior is still not corrected, the student may be sent to room 705.
4. If those techniques do not work, my next step will be filling out a discipline referral and calling a parent or guardian.

**I believe in bad days and fresh starts.**

***“Every passing minute is another chance to turn it all around.”— Cameron Crowe***