



Union County Educational Services Commission

Family Life Education Permission Form 2025 – 2026 School Year

Dear Parents/Guardians:

The UCESC Family Life Education curriculum is taught in a pragmatic manner and includes significant aspects of health, hygiene, and socialization. Sex education will be presented as part of the curriculum in collaboration with School Nurses, Social Workers and Health/Physical Education Teachers. In addition, topics of emotions, responsibilities, and consequences of behaviors will be addressed as integral features of Family Life Education. Careful consideration of each student's developmental readiness for learning specific topics will be made in this instructional area, as it would for reading or math. Sex education will include the following components:

- Relationships
- Communication Skills
- Biological Facts
- Attitudes and Values
- Female and Male Roles
- Feelings, Expression and Control
- Decisions and Behavior

The time allotted to the teaching of family life, including sex education, varies according to developmental age. In the early and middle childhood years, instruction in this area may be integrated with such curriculum areas as science, health, social studies, language arts, and activities of daily living. Beginning with age 10, more direct teaching may be initiated and progress through adolescence.

Several broad areas will be addressed at all developmental age levels as noted below:

- Self-Actualization
- Interpersonal Communication
- Relationship Development
- Anatomy, Physiology, Reproduction
- Health Concerns

The following areas are addressed according to the adolescent's developmental age level:

- Human sexual feelings
- Varieties of sexual expression
- Non-acceptable sexual expression

Union County Educational Services Commission Board Policy #5250 allows any child whose parents or guardians are in conflict with any part of the instruction in Family Life Education to be excused from that part of the program. Please complete and return this form to indicate your permission or request excusal for your child to participate in Family Life Education during the 2025-2026 school year:

Student Name _____ **Date** _____

I hereby give permission for my child to participate in Family Life Education.

Please excuse my child from Family Life Education.

Parent Name _____ **Date** _____

(Please print)

Parent Signature _____